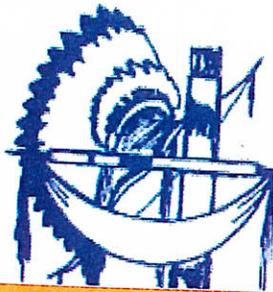


Burns, Oregon

September 19, 2016



Burns Paiute Tribe

100 Pasigo St.

Burns, Or 97720

541.573.8016

TRIBAL COUNCIL CONTACT:

Jose De La Rosa

Chairperson

503.828.4830

Burns Police Tribal Police

Chief Carmen Smith

541.413.1419

Officer Frank Rivera

541.413.0382

Social Services Michelle

Bradach—Director/ICWA

541.573.8043 /

541.589.0171

Teresa Cowing— Domestic

Violence / Assault 541-

573-8053 / 541-413-0216

Police After hours:

Call Burns Dispatch

541.573.6028

Events:

Sept. 19, 2016—Burns Paiute Public Domain Allotments meeting at 9:00 am to 4:00 pm @ Gathering Center.

Sept. 27, 2016—Darkness to light Training, 10:00 am to 1:00 pm at the Gathering Center

Oct. 7, 2016—Elder's breakfast at 8:30 @ Gathering Center

FOUND: A set of keys was turned into the Tribal police department and we've been unable to find the owner. Could you put an article in the newsletter about the keys having been turned in at the Tribal police department and to contact Linda Beaver at 541 573 8072 to identify and claim the keys?

Thanks,

Sgt. Frank Rivera



PARENT FOCUS GROUP NIGHT

at Tuwakiinobi

September 28th, 2016

Inviting you to participate in

"Establishing Healthy Routines with Your Child for Success School"

Dinner will be served at 5:30pm and presentation will start at 6:00pm.

This event is hosted by TAPP Project and Burns Paiute Education Program

Any questions please call Scott at (541)589-1849 or Rhonda at (541)413-0448.



**All Job descriptions are posted on the bulletin board at the
Administration Office**

Police Officer

Number of Positions: (1) one
Location: Burns, OR - Burns Paiute Reservation
Open: April 4th 2016
Closes: Open until filled
Salary: \$37,642 annually/DOE (Full Time)
Supervisor: Police Chief or appointed Personnel

Position Overview:

Investigates complaints and problems relating to the criminal and traffic enforcement on the Burns Paiute Tribe Indian Reservation works under a community oriented policing concept does related work as required

Cultural Anthropologist

Job Title: Cultural Anthropologist
Department: Culture & Heritage
Reports to: Culture & Heritage Director
FLSA Status: On-call/Seasonal
Opens: April 26th, 2016
Closes: Open until filled
Salary: Commensurate to GS9/11 DOE

SUMMARY OF MAJOR FUNCTION:

Oversees and coordinates cultural anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Provides applied cultural anthropological training to Tribal Research Technicians assisting with project tasks. Works within the parameters of assigned contract and grant budgets and deliverables and completes benchmarks for the same within allotted timeframes. Organizes and leads the research team to perform and document office, home, and in-field interviews related to research subject locations. Collaborates with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.

Tribal Research Technician

Job Title: Tribal Research Technician (1)
Department: Culture & Heritage
Reports to: Culture & Heritage Director
FLSA Status: On-call/Seasonal
Opens: April 26th, 2016
Closes: Open until filled
Salary: Commensurate to G 4/5/7 DOE

SUMMARY:

Assists in anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Uses knowledge and experience gained in the workplace of cultural anthropological methods, and applies that knowledge and training in every day work assignments. Works closely with the Project Lead to effectively complete assigned task. Assists in the performance of documenting office, home, and in-field interviews related to research subject locations. Assists the project lead in collaborating with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.



Numu Allottee Association

Native Non-Profit of Oregon
"Undivided We Stand for Our Land"

Burns Paiute Public Domain Allotments Owners Land Owner's Meeting

"Coffee and Lunch Provided"

Date/Time: September 19, 2016 @ 9:00am-4:00pm

**Location: Burns Paiute Tribe's Gathering Center
Pasigo St. Upper Community, Burns, Oregon**

AGENDA

Welcome/Invocation

Introductions and Opening Statement

- 9:00am Tribal Chairperson, Burns Paiute Tribe (Invited)
- 9:15am Laurie Anderson, (Acting) Superintendent, DOI, BIA, Warm Springs Agency (Invited)
- 9:30am Charles Jackson, DOI, Office of Special Trustee, Warm Springs Agency (Invited)
- 9:45am Charisse Soucie, Lease Compliance Specialist, Burns Paiute Tribe (Confirmed)
- 10:15am-10:30am Break*
- 10:30am Intertribal Agriculture Council, Katherine Goodluck, Technical Asst. Specialist (Invited)
- 11:00am George W. Myers, Non-Profit Consultant (Facilitator)
- Finalize Mission & Vision Statements
- Board Retreat & Planning Summary (5 Goals)
- 12:00pm-1:00pm Lunch Provided (Formal Session-NAA Board)*
- Board Leadership & Capacity Building (Past Year Accomplishments)
- Executive Director Position
- Outreach to Allottees & Stakeholders
- 2:00pm-2:15pm Break*
- 2:15pm Indian Land Tenure Foundation, Cris, Stainbrook, President (Confirmed)
- Develop Agricultural Cooperatives
- 2:45pm Fractionation Demonstration Model (Cheryl Lohman)
- 3:00pm Allottee Landowners-Open Session & Elder's Circle
- 4:00pm End of Session

**JOIN THE VOICES
FOR RECOVERY:**

**OUR FAMILIES,
OUR STORIES,
OUR RECOVERY!**



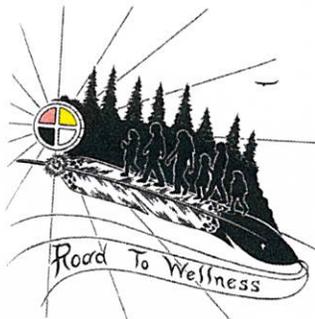
September is National Recovery Month!

Please join us in recognition of community members in sobriety!

**September 29, 2016
Starting at 5:00pm
At the Upper Pavilion**

Menu: Pulled Pork Sandwiches, chips, water and cake. Please bring a side dish to share!

EVERYONE IS WELCOME TO ATTEND!



"FORT BIDWELL CELEBRATION"

FORT BIDWELL, CALIFORNIA

September 30, thru October 2, 2016

A sign up sheet will be posted at Wadatika Health Center for those who want to participate.

Transportation, lodging and meals will be provided. We will be staying in Cedarville, CA.

Do you want to enter in the parade again? Call Phyllis : 541-480-4009



Jasmine Barney

POW WOW UPDATE!

September 14, 2016



*Shelley Richards,
ZaNi'yah Mauseby, Atashanay Quiver*

THANK YOU!

The Indian Taco Booth was a huge success at the Harney County Fair and Rodeo! Thank you to all the help; Michelle Bradach, Lanette Humphrey, Reyenne Hawley, Theresa Cowing, Lane Hawley, Eric Hawley, Selene Dobson, Jody Richards, Jordan and Alexis First Raised, Elise Adams, Rhonda and Ben Holtby, JoEllen SkunkCap, Newt SkunkCap, Halle SkunkCap, Dillin Holtby, Angela Smartt, Myra Peck, Shayla Barney, Jolene Snapp, Laevona Purcella, Deangela Dobson, Andrew Beers, Derek and Anita Hawley, Eddie Barela Jr, and Dakota Ceja.

VENDORS NEEDED!

We are in need of vendors! If you would like to be a craft vendor or food vendor, please call Elise Adams at 541-573-1572, if no answer please leave a message and number for a call back. Thank You!

RAFFLE TICKETS

Raffle tickets are available. You can purchase them by calling Rhonda, Jody or Deangela. And also queen candidates, Laevona Purcella and Alexis First Raised. We are looking for more people to sell raffle tickets. If you are a serious seller please call Jody at 541-573-8005 and we will get you a packet. Alexis First Raised will be set up at 1st Thursdays in town and will be selling raffle tickets.

TACO BOOTH

The Pow Wow Committee will be selling Indian Tacos during the pow-wow, thank you Steven Smartt for heading this up. *Steven would appreciate any help in the kitchen* 😊 Next year we will be expanding to Vale 4th of July Rodeo and Grant County Rodeo (pending on their fees)!

SATURDAY DINNER

Community: We will need help preparing and serving dinner on Saturday, October 8th. Any and all help will be appreciated!

It's not too late to be involved! We would appreciate your help!

NEXT POW WOW MEETING: TUESDAY, September 20, 2016, Noon at WHC



2016 NORTHERN PAIUTE POWWOW

Pendleton Blanket Raffle

October 8 & 9, 2016



Get a chance to win one of the five beautiful Pendleton blankets that are being raffled off for 2016 Northern Paiute Powwow.

Tickets are \$10.00 a ticket or 6 for \$50.00

If you would like to purchase a ticket call...

Jody 541-589-4595 Rhonda 541-413-0448 Deangela Dobson – 541-589-2899

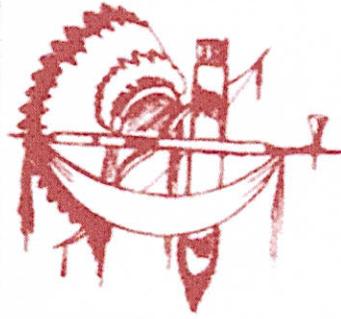
Also Queen candidates: Laevona Purcella 541-589-2905

and Alexis First Raised 541-589-4595

THANK YOU FOR YOUR SUPPORT!!



"Children are our future take this opportunity to make a difference in their lives."



**Burns Paiute Social
Services Program**

100 PASIGO St

Burns, Oregon 97720

Burns Paiute Social Services is looking for any Tribal Families whom are interested in being an emergency placement for a child in need.

If interested please contact the Burns Paiute Social Services

**Carla Teeman (541)573-8045 or Michelle Bradach
(541)573-8043**



NORTHERN PAIUTE POWWOW & LACROSSE GAMES

Honoring our Youth & Families

Oct. 8 & 9, 2016

BURNS, OREGON

**Harney County Fairgrounds
69660 S. Egan St • Burns, OR**

All Dancers, Drummers & Spectators Welcome!

Open to All Public • Free Admission • Outdoor Event • Bring your Chairs

Grand Entry:

1:00 & 7:00 pm Saturday
Noon on Sunday

M.C. – Carlos Calica
A.D. – Jeremy Barney

Head Drum Group:

Chute 8
Drum Pay \$75 per session

Dance Categories:

Men's & Women's Golden
- Age 60 & up - \$300 - Winner Take All
Women's & Girl's Traditional, Fancy & Jingle
- All ages - 3 places and 2 consolations
Men's & Boy's Traditional, Fancy & Grass
Clown Dance Contest
- bring your funniest or craziest outfit, 3 places
Hand Drum Contest - 3 places
Tiny Tots - sponsored by Cecil Dick
Bring your chairs!

Motel:

Rory & Ryan Inn - mention powwow for rates
RV Hookups available at Harney Co. Fairgrounds

For more info call Rhonda Holtby @ 541-413-0448

Arts & Crafts vendors Welcome - Vendor fee is \$55. (contact Elise 541-573-1573)

*We are not responsible for accidents, thefts or damages.
We ask that you respect the event and there be no use of alcohol, drugs, legal tobacco or violence.*

**Creator's Game
Lacrosse Tournament:**
Round-robin games 10:00 am
(\$15.00/player)
For more: Rick Roy 541-589-1159

Community Dinner:
Under the Tent
Saturday @ 5:00 pm

Crowning New Queen
sponsored by
Burns Paiute Tribe
Domestic Violence
& Sexual Assault Dept.



Media Campaign

After School Program @ Tu-Wa-Kii-Nobi 5-18yrs

September

Monday Sept. 19th

4:00-4:30-Reading

4:30-5:15-Free Time play games ipad and Board Games

5:15-6:00-Clean-up and take kids home.

Tuesday Sept. 20th

4:00-4:30--After school tutor please bring a book to read if no homework.

4:30-5:15-Free Time play games ipad and Board Games

5:15-6:00-Clean-up and take kids home.

Wednesday Sept. 21st

4:00-4:30--After school tutor please bring a book to read if no homework.

4:30-5:15-Free Time play games ipad and Board Games

5:15-6:00-Clean-up and take kids home.

Thursday Sept. 22nd

4:00-4:30--After school tutor please bring a book to read if no homework.

4:30-5:15-Free Time play games ipad and Board Games

5:15-6:00-Clean-up and take kids home.

Friday Sept. 23rd

10:00-10:30-Free Time

10:30-11:00-Reading & Craft WIMs. Lisa

11:30-1:00-- Michelle/Carla -Safe touch Educ. /Activity 1 of 5 series.

Lunch provided-Make your own-Personal pizza's- Parents are encouraged to come and hear the information. All about being safe.

1:00-2:30-Free Time-

2:30-3:30-fall craft to decorate our building..

3:30-4:00-Clean up and take kids home.

Please call if any questions

541-573-1572

Call if any questions Elise or Anita 541-573- 1572-or -1573

Mark your Calendars

We are asking that parents or guardian's

update Intake forms.

We need working Tel. #'s

Middle School /High School tu-
toring will be held at Tribal Court
4:00-5:00-

Tutors Merissa and Spencer

Please use these tutors as they
are here to help!

Thank you all for your help
with Candy and letting kids
participate in the parade-
Hope you had fun at the fair.

Good Luck to all the
Athletes playing Fall sports!

Tu-Wa-Kii-Nobi Staff

Main # 541-573-1573

After School Program-

Elise Adams--Youth Services

Coordinator 541-573-1572-

Anita Hawley Youth Service

Coordinator Asst. 541-589-2341

Rhonda Holtby-Parent/Educ.

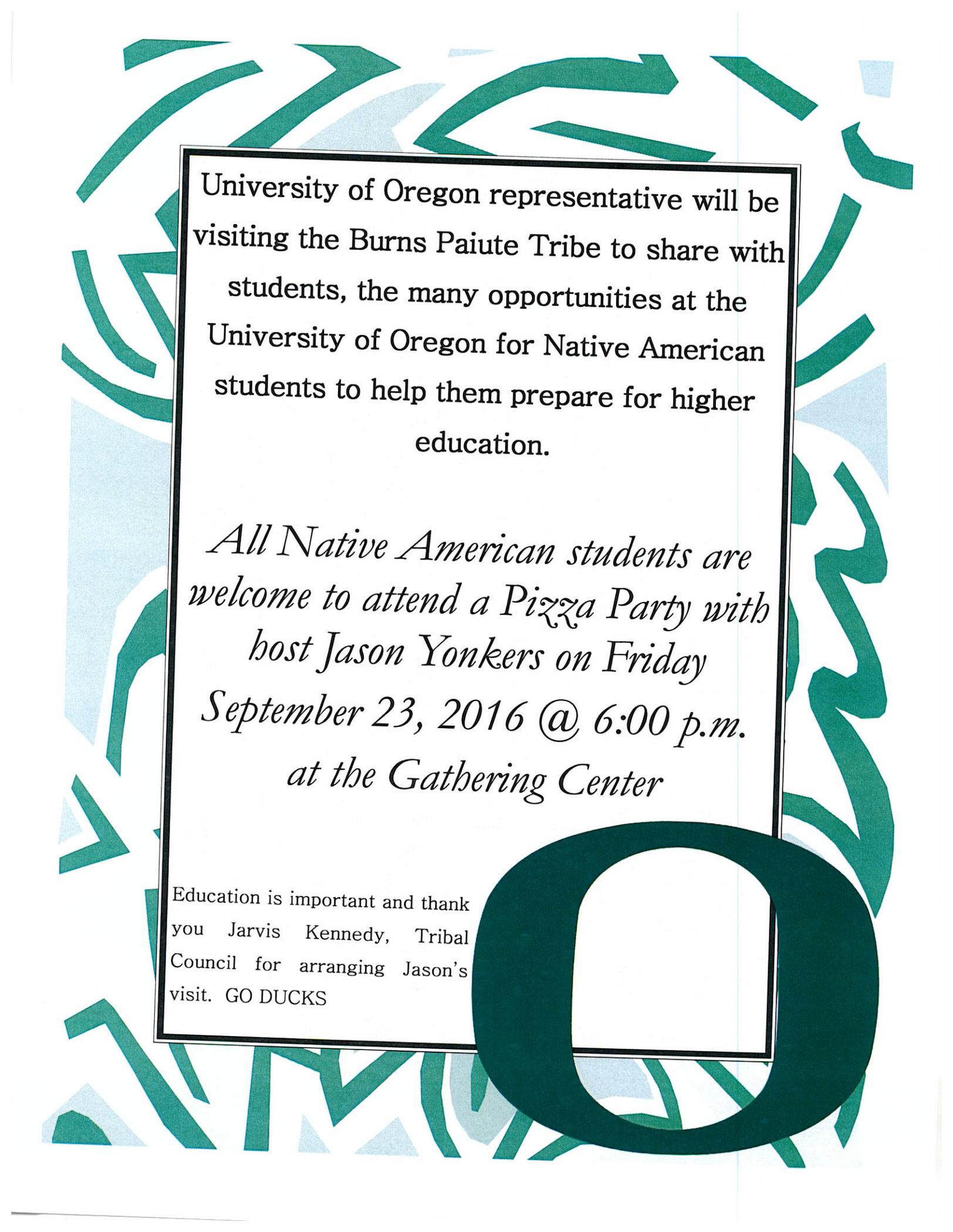
Coordinator 541-413-0448

Scott Smyth-TAPP Coordina-
tor

After School Tutor

Fred Pelroy-





University of Oregon representative will be visiting the Burns Paiute Tribe to share with students, the many opportunities at the University of Oregon for Native American students to help them prepare for higher education.

All Native American students are welcome to attend a Pizza Party with host Jason Yonkers on Friday September 23, 2016 @ 6:00 p.m. at the Gathering Center

Education is important and thank you Jarvis Kennedy, Tribal Council for arranging Jason's visit. GO DUCKS





DARKNESS TO LIGHT:

Stewards of Children

Protecting children from sexual abuse

Experts estimate that **1 out of every 10 children** will be sexually abused before their **18th birthday**.

The greatest risk to our children doesn't come from strangers but from our friends and family - **93% of all victims know their abusers.**

Training Information

Date: ~~Thursday~~ ^{Tuesday} September 27th 2016

Time: 10-1pm, Lunch Provided

Where: 40 Pasigo St. Burns OR 97720

Cost: \$20 per person, tribal members are free.

DEADLINE TO SIGN UP IS SEPT 20, 2016

The three-hour interactive training program provides participants with 5 steps to better protect children from sexual abuse. It gives adults tools for recognizing the signs of sexual abuse, responding to suspicions and gives simple ways to minimize opportunities for abuse in organizations and in our community. This training is ideal for any adult in our community who has interactions with children.

To sign up for this training, go to the Health Office.



**HOUSING
AUTHORITY
MEETING**

September 28, 2016
4:00 pm
Housing Office



September 19, 2016

Contact Info

Office No.
541.573.2327
Office Fax No.
541.573.2328
Jody Hill,
Executive Director
Cellular
541.589.2022
Brenda Sam,
Housing Assistant
Cellular
541.589.2647

HOMEOWNERS!!

If you own a home on the reservation that is not part of the HUD Housing Program, please be aware that it is your responsibility to obtain home insurance. AMERIND Risk Management offers homeowners the ability to obtain home insurance at a reasonable price. If you have any questions please go to their web page at

www.amerindrisk.org or stop by the office and we will be willing to assist you in any way we can.

For those homebuyers/tenants that are part of the HUD Housing Program this is a reminder that the Program only pays for the structure. It is your responsibility to obtain renters insurance. AMERIND Risk Management also offers renters insurance at a reasonable price.

Any questions, please stop by



**Tell me and I'll forget.
Show me, and I may not
remember. Involve me,
and I'll understand.**

-Native American saying

PicsMeme.com

**HOUSING
AUTHORITY
MEMBERS**

Chairperson,
JoEllen SkunkCap
Vice-Chair,
Elisha Caponetto
Secretary-Treasure,
Phyllis Miller
Members at Large
Andrew Beers
Vacant

The Housing Authority is currently accepting application for HUD housing. If you are interested in participating in this program please feel free to stop by the office and pick up an application or call the housing department at 541.573.2327 and we can mail you an application or if you have any questions.

WAITING LIST—AS OF SEPTEMBER 7, 2016

APPLICANT	DATE COMPLETE	ADULTS	CHILDREN	
Taylor Kennedy	July 29, 2015	1 adult	0 child/ren	Complete
Desiree Sam	August 24, 2016	1 adult	2 child/ren	Complete
Keith Kennedy	September 06, 2016	1 adult	0 child/ren	Complete
Shakina Garcia	INCOMPLETE	1 adult	3 child/ren	

Per the Burns Paiute Housing Policy, "Applicants placed on the waiting list are required to respond to any update requests as a condition of remaining on the list and as a condition of admission." Request updates are mailed to the applicants last known address. The applicant is also responsible for informing the Housing Program if there are any changes in contact information, family composition and income change (increase/decrease).

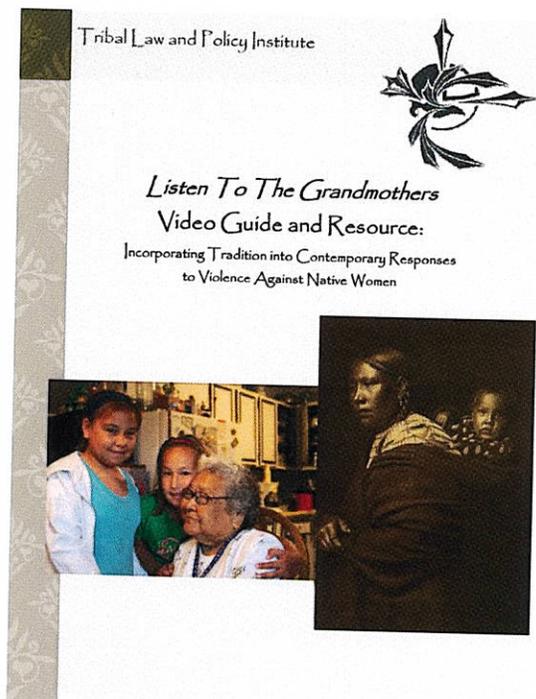
BURNS PAIUTE HOUSING AUTHORITY

Housing News

October 7, 2016 Elder's Breakfast

The Gathering Center

The Domestic Violence and Sexual Assault Department will be introducing two new programs.



Listen to the Grandmothers

A video based on interviews with tribal elders representing four tribal nations. The content is meant to serve as a starting point to inspire other tribal nations to look to tribal elders as a vital resource of information.

The video is broken up into three parts:

1. "Who We Are"
2. "What Happened to Us"
3. "Looking Forward"

The video also comes with a transcript and guide designed to stimulate discussion and assist tribal communities in exploring the idea of utilizing cultural traditions when developing responses to violence against native women in their communities.

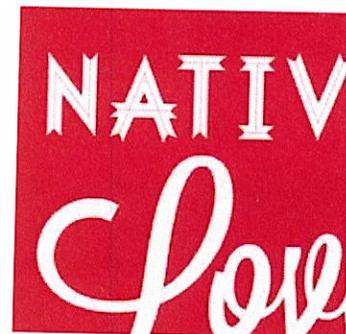
"Many of the practices from the past cannot address current problems. However, if the values attached to those practice could b reclaimed and new practices built upon them, then it could work. For example, if the value of respect for elder could be taught to young people in effective way, then the knowledge of the elders could inform youthful behavior in ways which would be acceptable to both."

-Joan Ryan (1995) Professor Emeritus of Anthropology at the University of Calgary and Senior researcher with the Arctic Institute of North America

A product of the Tribal Law and Policy Institute. The project was supported by Grant no. 2004-WT-AX-K043 by the Office on Violence Against Women, U.S. Department of Justice. It is used as college curriculum in two law schools in MN.

Text was taken from the corresponding guide.

We will also introduce three advocates from NIWRC who will be training our youth, advocates, and parents on the Native Love social media campaign. They will represent Native Love at our local BHS football game Friday night as well as at the Powwow on Saturday and Sunday. The ladies will introduce Native Love after the video presentation and facilitate a brief discussion.





Make physical activity a regular part of the day

Choose activities that you enjoy and can do regularly. Fitting activity into a daily routine can be easy — such as taking a brisk 10 minute walk to and from the parking lot, bus stop, or subway station. Or, join an exercise class. Keep it interesting by trying something different on alternate days. Every little bit adds up and doing something is better than doing nothing.

Make sure to do at least 10 minutes of activity at a time, shorter bursts of activity will not have the same health benefits. For example, walking the dog for 10 minutes before and after work or adding a 10 minute walk at lunchtime can add to your weekly goal. Mix it up. Swim, take a yoga class, garden or lift weights. To be ready anytime, keep some comfortable clothes and a pair of walking or running shoes in the car and at the office.



More ways to increase physical activity

At home:

- Join a walking group in the neighborhood or at the local shopping mall. Recruit a partner for support and encouragement.
- Push the baby in a stroller.
- Get the whole family involved — enjoy an afternoon bike ride with your kids.
- Walk up and down the soccer or softball field sidelines while watching the kids play.
- Walk the dog — don't just watch the dog walk.
- Clean the house or wash the car.
- Walk, skate, or cycle more, and drive less.
- Do stretches, exercises, or pedal a stationary bike while watching television.
- Mow the lawn with a push mower.
- Plant and care for a vegetable or flower garden.
- Play with the kids — tumble in the leaves, build a snowman, splash in a puddle, or dance to favorite music.
- Exercise to a workout video.

At work:

- Get off the bus or subway one stop early and walk or skate the rest of the way.
- Replace a coffee break with a brisk 10-minute walk. Ask a friend to go with you.
- Take part in an exercise program at work or a nearby gym.
- Join the office softball team or walking group.

At play:

- Walk, jog, skate, or cycle.
- Swim or do water aerobics.
- Take a class in martial arts, dance, or yoga.
- Golf (pull cart or carry clubs).
- Canoe, row, or kayak.
- Play racquetball, tennis, or squash.
- Ski cross-country or downhill.
- Play basketball, softball, or soccer.
- Hand cycle or play wheelchair sports.
- Take a nature walk.
- Most important — have fun while being active!



United States Department of Agriculture



Regular physical activity can produce long term health benefits. People of all ages, shapes, sizes, and abilities can benefit from being physically active. The more physical activity you do, the greater the health benefits.

Being physically active can help you:

- Increase your chances of living longer
- Feel better about yourself
- Decrease your chances of becoming depressed
- Sleep well at night
- Move around more easily
- Have stronger muscles and bones
- Stay at or get to a healthy weight
- Be with friends or meet new people
- Enjoy yourself and have fun



When you are not physically active, you are more likely to:

- Get heart disease
- Get type 2 diabetes
- Have high blood pressure
- Have high blood cholesterol
- Have a stroke

Physical activity and nutrition work together for better health. Being active increases the amount of calories burned. As people age their metabolism slows, so maintaining energy balance requires moving more and eating less.

Some types of physical activity are especially beneficial:

- Aerobic activities make you breathe harder and make your heart beat faster. Aerobic activities can be moderate or vigorous in their intensity. Vigorous activities take more effort than moderate ones. For **moderate activities**, you can talk while you do them, but you can't sing. For **vigorous activities**, you can only say a few words without stopping to catch your breath.
- Muscle-strengthening activities make your muscles stronger. These include activities like push-ups and lifting weights. It is important to work all the different parts of the body - your legs, hips, back, chest, stomach, shoulders, and arms.
- Bone-strengthening activities make your bones stronger. Bone strengthening activities, like jumping, are especially important for children and adolescents. These activities produce a force on the bones that promotes bone growth and strength.
- Balance and stretching activities enhance physical stability and flexibility, which reduces risk of injuries. Examples are gentle stretching, dancing, yoga, martial arts, and t'ai chi.

Last Updated: Jun 10, 2015

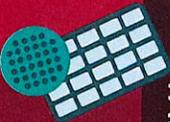
American Indians and Alaska Natives have the highest smoking rates in the U.S., but more than half of smokers want to quit



Quit Connections know your options

Your path to quitting smoking

PATCHES, GUM & LOZENGES



Double your chances of quitting
Use nicotine to reduce cravings
Can buy in store

MEDICATIONS: ZYBAN, WELLBUTRIN, CHANTIX



Reduce cravings and withdrawal symptoms
Can be combined with a patch (Zyban and Wellbutrin)
Prescription only

COMBINATION OPTIONS

Increase your chances of

- + Zyban or Wellbutrin =
- + Gum =
- + Lozenge =
- + Inhaler =
- Patch =

COUNSELING & SUPPORT



Can improve quit rates by 130%
Many options available: group, individual, telephone, internet
Counseling + Medication works better than either on its own

NASAL SPRAY & INHALER

Use nicotine to reduce cravings
Nasal spray = sprayed in your nose
Inhaler = inhaled through your mouth
Prescription only



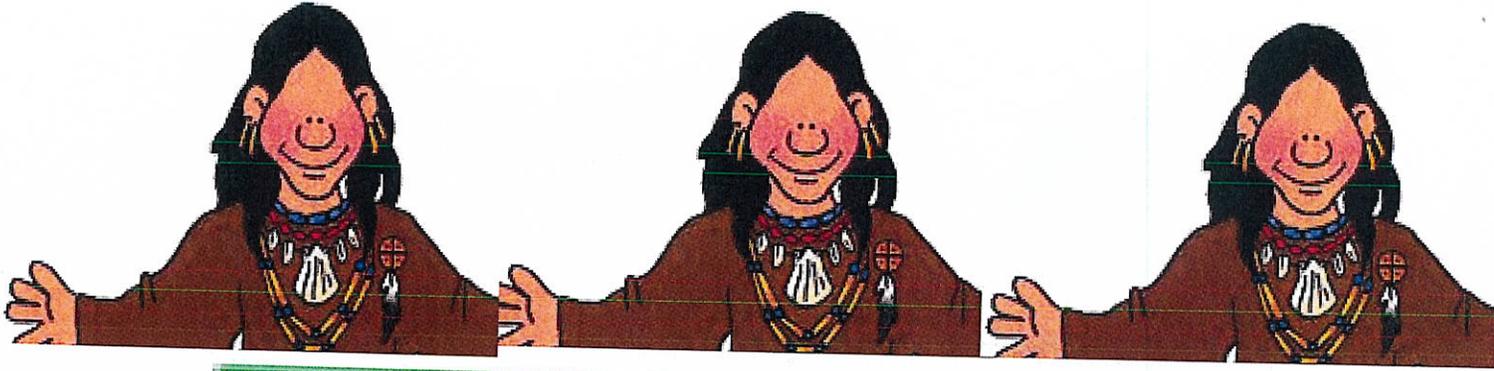
TAKE ACTION!

Talk to your doctor or nurse about what quit option works best for you.

For quitting options and support, join the Quit Connections Facebook group at: [facebook.com/groups/quitconnections](https://www.facebook.com/groups/quitconnections)



American Indian Cancer Foundation.



For more information

Please contact:

Lanette Humphrey

Suicide Prevention Coordinator

541-573-8002

humphreyld@burnspaiute-nsn.gov

NATIONAL SUICIDE PREVENTION DAY

SEPTEMBER 10TH

**PLEASE PRAY FOR THOSE
WHO HAVE SUFFERED THE
LOSS OF THEIR LOVED
ONES !**

For more information

Please contact Lanette Humphrey

Suicide Prevention Coordinator

541-573-8002

humphreyld@burnspaiute-nsn.gov



NATIONAL
SUICIDE
PREVENTION
LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org



**STAND UP
SPEAK OUT
AND
TAKE
CONTROL
AGAINST
TOBACCO!**

If you are a parent, teacher, youth leader

Help prevent & stop
Commercial tobacco
In our community!

**CALL
1-800-
QUIT-NOW**



FOR MORE INFORMATION CONTACT
Lanette Humphrey
TOBACCO PREVENTION COORDINATOR
541-573-8002
Humphreyld@burnspaiute-nsn.gov