

Workshop Planning

**Burns Paiute Tribe
Food Sovereignty Planning**

Workshop Overviews

Workshop 01 Community Input

Main activities

All about the Foods
(Which foods are cultivated vs. harvested,
How do people want to process foods,
food distribution modes)

Additional activities (i.e. during sign-in)

Prioritizing program ideas
Prioritizing challenges to address

Workshop 02 Meeting with Directors

How do you envision your department
fitting into food sovereignty?

What plans do other departments have for
the spaces we are considering?

How should we use our different assets?

Workshop 03 Additional Community Input

How should we use our different assets?
Where should different growing spaces
and food programs occur?

Additional activities (i.e. during sign-in)

Ideas for Tribal food products

Food Sovereignty

Workshop One

What are your priorities?

Which **PROGRAM** ideas should we prioritize for the next 1-3 years?

Circle your priorities and/or add your own below

- Cooking Classes
- Seed Saving Classes
- Food Preservation Classes and Events
- Food Handler Training
- First Foods Events
- Seed and Plant Distribution
- At-Home Garden Support
- Youth Food Scholarships
- Youth Food Programs
- Garden Internships
- Garden Therapy
- Eco/Agricultural Tourism
- Food Business Start-up Support
- Tribal Farmers Market

Which **CHALLENGES** should we focus on addressing in the next 1-3 years?

Circle your priorities and/or add your own below

- Overhunting and Overharvesting
- Lacking nutrition knowledge
- Drought
- Colonizer Water Overuse
- Water infrastructure issues
- Wildfire smoke
- Shortened growing season
- Food Access and Costs
- Limited Capacity and Time
- Private Property and Land Access
- Mismatch of agriculture methods and ecoregion



This letter-sized paper will be available at each seat while people are getting settled in the room.

W 01 / Activity 01

Burns Paiute Food Sovereignty
All About Foods Workshop

Activity 01: Food Relationships

Which plants do you think should be
CULTIVATED

Chokecherries

add your own

Which plants do you think should be
HARVESTED

Burns Paiute Food Sovereignty
All About Foods Workshop

Activity 01: Food Relationships

Which animals do you think should be
RANCHED

Quail

add your own

Which animals do you think should be
HUNTED

45 minutes

30 minutes – Working in small groups to place the food cards in the poster categories they deem fit, as well as add additional foods that are missing from our list.

15 minutes – Full group discussion, including taking notes on what additional support is needed for harvesting and hunting (i.e. restoration projects, maintenance/stewardship, etc.)

Activity 02: Food Processing

What type of processing is needed for

BERRIES

- Drying/Dehydrating
- Freezing
- Canning
- Smoking
- Roasting
- Vacuum Sealing

What type of processing is needed for

ROOTS

- Drying/Dehydrating
- Freezing
- Canning
- Smoking
- Roasting
- Vacuum Sealing

What type of processing is needed for

MEATS

- Drying/Dehydrating
- Freezing
- Canning
- Smoking
- Roasting
- Vacuum Sealing

What type of processing is needed for

FISH

- Drying/Dehydrating
- Freezing
- Canning
- Smoking
- Roasting
- Vacuum Sealing

What type of processing is needed for

MEDICINES

- Drying/Dehydrating
- Freezing
- Canning
- Smoking
- Roasting
- Vacuum Sealing

What type of processing is needed for

OTHER FOODS

- Drying/Dehydrating
- Freezing
- Canning
- Smoking
- Roasting
- Vacuum Sealing



25 minutes

20 minutes – Working in small groups to circle which processing types are needed for each food category on the poster.

5 minutes – Full group discussion about any key takeaways from activity.

Burns Paiute Food Sovereignty
All About Foods Workshop

Activity 03: Food Distribution

OKAY TO DISTRIBUTE COMMERCIALLY

NOT OKAY TO DISTRIBUTE COMMERCIALLY

Chokecherries
add your own

Quail
add your own

45 minutes

20 minutes – Working in small groups to place the food cards in the categories they deem fit on the poster.

10 minutes – Mini presentation on non-commercial distribution modes.

15 minutes – Full group conversation on what non-commercial distribution modes they are most interested in.