

VERSION 1.1
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BURNS PAIUTE TRIBE



COVID-19 Safety Plan

Community Emergency Response

BURNS PAIUTE TRIBE
BURNS, OREGON

COVID-19 Safety Plan

SCOPE

In response to the novel coronavirus disease (COVID-19) pandemic, the Burns Paiute Tribe has developed a COVID-19 Safety Plan, Community Emergency Response. The COVID-19 Safety Plan is designed to create a common understanding to reduce exposure and transmission of the COVID-19 virus and provide services to community members who are need of support if they are Contacted by the Harney County Health Department and are required to quarantine. People will be safer, and the Tribe will be stronger if the following precautions are taken to prevent further spread of the virus.

PURPOSE

The purpose of this Plan is to identify and communicate the Burns Paiute Tribe's COVID-19 Safety Plan for protecting the health of the Burns Paiute's Tribal community. This Plan is effective immediately in response to the current COVID-19 Pandemic.

RESPONSE TO COVID-19 AND COMMUNITY OUTREACH

The Burns Paiute Tribe will designate Pamela Lindgren as the site specific COVID-19 Supervisor and can be reached at: 541-890-0014. The first point of contact will be Pamela Lindgren and for services such as providing food and supplies once the need is identified Pamela Lindgren will reach out to Jody Richards. For any questions in regard to the Outreach Services Jody can be contacted at: 541-589-4595.

I. Community Member suspected or confirmed to have COVID-19 infection:

1. Community members who have recently visited the doctor's office are responsible for contacting Pam Lindgren for any support services for COVID-19, or if the community member was exposed to a COVID-19 positive individual and needs to quarantine.
2. It is the responsibility of the community member to notify Pam Lindgren if they have a confirmed COVID positive test to determine a course of action for notifying and isolating other affected individuals, cleaning, or self-quarantining.
3. Immediately after the interview, Pam Lindgren or the Harney County Health Department will contact the community members to inform them that they have been compromised and should self-quarantine for 6-8 days. A COVID-19 rapid test should be taken, once tested negative the person does not need to quarantine.
 - a. Pamela Lindgren shall inform the community member to stay home and self-isolate until further notice.
 - b. Pamela Lindgren shall follow all HIPAA and Confidentiality requirements. During the Pandemic, a release of information is not necessary.
 - c. Community members should not request COVID-19 tests from the Tribal Health Clinic until determined by contact tracers whether a test is needed or not. Community members may, if they wish, seek a COVID-19 test from another provider even if not recommended by contact tracers.

d. Community members are encouraged to contact the Tribal Health Clinic Nurse for any questions. **In the case of an Emergency; experiencing chest pains, shortness of breath, or a fall. Please call 911.**

4. Community members may request a quick COVID-19 test if they have been feeling ill or have been around someone who has tested positive for COVID-19. Please call Wadatika to arrange for test, 541-573-7312.

II. COVID-19 positive, displaying symptoms, or exposed community members:

- A. Community members to stay home.
 1. Community members who have [symptoms](#) should notify their Health Professional and stay home.
 2. Community members should follow [CDC-recommended steps](#). Community members should self-isolate until the 6-8 day quarantine is complete, and elimination of symptoms and negative test results are met, all in consultation with healthcare providers.
 3. Family members should help through the COVID-19 Emergency and should provide transportation to a medical facility or provide additional help with supplies.
 4. If the community member is in need of PPE, supplies, food, etc., Jody Richards can be contacted at: 541-589-4595.
- B. If a Tribal member has been hospitalized with COVID-19 and is discharged from the hospital, please call Jody Richards to arrange for this member to stay at the Norris house until the quarantine period is complete.
- C. Community Members with a confirmed exposure case must follow their health care provider's direction whether the community member remains asymptomatic.
- D. Community members who contracted COVID-19 or have been exposed to the virus must have a negative COVID-19 testing confirmation prior to leaving self-isolation.

III. Use of PPE, Social Distancing, and Travel Restrictions Directive

- A. Utilize PPE (masks, hand washing and social distancing) Tribal Council may update this directive at their discretion.
- B. Reduce face-to-face interaction when possible.
 - a. Community member should limit all other face-to-face interaction to an on needed basis with other community members.
- C. Utilize virtual meetings, email, phone, teleworking, etc. whenever possible.
- D. Food sharing events should not be permitted (e.g., pizza lunches, birthday cake celebrations, funerals, potlucks, coffee pots, water coolers, etc.). Use of drinking fountains is prohibited.
- E. Wash hands often. Utilize hand sanitizer with at least 60% alcohol if a hand washing facility are not available. Be aware when you come in contact with surfaces, especially high contact surfaces, door handles, etc.
- F. Avoid touching eyes, nose, and mouth.
- G. Cover mouth and nose with a tissue or inside of elbow when coughing or sneezing, immediately throw tissue in trash and wash hands.
- H. Avoid using other people's phones, work areas, or tools and equipment. If used by other people, you must disinfect tools or equipment immediately after use. Review CDC Guidelines.
- I. A COVID-19 rapid test should be taken after travel out of the state and should self-isolate, once tested negative the person does not need to quarantine.
 - i. Pamela Lindgren shall inform the community member to stay home and self-isolate for 6-8 days if tested positive.

References

[Centers for Disease Control and Prevention \(cdc.gov\)](https://www.cdc.gov)

[What to Do If You Are Sick | CDC](https://www.cdc.gov/what-to-do-if-you-are-sick)

[Complete Care Plan form \(cdc.gov\)](https://www.cdc.gov/complete-care-plan)

[OHA 2288P Guidance for Remote Home Visiting Program Implementation in Oregon During COVID-19 Emergency \(state.or.us\)](https://www.oregon.gov/oha/ERD/Pages/News-Releases.aspx)

[OHA 2398 Interim COVID-19 infection control guidance for workers providing in-home personal care \(state.or.us\)](https://www.oregon.gov/oha/ERD/Pages/News-Releases.aspx)

[Symptoms of Coronavirus | CDC](https://www.cdc.gov/symptoms)

<https://www.oregon.gov/oha/ERD/Pages/News-Releases.aspx>

<https://govstatus.egov.com/OR-OHA-COVID-19>

[COVID-19 Community Resources \(egov.com\)](https://govstatus.egov.com/OR-OHA-COVID-19)

Questions and Answers

Q: What to do for an Emergency?

A: FOR AN EMERGENCY CALL 911

Q: What do I do if I travel out of state?

A: Self quarantine – only when you travel from out of town, or if you start to feel sick, get a COVID-19 test. If you test negative, you do not have to quarantine.

Q: What do I do if I think I have symptoms of Corona?

A: List the symptoms and call the Wadatika Clinic at 541-573-7312, if you are sick have a household member should take you to the clinic; you are responsible for your own transportation.

Q: What if I just took a test and I was told to stay home until they contact me. Is there someone I can call for any type of help?

A: Call Pam Lindgren at: 541-890-0014 or Jody Richards at 541-589-4595.

Q: What if I have been contacted by the Harney County Health Department and I have informed I was in close contact to someone who tested positive and I need to quarantine?

A: Contact Pam Lindgren at: 541-890-0014 or Jody Richards at 541-589-4595

Q: I tested positive for COVID-19, but I am not hospitalized. Who do I need to call to see what services are available?

A: Contact Pam Lindgren at: 541-890-0014 or Jody Richards at 541-589-4595

Q: I am getting released from the hospital and I need to quarantine until I test negative, who do I need to call to see what services are available?

A: A: Contact Pam Lindgren at: 541-890-0014 or Jody Richards at 541-589-4595