

Burns, Oregon

June 20, 2016

Community News:

June 22, 23, 2016—Sustainability Site Visit at the Gathering Center @ 9:00 a.m.

June 22, 2016 - Walk/Run for Wellness @ 5:00 p.m. starting at Tribal Housing with a BBQ after the walk.

June 23, 2016—Mental Health Therapist will be here seeing clients.

June 23, 2016—Free Eye Exam for low income/underinsured at 9:00 a.m. Must pre-register at Wadatika at 541-573-8050.

June 23, 2016—Wills & Estate Planning Presentation at 5:30 p.m. @ the Gathering Center.

If you need help with weatherization to your home, please contact Harney County Senior & Community at 541-573-6024 and ask for Angela Lamborn.

LOP Tag Signup

Land Owner Permit (LOP) Hunting Tags

For the 2016 Hunting Season

There are a total of 6 deer and 6 elk tags available for tribal hunting on the Malheur River, Logan Valley, and Beech Creek mitigation properties. If you are interested in receiving a tag, please come to the Burns Paiute Department of Natural Resources office or Administration office and signup via the signup sheet. **Names must be placed on the list with your choice of hunt by Friday June 24th 2016.** The drawing will be held June 27th and successful candidates will be notified as soon as possible. All successful applicants must purchase a hunting license and an application fee for the hunt which they were successful **prior to June 30th** in order to be eligible. Contact Ben Cate at the Burns Paiute Tribe Natural Resource Department at 541-573-8086 with any questions.

Burns Paiute Tribe
100 Pacific St.
Burns, OR 97720
541-573-8016
TRIBAL ADMINISTRATION
Cheryl A. Madigan
Chf. Admin
541-573-8010 / 888-420-1111
Burns Paiute Tribal Police
650 Canyon Blvd
Burns, OR 97720
Office Frank Rivers
541-573-8082
Social Services - Michele
Michele - 2 tracks/Chad
541-573-8087 /
541-573-8171
Teresa Cowley - Counselor
Vicki Lee / Asha D. 541-
573-8083 / 541-573-8083
Patricia Jeter Burns
Chad Jones / Tracy D.
541-573-8083

Walk/Run

Walk/Run for Wellness!!

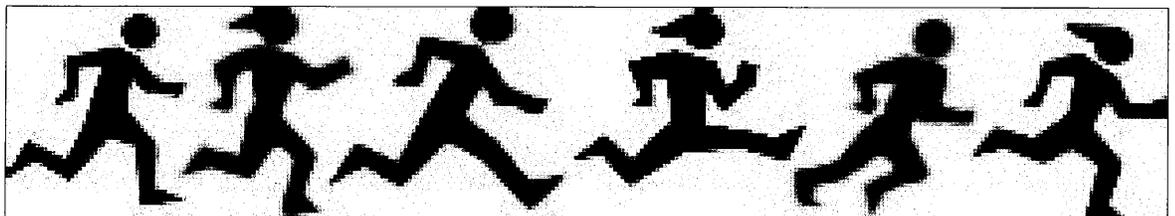
June 22, 2016 @ 5:00 p.m.

Walk will start at Tribal housing and circle around lower loop.

Social Services will host a BBQ. Prizes will be given for winners, come join us and take a walk or run and get well.

Sponsored by Burns Paiute Social Services,

Alcohol and Drug and Tribal Health



GENERAL COUNCIL – JUNE 7, 2016

TRIBAL COUNCIL NOMINATIONS

Nominee	Nominated by	2nd By
Twila Teeman	Cecil Dick	Tracy Kennedy
Tracy Kennedy	Rachel Snapp	Joe DeLaRosa
Charlotte Roderique	Wanda Johnson	Cecil Dick
Kenton Dick	Declined	
Andrew Beers	Jarvis Kennedy	Joe DeLaRosa
Joe DeLaRosa	Tracy Kennedy	Rachel Snapp
Taylor Kennedy	Donna Sam	Tracy Kennedy
Diane Teeman	Declined	
Selena Sam	Charisse Soucie	Rachel Snapp
Charisse Soucie	Wanda Johnson	Charlotte Roderique
Brenda Sam	Tracy Kennedy	Joe DeLaRosa
Dean Adams	Joe DeLaRosa	Rachel Snapp
Wanda Johnson	Charlotte Roderique	Charisse Soucie

There are 3 positions open for 2016 Elections.

Election Ordinance

E. Nominations of Candidates for Tribal Council

3. Withdrawal of Candidacy

A candidate who has been nominated for the Tribal Council but who does not wish to run for office may decline the nomination on the spot, or may submit a statement to the Election Board, in writing, of his or her intent to withdraw. All withdrawals shall be submitted to the Election Board within (7) seven days after nomination or special nominations.

Please submit to Beverly Beers at the Tribal Administration office by Wednesday, June 15, 2016, COB.

Due to travel of 2 election board members, the Election Board will be meeting the week of June 20th to approve the nominees for 2016 ballots.

**(1) One Part-time Maintenance Workers
Burns Paiute Tribe Administration Department**

Number of Positions: (1) One
Location: Burns, Oregon - Burns Paiute Reservation
Open: Wednesday, June 08, 2016
Closes: **Wednesday, June 22, 2016**
Supervisor: Maintenance Supervisor
Salary: \$12.00 per hour
Start date: June 27, 2016

PRIMARY RESPONSIBILITIES:

Provide any maintenance services assigned at the Burns Paiute Tribe.

SUMMARY

Properly maintain the reservation grounds in a safe, attractive and appealing fashion. Assist in routine brush clearing as needed. Primary responsibilities and job functions are included in Job Description which is available in Human Resources upon request.

MINIMUM REQUIREMENTS

- Must be at least 18 years of age.
- High School Diploma or equivalent required.
- Preferred valid Oregon Driver's License.
- Experience with grounds keeping.
- This position is subject to pre-employment drug testing and criminal history background check.
- Must have employment eligibility in the U.S.
- Indian preference will be observed in the hiring process.

PHYSICAL & MENTAL DEMANDS

- Bend or stoop repeatedly throughout day.
- Must have ability to travel over rough, uneven or rocky surfaces.
- Must be able to move up to 100 pounds.
- Able to work in all indoor and outdoor weather conditions.

WORKING CONDITIONS & ENVIRONMENT

- Must be able to work in all weather conditions.
- Must be willing to work non-routine hours to facilitate the completion of projects.

DUTIES

- Mow grass, weed eat, pick up tree limbs, pull weeds, water yards, paint, pick up debris (Work with Supervisor on projects he is working on)
- Lifting and transporting of moderately heavy objects.
- Physically able to perform duties assigned.
- The duties listed above should not be construed to imply an exclusive standard of the position. Employee will be responsible to respond to other instructions and duties as specified by the supervisor, which may or may not be directly related to the position.

SKILLS

Must be able to read and follow written and verbal instructions. Would prefer worker have knowledge of hazardous materials, cleaning materials, use of lawn equipment.

To apply, please submit application and or resume to:

Burns Paiute Human Resources Department
Attn: **Kerry Opie** 100 Pasigo St. Burns, OR 97720 kerry.opie@burnspaiute-nsn.gov

Community Health Nurse - Full Time

Number of Positions: 1
Location: Burns, Oregon – Burns Paiute Reservation
Open: April 4, 2016
Closes: Open until filled
Starting Date: To be determined
Supervisor: Health Services Director
Salary: DOE

Position Summary: Under the supervision of the Health Services Director, the Community Health Nurse is an integral part of the Burns Paiute Tribe health program with primary emphasis in providing direct health care, prevention education, and maintaining quality health standards for the tribal community.

Duties and Responsibilities:

1. Assess patient care using reasoning and decision making skills. Communicate clearly with patients and other health care professionals using spoken and/or written words
2. Provide nursing care through home visits or at the health center on a daily basis
3. Promote health education/prevention by presenting to individuals or groups
4. Coordinates patient care with other health professionals
5. Analyze, interpret, and initiate patient medical data on the patient care component encounter form
6. Provide follow up on patient treatment, recovery, and doctors orders
7. Coordinate activities relating to the weekly tribal health clinic
8. Assists the medical provider during clinic times
9. Maintains the tribal immunization program
10. Operates the Resource Patient Management System (RPMS) to enter patient data
11. Prepares program reports and program documentation as needed or requested
12. Ability and the knowledge of the importance of maintaining **strict confidentiality of all records and information pertinent to the nature of the work.**
13. Must maintain strict confidentiality of medical information and adhere to HIPAA and Privacy Act requirements.
14. Knowledge of community and public service providers
15. Works irregular hours when needed
16. Able to lift and bend when caring for patients in the office or on a home visit.
17. Willing to be trained as a SANE (Sexual Assault Nurse Examiner)
18. **Perform other duties as assigned**

Required Qualifications:

- Must be a registered nurse with the State of Oregon and have an active, unrestricted license at the time of hire.
- Prefer a minimum of Bachelor of Science Nursing (BSN) degree
- Minimum of one year of hospital experience or equivalent
- One year of generalized community health nurse experience or equivalent
- Must possess a valid Oregon Driver's License
- Have basic computer skills

Desired Qualifications:

- Knowledge of principles, concepts, theories, and techniques of public/community health nursing and teaching and learning
- Ability to identify, assess, analyze, and evaluate medical data and information utilizing standard nursing principles
- Ability to independently plan, coordinate, and manage work
- Experience and ability to work well with diverse groups of people from varying age groups and socioeconomic backgrounds, sometimes in stressful situations, in a manner that displays professionalism, tact, diplomacy, and good judgment.

Successful Candidate must:

- ◆ Submit to and pass a urinalysis drug test.
- ◆ Agree to a criminal background check.
- ◆ Sign Confidentiality Clause.

Please submit application along with resumes to along with verification of Licensure:

Burns Paiute Tribe, Human Resource Department
100 Pasigo St.
Burns, OR 97720
541-573-8013

BURNS PAIUTE TRIBE

Job Announcement

Job Title: Cultural Anthropologist
Department: Culture & Heritage
Reports to: Culture & Heritage Director
FLSA Status: On-call/Seasonal
Opens: April 26th, 2016
Closes: Open until filled
Salary: Commensurate to G 9/11 DOE

This Candidate must pass a pre-employment drug screen and Criminal and Character Background Check.

SUMMARY OF MAJOR FUNCTION

Oversees and coordinates cultural anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Provides applied cultural anthropological training to Tribal Research Technicians assisting with project tasks. Works within the parameters of assigned contract and grant budgets and deliverables and completes benchmarks for the same within allotted timeframes. Organizes and leads the research team to perform and document office, home, and in-field interviews related to research subject locations. Collaborates with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.

DUTIES AND RESPONSIBILITIES

1. Conducts interviews with tribal community members related to their knowledge and understanding of specific project areas and locations.
2. Establishes a systematic process for obtaining data related to specific project areas and locations.
3. Works efficiently to gather synthesizes, interpret, and report research related findings.
4. Provides training, guidance, and work tasks to tribal research technicians that support the overall research objectives.
5. Coordinates interview, field trip, and project meeting schedules with the support of Tribal Research Technicians, and other Culture & Heritage staff.
6. Provides regular progress updates of project activities to the Culture & Heritage Director.
7. Manages Projects within the approved budgetary parameters.
8. Provides updates of project activities to the Cultural Advisory Committee, and the Tribal Council as requested.
9. Collaborates with Prevention, Social Service to define, plan and implement new programs to address Tribal needs.
10. As needed, performs general office support to others in the Education Department including such tasks as letter writing, mailings, processing meeting minutes, correspondence to education program recipients and colleges, etc.
11. Acts as manager of the grant.
12. Other duties as assigned.

The above statements reflect the general duties considered necessary to describe the principal functions of the job as identified and shall not be considered as a detailed description of all the work requirements that may be inherent in the job. Other duties may be assigned.

MINIMUM QUALIFICATIONS

- A. A Master's degree is required.
- B. Ability to work effectively with tribal community members (demonstrated experience preferred).
- C. Possess a working understanding of Indigenous Great Basin cultures, and the ability to incorporate those cultural norms into research methods and practice.
- D. High energy individual who is a self-starter with the ability to coordinate up to three multifaceted cultural anthropology research projects simultaneously.
- E. Extensive knowledge of the Microsoft Office Suite programs (GIS experience also a plus).
- F. Experience with various digital media related to data collection and reporting.
- G. Ability to communicate effectively, both orally and in writing.
- H. Ability to collaboratively collect, synthesize, interpret, and report cultural Anthropological data in a manner meaningful to the Burns Paiute Tribe
- I. Ability to train and lead a team of tribal research technicians (1-3) in aspects of Cultural anthropology pertinent to assigned research projects
- J. Valid Oregon Driver's License required.

Indian Preference

Indian preference will be given to candidates showing proof of enrollment in a federally recognized tribe. In the absence of qualified Indian applicants, all applicants not entitled to or who fail to claim Indian preference, will receive consideration without regards to race, color, sex, politics, age, religion, or national origin.

HOW TO APPLY:

Return completed Burns Paiute Indian Tribe Application Curriculum vitae, college transcripts, and a writing sample (25 page minimum) to:

Human Resources Director
100 Pasigo Street
Burns, OR 97720

Telephone: 541-573-8013
Fax: 541-573-2323

Email: kerry.opie@burnspaiute-nsn.gov

Application for employment available at 100 Pasigo Street, Burns, OR 97720 Monday - Friday 8-5pm or online at Burns Paiute Tribe, or email: kerry.opie@burnspaiute-nsn.gov.

BURNS PAIUTE TRIBE

Job Announcement

Job Title: Tribal Research Technicians (3)
Department: Culture & Heritage
Reports to: Culture & Heritage Director
FLSA Status: On-call/Seasonal
Opens: April 26th, 2016
Closes: Open until filled
Salary: Commensurate to G 4/5/7 DOE

This Candidate must pass a pre-employment drug screen and Criminal and Character Background Check.

SUMMARY OF MAJOR FUNCTION

Assists in anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Uses knowledge and experience gained in the workplace of cultural anthropological methods, and applies that knowledge and training in every day work assignments. Works closely with the Project Lead to effectively complete assigned tasks. Assists in the performance of documenting office, home, and in-field interviews related to research subject locations. Assists the project lead in collaborating with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.

DUTIES AND RESPONSIBILITIES

1. Assists with interviews of tribal community members related to their knowledge and understanding of specific project areas and locations.
2. Maintain strict confidentiality in regard to information gathered during research projects, cultural site locations, etc.
3. Assists in maintaining a systematic process for obtaining data related to specific project areas and locations.
4. Works efficiently to assist the Project Lead in gathering, synthesizing, interpreting, and reporting research related findings in a written format.
5. Carries out specific assigned work tasks that support the overall research objectives.
6. Assists in the coordination of interviews, field trips, and project meeting schedules as assigned by the Project Lead.
7. Provides regular progress updates of assigned tasks to the project lead.
8. Assist in preparing updates of project activities to present to the Cultural Advisory Committee, and the Tribal Council as requested.
9. As needed, performs general office support to others in the Culture & Heritage Department including such tasks as letter writing, mailings, processing meeting minutes, correspondence to Culture & Heritage Project participants, etc.
10. Other duties as assigned.

The above statements reflect the general duties considered necessary to describe the principal functions of the job as identified and shall not be considered as a detailed description of all the work requirements that may be inherent in the job. Other duties may be assigned.

MINIMUM QUALIFICATIONS

- A. High school diploma or GED required (or will obtain diploma/GED within 3 months of employment).
- B. Ability to work effectively with tribal community members (demonstrated experience preferred).
- C. Possess a working understanding of Indigenous Great Basin cultures, and the ability to assist in the incorporation of those cultural norms into research methods and practice.
- D. High energy individual with the ability to provide assistance and support to collaborative anthropological research projects working on assigned tasks with minimal supervision.
- E. Introductory knowledge of the Microsoft Office Suite programs (GIS experience also a plus).
- F. Experience with or ability to quickly learn effective use of digital recorders, digital cameras, etc.).
- G. Ability to communicate effectively, both orally and in writing.
- H. Ability to assist the Project Lead in best practices for collaborative research in the Burns Paiute Tribal Community.
- I. Ability to learn quickly and employ all aspects of cultural anthropological inquiry pertinent to assigned research projects including manipulating digital media, transcription, and research report writing.
- J. Valid Oregon Driver's License required (or will obtain within 30-days of employment).

INDIAN PREFERENCE

Indian preference will be given to candidates showing proof of enrollment in a federally recognized tribe. In the absence of qualified Indian applicants, all applicants not entitled to or who fail to claim Indian preference, will receive consideration without regards to race, color, sex, politics, age, religion, or national origin.

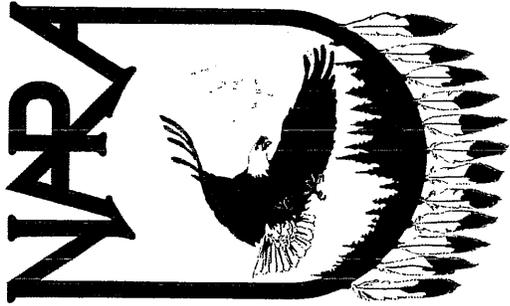
HOW TO APPLY: Applications are available on our website: Burns Paiute Tribe or picked up at 100 Pasigo Street, Burns, OR 97720 Monday - Friday 8-5pm.

Return completed Burns Paiute Indian Tribe Application Curriculum vitae or Resume, college transcripts (if applicable), and a research paper writing sample (4 page minimum) to:

Human Resources Director
100 Pasigo Street
Burns, OR 97720

Telephone: 541-573-8013
Fax: 541-573-2323

Kerry.opie@burnspaiute-nsn.gov



Job Opportunity at NARA Tribal Outreach Specialist

You love travelling around Oregon, building Tribal relationships, and helping people rebuild their lives. Plus, you love a challenge. In this position, you would work closely with staff of Tribal alcohol and drug treatment programs throughout this beautiful state. You would join NARA's staff of over 240. (NARA offers a generous benefit package.)

Goal: Improve outcomes for Tribal clients referred to Residential Treatment

The mission of NARA is to provide education, physical and mental health services and substance abuse treatment that is culturally appropriate to American Indians, Alaska Natives and other people in need.

5/29/2016

Selected Qualifications

- Cultural competency by having lived or worked in Native community
- Certification as Recovery Mentor and/or Alcohol and Drug Counselor, preferred
- Prior case management experience
- Reliable transportation and clean driving record

See job description at https://www.naranorthwest.org/?page_id=546. To apply for this position please email your cover letter, resume, and salary requirements to jobs@naranorthwest.org or by fax to 503-224-4494.

Equal Opportunity Employer: Preference in hiring is given to qualified Native Americans in accordance with the Indian Preference Act (Title 25, US Code, Section 472 and 473).

Native American Rehabilitation Association (NARA) of the Northwest, Inc. | 1776 SW Madison Street
Portland, OR 97205 | 503-224-1044 | jobs@naranorthwest.org | <http://www.naranorthwest.org>

Youth Opportunity Program

ATTENTION! ATTENTION! ATTENTION!

**BURNS PAIUTE TRIBAL ENROLLED YOUTH
WHO RESIDE IN HARNEY COUNTY**

Ages 14—18 (First day of work: July 11, 2016)



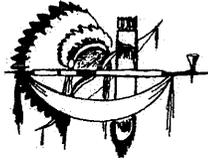
Applications are available in the
Tukwahone Newsletter and at
Tribal Administration.

Parents and youth, please be sure
to provide all information when
turning in your applications.

Thank you!

Please return to Kerry Opie at
Tribal Administration.

DEADLINE: June 23, 2016



**Burns Paiute Tribe
Youth Opportunity Program
Summer Employment**

POSITION APPLYING FOR: _____

GRADE COMPLETED: _____

NAME: _____ **DATE:** _____

ADDRESS: _____

HOME PHONE: _____

MESSAGE PHONE: _____

TRIBAL AFFILIATION: _____

ENROLLMENT # _____

DATE OF BIRTH (DOB) _____ **AGE:** _____

SOCIAL SECURITY: _____

EMERGENCY CONTACT PERSON: _____

PHONE: _____

WORK EXPERIENCE

Employer Name & Address **From / To** **List your Duties**

Starting Pay **Final Pay** **/hr.** **Reason for Leaving**

Employer Name & Address **From / To** **List your Duties**

Starting Pay **Final Pay** **/hr.** **Reason for Leaving**

Employer Name & Address **From / To** **List your Duties**

Starting Pay **Final Pay** **/hr.** **Reason for Leaving**

**Youth Opportunity Program 2016
Eligibility Requirements**

1. Proof of Enrollment with Burns Paiute Tribe
2. Reside in Harney County
3. Current contact information and e-mail or mailing addresses
4. Must pass Urinalysis test
5. Proof of Guardianship

Be sure to sign and date the application. You must attach grades. They are required for the position.

**APPLICANT - PLEASE READ CAREFULLY BEFORE
YOU SIGN ON LINE PROVIDED**

Release of Information:

I hereby give my permission to thoroughly investigate my references, work records, education and other matters related to my suitability for employment and, further, authorize my current and former employers to disclose to the Tribe any and all letters, reports and other information pertaining to my employment with them without giving me prior notice of such disclosure. In addition, I hereby release the Burns Paiute Tribe, my current and former employers, and all other persons, corporations, partnerships and associations from any and all claims, demands or liabilities arising out of or in any way related to such investigation or disclosure.

**ALL YOP EMPLOYMENT WILL BE CONTINGENT UPON
CLEARING THE REQUIRED ALCOHOL/DRUG SCREENING
TEST.**

Applicant's Signature:

Date:

FREE Eye Exam

for low income/underinsured

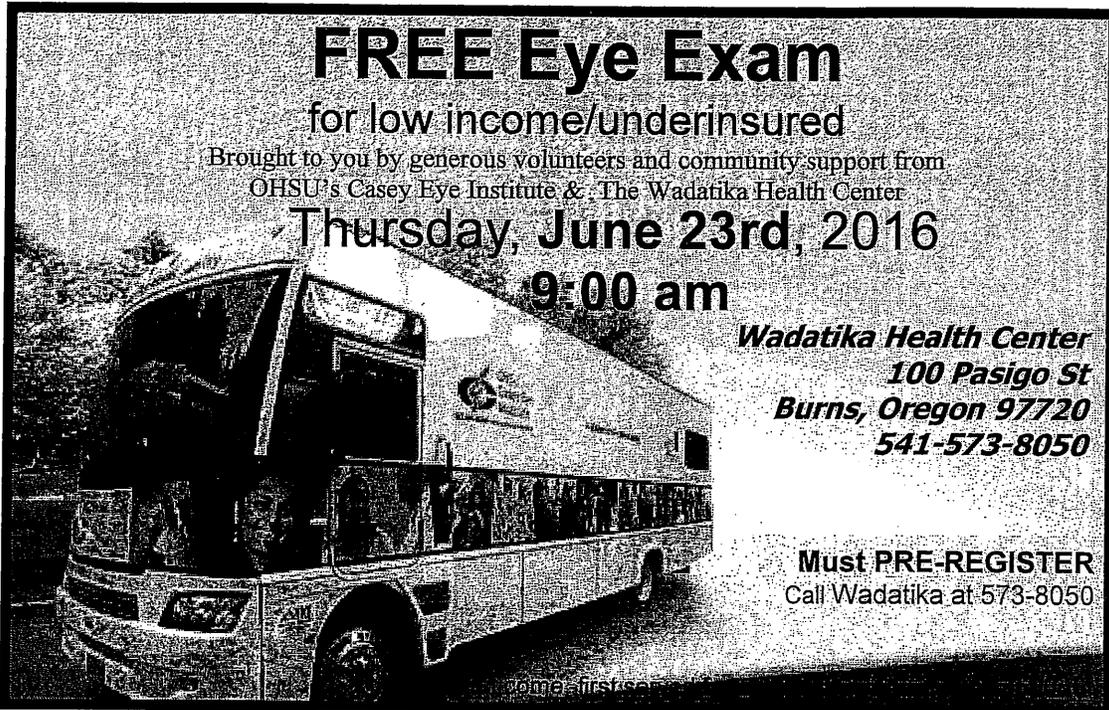
Brought to you by generous volunteers and community support from
OHSU's Casey Eye Institute & The Wadatika Health Center

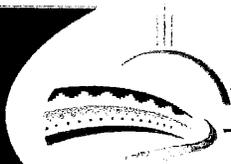
Thursday, June 23rd, 2016

9:00 am

*Wadatika Health Center
100 Pasigo St
Burns, Oregon 97720
541-573-8050*

Must PRE-REGISTER
Call Wadatika at 573-8050





**Burns Paiute Tribe
Sustainability Site Visit Agenda
Burns Paiute Tribe Gathering Place
Burns, OR
June 22-23, 2016**

Sustainability Site Visit Objectives:

1. Provide an overview of the tribe's engagement in the Tribal Training and Technical Assistance (TTA) Center.
2. Review the Community Readiness Assessment (CRA) and how it relates to the Community Prevention Plan/Community Sustainability Plan (CPP/CSP).
3. Provide training on the benchmarks of sustainability.
4. Provide technical assistance on conducting a post-Community Readiness Assessment (CRA).
5. Provide training on the CPP/CSP monitoring tool and develop strategies for performance tracking.

Day 1

Wednesday, June 22, 2016

9:00 a.m.–10:00 a.m.	Welcome Introductions Norms Team-building activity Review TTA Center
10:00 a.m.–12:00 p.m.	Review Burns Paiute's CPP/CSP and discuss CPP/CSP implementation updates
12:00 p.m.–1:00 p.m.	Lunch
1:00 p.m.–2:15 p.m.	Introduce and discuss sustainability benchmarks and CPP/CSP implementation
2:15 p.m.–2:30 p.m.	Break
2:30 p.m.–3:30 p.m.	Discuss lessons learned about community engagement strategies and identify gaps
3:30 p.m.–4:30 p.m.	Debrief and overview of Day 2

SAMHSA Tribal Training and Technical Assistance Center

Day 2

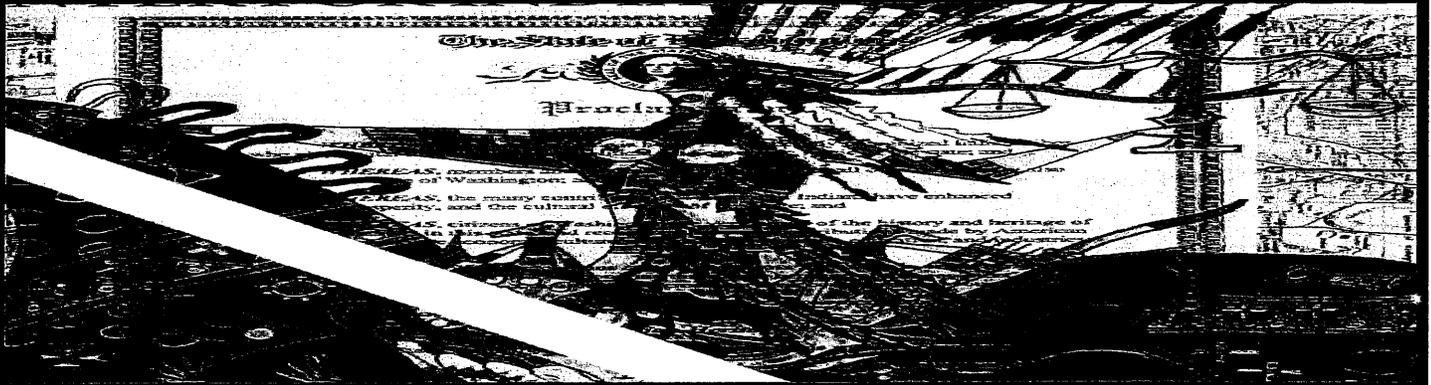
Thursday, June 23, 2016

9:00 a.m.–10:00 a.m.	Introductions Ice breaker Norms Recap Day 1 and overview Day 2
10:00 a.m.–12:00 p.m.	Discuss strategies to increase community, youth, and leadership support
12:00 p.m.–1:00 p.m.	Lunch
1:00 p.m.–2:30 p.m.	Discuss Burns Paiute's CPP/CSP monitoring and performance tracking
2:30 p.m.–2:45 p.m.	Break
2:45 p.m.–4:00 p.m.	Plan for conducting Burns Paiute's post-CRA
4:00 p.m.–4:30 p.m.	Complete the training participant questionnaire Debrief

WILLS & ESTATE PLANNING PRESENTATION

WHEN: THURSDAY, JUNE 23RD, 5:30PM

WHERE: GATHERING CENTER
BURNS PAIUTE RESERVATION



WILL DRAFTING AVAILABLE JULY 13-14

SIGN UP AT THE BPT ADMIN BUILDING

TO BE CONTACTED FOR SCHEDULING.

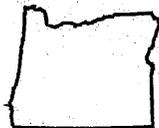
QUESTIONS?

CONTACT MARTHA IZENSON

SUMMER 2016 WILLS & ESTATE PLANNER*

541-553-3148 OR MIZENSON@LCLARK.EDU

***A LAW STUDENT SUPERVISED BY A LICENSED ATTORNEY FROM NAPOLS**



**Legal Aid
Services of Oregon**

NATIVE AMERICAN PROGRAM

**CENTER FOR
INDIAN LAW & POLICY**
Institute for Indian Estate
Planning & Probate

SEATTLEU
SCHOOL OF LAW

Natural Resources Employee

Hi,

I'm Calla Hagle the new Wildlife Biologist. I grew up on a cattle ranch in Grangeville, a small town in North-central Idaho. I have a Wildlife Resources B.S. degree from University of Idaho, and a Wildlife Biology M.S. degree from Eastern Washington University. I've worked for several different

agencies including the Forest Service, Rocky Mountain Research Station, and Idaho Department of Fish and Game doing work in wildlife and habitat monitoring and wildland firefighting. My thesis research was on the habitat selection of cow elk—I was lucky enough to study (and sometimes see) 60+ collared elk in the Clearwater Basin of Idaho. I've only been in Burns a short time but every day I learn something new about your beautiful land and all of the interesting wildlife and people. I'm excited to be here!

Thanks,

Calla

Mental Health Announcements

Hi Everyone!

I thought I would put a reminder out there, if you need more information about the services we can offer, would just like to get to know me or wish to schedule an appointment, please call the Mental Health Coordinator, Jeremy Thomas @ 541-573-8046 and I would be happy to visit with you.

If you or someone you know is suffering from a mental health emergency, please call either Jeremy at the number listed above or dial 911.

Annette Chastain, our Contracted Mental Health Therapist, will be here seeing clients on the following days in June:

Thursday, June 23rd 9am-4pm

Spaces for these appointments fill up fast, so please do not hesitate to call and make an appointment today!

We pride ourselves on reducing the negative stigma of mental health in our community, one client at a time and one day at a time. We are here to help and encourage anyone who could use our program to take full advantage of it.



THE GRANDPARENT SCAM

WHAT YOU NEED TO KNOW

WHAT IS IT?

The "Grandparent Scam" is a scam that targets the elderly in an attempt to steal large sums of money through a wire transfer.

Financial losses from this scam are usually several thousand dollars per victim.

HOW DOES IT HAPPEN?

A grandparent receives a phone call or email from someone who claims to be their grandchild.* The person states that he/she is traveling in a foreign country, has gotten into a bad situation, and needs money wired ASAP.

**Criminal may claim to be a police officer, lawyer, doctor, or other person.*

WHAT CAN I DO?

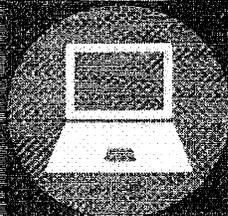
RESIST the pressure to act quickly.

CONTACT your grandchild or another family member to determine whether the call is legitimate.

NEVER wire money based on a request made over the phone or in an email, especially overseas.

IF YOU HAVE BEEN SCAMMED

1. Contact your local law enforcement or state consumer protection agency.
2. File a complaint with Internet Crime Complaint Center (IC3):
<http://www.ic3.gov/default.aspx>



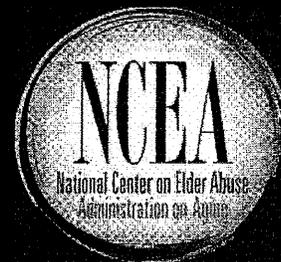
ADDITIONAL RESOURCES

http://www.fbi.gov/news/stories/2012/april/grandparent_040212

<http://www.aarp.org/money/scams-fraud/info-07-2012/scams-target-grandparents.html>

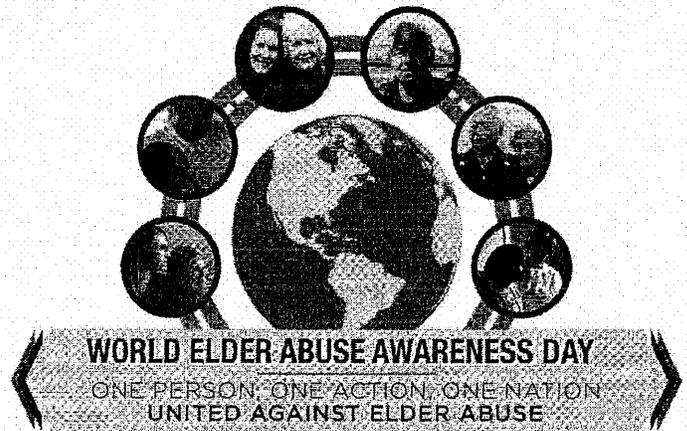
Created by:

The National Center
on Elder Abuse
www.ncea.aoa.gov



PROTECT YOURSELF FROM SCAMS!

There are many scams out there that can ensnare even savvy consumers. Many are designed specifically to target seniors. Scammers are professional liars and can be very convincing. They may contact you through the mail, email, social media, on-line dating sites, on the phone, or even in public. This guide will help you learn to recognize common warning signs of scams and simple steps that you can take to protect yourself.



IS IT A SCAM?

1. Is the sales person using high pressure sales tactics? Scams often say things like, "Act Now!", "Time is running out!"; "This is a onetime offer!"
2. Are you being asked to pay upfront fees? Lottery and sweepstakes scams often employ this tactic. If you really won something the fees can be taken out of your winnings.
3. Are you being told that you won a contest that you didn't enter? Lottery and sweepstakes scams almost always start this way. You can't win a contest that you didn't enter.
4. Have you been scammed in the past? Often scam victims have their personal contact information sold to other con artists. You may get unsolicited calls from people promising to get your money back or provide other remedies or offers. These 'offers' can be scams too. Beware!
5. Did you receive unsolicited mail, emails, or phone calls for services that you were not seeking? Research the companies that you want to employ. Many scams begin with someone knocking on your door offering services, or sending out promotional materials. This often happens in the case of home repair scams.
6. Are you being contacted by the police over the phone? Verify that they are who they say they are. Some scams begin with a person pretending to be a police officer who tells you that they are concerned that you have been a victim of a crime. They then proceed to solicit your personal information. In truth, the police will contact you in person if they have questions for you or believe that you have been a victim of a crime.

HOW TO PROTECT YOURSELF.

1. Sign up for the Do Not Call Registry at <https://www.donotcall.gov>.
2. When no longer needed, shred junk mail, old bills, bank statements and any other documents that have personal identifying information.
3. Don't give out personal information over the phone unless you originated the call and you know with whom you are talking. Particularly safeguard your social security number.
4. It is ok to be rude. If a sales person calls you or comes to your door who does not seem to be taking no for an answer, it is ok to terminate the conversation. Hang up the phone or close the door. You don't have to let yourself be pressured into anything.
5. Never sign something that you don't understand. Have a trusted and unbiased professional assist you when enter contracts or signing legal documents.
6. If you hire someone for personal assistance services, in home care services, etc. ensure that they have been properly screened with criminal background checks completed.
7. Learn about scams and stay informed
 - Sign up for AARP's Fraud Watch: https://action.aarp.org/site/SPageNavigator/FWN_Registration_Page.html
 - Check out AARP's interactive national fraud map: <http://action.aarp.org/site/PageNavigator/FraudMap.html>
 - Consumer Financial Protection Bureau offers information and tools for older Americans: <http://www.consumerfinance.gov/older-americans>
 - The Financial Fraud Enforcement Task Force offers resources and reports to help protect yourself against common types of frauds and scams: <http://www.stopfraud.gov/protect.html>
 - Stay alert to common frauds and scams by checking consumer protection sites such as www.Fraud.org
 - External Web Site Policy and FBI Common Fraud Schemes: <http://www.fbi.gov/scams-safety/fraud/fraud>



Mark your Calendars

June 22nd-

Health Office

Food Handlers class

Swimming on Tue. & Wed.
when we can. 1:00-3:30.

Please sign-up at

Tu-Wa-KII Nobi

We are providing U.S.D.A.
Summer Lunch Program,
again at Tu-Wa-Kii Nobi
12:00-1:00. For ages 1yr-18yr
Regular schedule Mon-
Thur. Sack lunch have to
be eaten on site. Serving
children 1-18yr. Mon.-Thur.

Tu-Wa-Kii-Nobi Staff

Main # 541-573-1573

After School Program-

Elise Adams—Youth Services

Coordinator

541-573-1572-

Rhonda Holtby— Parent/Educ.
Coordinator

541-413-0448

Social Service Staff will be
helping out.

We are on our Summer Hours 10-4 with some evening activities. Tentative schedule-if we have a meeting/Training we will have to change the schedule.

Monday June 20th

10:00-12:00- Craft and games.

12:00- Summer Lunch Program

1:00-2:30 go to park for some fun. Return and cool off. Weather permitted.

2:30-3:30-Free time take kids home

Tuesday June 21st

Field Trip to Sharc SunRiver. Leaving Tu-Wa-Kii Nobi at 8:30 a.m. please bring your towel and \$ for snack although we will provide lunch and snacks. Returning by 5:30-6:00

Wednesday June 22nd

Tu-Wa-Kii Will be Closed today -we have meetings and site review today. See you at the Walk and Run /BBQ At 5:30... See flyer for more information.

Thursday June 23rd

10:00-12:00- 7th annual fire extinguishing safety training see flyer for more information

1:00-3:30- Tu-Wa-Kii Nobi kids. We will be taking kids home after, Please let me know were the kids need to go. They can bring money for snacks at pool I will supply water and some treats. Tue & Thur.

Friday June 24th

10:00-10:30-Free Time

10:30-11:00-Reading for summer reading program

11:30-12:00-Free time break

1:00-2:00-Prevention Hour

2:00-3:30-Pow-Wow Club. We have a Performance on July 1st at Aspen Care Center

3:30-4:00- Free Time and take kids home.

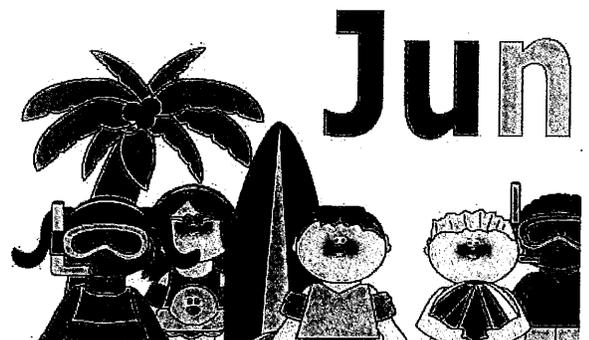
End of the School Year Field Trip sponsored by Tu-Wa-Kii Nobi and Parent Committee for Kids 7yrs.-up to The Sharc in Sun River June 21st. sign-up with permission slip at Tu-Wa-Kii Nobi Deadline is June 17th. We must get a head count for this event. No exceptions. Please let us know if you do sign up and cant go for some Reason.

We will keep you posted on the Bike

Rodeo had to be rescheduled due to weather.

Any Questions Call Tu-Wa-Kii-Nobi

(541)-573-1573

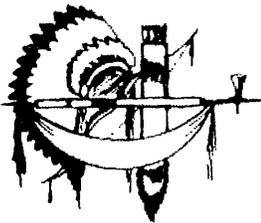


Housing News

June 20, 2016

**HOUSING
AUTHORITY
MEMBERS**

- Chairperson,*
JoEllen SkunkCap
- Vice-Chair,*
Elisha Caponetto
- Secretary-Treasure,*
Phyllis Miller
- Members at Large*
Andrew Beers
Vacant



Contact Info

Office No.

541.573.2327

Office Fax No.

541.573.2328

Jody Hill,

Executive Director

Cellular

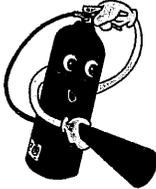
541.589.2022

Brenda Sam,

Housing Assistant

Cellular

541.589.2647



Fire Extinguisher Safety Training

THURSDAY, JUNE 23, 2016
@ 10:00 AM @ HOUSING OFFICE

LUNCH WILL BE PROVIDED FOR THOSE IN AT-
TENDANCE.

Kids come on down to the Housing Office on
Thursday and learn how to use a fire extin-
guisher, learn fire safety.

***** REMINDER *****

**Please keep your lawn and
weeds cut in order to prevent
a fire safety. It is your re-
sponsibility to keep the lawn
and weeds cut on the lot.**



WAITING LIST—As of April 6, 2016

APPLICANT	DATE COMPLETE	ADULTS	CHILDREN	
Taylor Kennedy	July 29, 2015	1 adult	0 child/ren	Complete
Desiree Sam	January 25, 2016	2 adults	2 child/ren	Complete
Donna Teeman	February 26, 2016	2 adults	1 child/ren	Complete

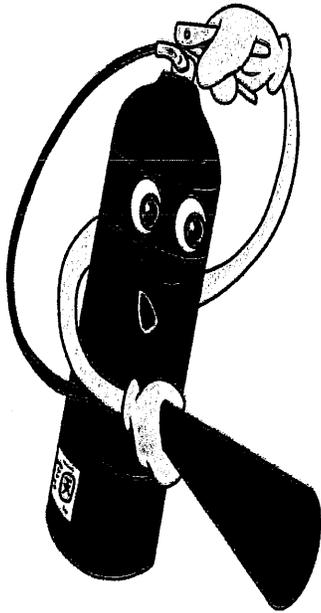
Per the Burns Paiute Housing Policy, "Applicants placed on the waiting list are required to respond to any update requests as a condition of remaining on the list and as a condition of admission." Request updates are mailed to the applicants last known address. The applicant is also responsible for informing the Housing Program if there are any changes in contact information, family composition and income change (increase/decrease).

**Housing
Authority
Meeting**

June 29, 2016
11:00 am
Housing Office

**UPDATE ON TREE
TRIMMING**

The tree trimming is coming along very well. It has come to our attention that some of the trees that are being trimmed are dead and some are hollow on the inside. In order to keep the roadways, houses and people safe. These dead trees will be cut down. We will try and notify you, but if we are unable to make contact the tree will be cut down due to safety issues. If you do not agree to the tree being cut down, you will be responsible for any damage that may occur from it not being removed.



7TH ANNUAL FIRE EXTINGUISHING SAFETY TRAINING FOR THE KIDS

THURSDAY, JUNE 23, 2016
STARTING AT 10:00 AM
AT THE HOUSING OFFICE

Lunch will be provided at park after fire extinguisher training.

Fire safety is important to know.

- Do you know if you have a fire extinguisher at home, if so, do you know where it is located?
- Do you know how many smoke detectors are located in your home? Do you know if they work properly?
- Learn the proper way to use a fire extinguisher. Get to use a fire extinguisher to put out a fire.

Remember!

Pull
Aim
Squeeze
Sweep



Fire Extinguisher Safety Training Questionnaire

1. Do you have a fire extinguisher at your home? YES NO
2. If you do, do you know where it is? YES NO
3. How many smoke alarms do you have in your home? _____
4. Do you know if they smoke alarms work? YES NO I Don't Know
5. In case of a fire do you and your family have an emergency exit plan?
YES NO
6. Do you have a safe place to meet if you and your family get separated?
YES NO

KIDS - FILL THIS SHEET OUT AND BRING IT WITH YOU ON THE DAY OF THE FIRE EXTINGUISHER TRAINING AND YOU WILL BE ENTERED IN TO WIN A BASKET FULL OF FUN STUFF.

Frequently Asked Questions about extreme heat and public health

Q: Who is at greatest risk for heat-related illness?

A: Those at greatest risk for heat-related illness include infants and children up to four years of age, people 65 years of age and older, people who are overweight, and people who are ill or on certain medications.

Q: How can people protect their health when temperatures are extremely high?

A: Remember to keep cool and use common sense. Drink plenty of fluids, wear light colored clothing and sunscreen, schedule outdoor activities during cooler times of the day—like in the morning or evening.

Q: How much should I drink during hot weather?

A: During hot weather you will need to drink more liquid than your thirst indicates. Increase your fluid intake, regardless of your activity level. During heavy exercise in a hot environment, drink two to four glasses (16-32 ounces) of cool fluids each hour. Avoid drinks containing alcohol because they will actually cause you to lose more fluid.

Q: What is heat stroke?

A: Heat stroke is the most serious heat-related illness. It occurs when the body becomes unable to control its temperature: the body's temperature rises rapidly, the sweating mechanism fails, and the body is unable to cool down. Heat stroke can cause death or permanent disability if emergency treatment is not provided.

Q: What are the warning signs of a heat stroke?

A:

- An extremely high body temperature (above 103°F)
- Red, hot, and dry skin (no sweating)
- Rapid, strong pulse
- Throbbing headache
- Dizziness
- Nausea
- Confusion
- Unconsciousness

Q: What should I do if I see someone with any of the warning signs of heat stroke?

A: If you see any of these signs, you may be dealing with a life-threatening emergency. Have someone call for immediate medical assistance while you begin cooling the victim.

Do the following:

- Get the person to a shady area.
- Cool the person rapidly, using whatever methods you can: immerse the person in a tub of cool water or a cool shower; or spray the person with cool water from a garden hose.
- Monitor body temperature and continue cooling efforts until the body temperature drops to 101-102°F.
- If emergency medical personnel are delayed, call the hospital emergency room for further instructions.
- Do not give the victim alcohol to drink.

Q: What is heat exhaustion?

A: Heat exhaustion is a milder form of heat-related illness that can develop after several days of exposure to high temperatures and inadequate or unbalanced replacement of fluids. Those most prone to heat exhaustion are elderly people, those with high blood pressure, and those working or exercising in a hot environment.

Q: What are the warning signs of heat exhaustion?

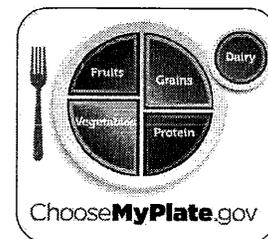
A: The warning signs of heat exhaustion include the following:

Heavy sweating	Paleness
Muscle cramps	Tiredness
Weakness	Dizziness
Headache	Nausea or vomiting

If heat exhaustion is untreated, it may progress to heat stroke. See medical attention if symptoms worsen or last longer than one hour.

kid-friendly veggies and fruits

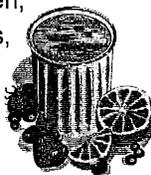
10 tips for making healthy foods more fun for children



Encourage children to eat vegetables and fruits by making it fun. Provide healthy ingredients and let kids help with preparation, based on their age and skills. Kids may try foods they avoided in the past if they helped make them.

1 smoothie creations

Blend fat-free or low-fat yogurt or milk with fruit pieces and crushed ice. Use fresh, frozen, canned, and even overripe fruits. Try bananas, berries, peaches, and/or pineapple. If you freeze the fruit first, you can even skip the ice!



2 delicious dippers

Kids love to dip their foods. Whip up a quick dip for veggies with yogurt and seasonings such as herbs or garlic. Serve with raw vegetables like broccoli, carrots, or cauliflower. Fruit chunks go great with a yogurt and cinnamon or vanilla dip.



3 caterpillar kabobs

Assemble chunks of melon, apple, orange, and pear on skewers for a fruity kabob. For a raw veggie version, use vegetables like zucchini, cucumber, squash, sweet peppers, or tomatoes.

4 personalized pizzas

Set up a pizza-making station in the kitchen. Use whole-wheat English muffins, bagels, or pita bread as the crust. Have tomato sauce, low-fat cheese, and cut-up vegetables or fruits for toppings. Let kids choose their own favorites. Then pop the pizzas into the oven to warm.

5 fruity peanut butterfly

Start with carrot sticks or celery for the body. Attach wings made of thinly sliced apples with peanut butter and decorate with halved grapes or dried fruit.

6 frosty fruits

Frozen treats are bound to be popular in the warm months. Just put fresh fruits such as melon chunks in the freezer (rinse first). Make "popsicles" by inserting sticks into peeled bananas and freezing.

7 bugs on a log

Use celery, cucumber, or carrot sticks as the log and add peanut butter. Top with dried fruit such as raisins, cranberries, or cherries, depending on what bugs you want!

8 homemade trail mix

Skip the pre-made trail mix and make your own. Use your favorite nuts and dried fruits, such as unsalted peanuts, cashews, walnuts, or sunflower seeds mixed with dried apples, pineapple, cherries, apricots, or raisins. Add whole-grain cereals to the mix, too.



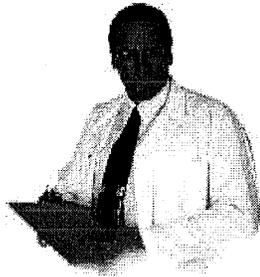
9 potato person

Decorate half a baked potato. Use sliced cherry tomatoes, peas, and low-fat cheese on the potato to make a funny face.

10 put kids in charge

Ask your child to name new veggie or fruit creations. Let them arrange raw veggies or fruits into a fun shape or design.





Health Facts:

Men die at higher rates than women from the top 10 causes of death and are the victims of over 92% of workplace deaths. (BLS)

In 1920, women lived, on average, one year longer than men. Now, men, on average, die almost five years earlier than women. (CDC)

Silent Health Crisis

There is a silent health crisis in America...it's that fact that, on average, American men live sicker and die younger than American women."

Dr. David Gremillion
Men's Health Network

Prevention:

Women are 100% more likely to visit the doctor for annual examinations and preventive services than men. (CDC 2001)



Cause & Rate ¹	Men	Women
Heart Disease	228.6	143.0
Cancer	211.6	146.8
Injuries	51.1	24.6
Stroke	39.7	37.8
Suicide	19.2	4.9
HIV/AIDS	4.4	1.7

Men as Victims of Homicide

The chance of being a homicide victim places African-American men at unusually high risk.

Chance of being a Homicide Victim*

1 in 30 for black males 1 in 179 for white males
1 in 132 for black females 1 in 495 for white females

*BJS DATA REPORT, 1989

Who is the Weaker Sex?

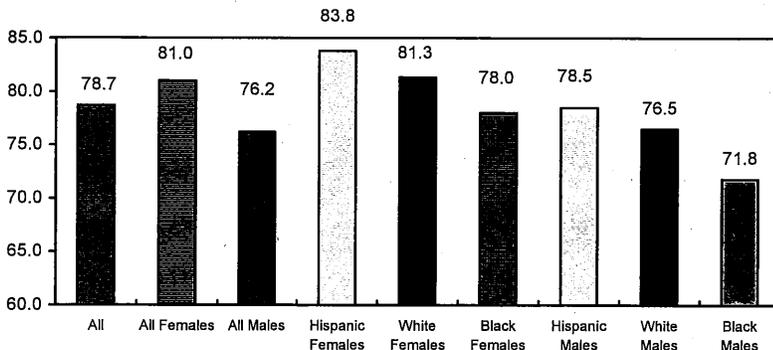
- ◆ 115 males are conceived for every 100 females.
- ◆ The male fetus is at greater risk of miscarriage and stillbirth.
- ◆ 25% more newborn males die than females.
- ◆ 3/5 of SIDS victims are boys.
- ◆ Men suffer hearing loss at 2x the rate of women.
- ◆ Testosterone is linked to elevations of LDL, the bad cholesterol, and declines in HDL, the good cholesterol.
- ◆ Men have fewer infection-fighting T-cells and are thought to have weaker immune systems than women.
- ◆ By the age of 100, women outnumber men eight to one. (NYT Magazine 3-16-03)

Depression and Suicide¹

Depression in men is undiagnosed contributing to the fact that men are 4 x as likely to commit suicide.

- ◆ Among 15- to 19-year-olds, boys were 4 x as likely as girls to commit suicide.
- ◆ Among 20- to 24-year-olds, males were 6 x as likely to commit suicide as females
- ◆ The suicide rate for persons age 65 and above: men...28.5 – women...3.9.

Life Expectancy At Birth, 2010



To learn more, call:

Men's Health Network
P.O. Box 75972
Washington D.C. 20013

202.543.MHN.1 (6461) x 101

info@menshealthnetwork.org
www.menshealthnetwork.org

1 Centers for Disease Control and Prevention and the National Center for Health Statistics 2011. Retrieved from <http://205.207.175.93/HDI/TableViewer/tableView.aspx?ReportId=166>
2 Life Expectancy data is from CDC/NCHS, Health, United States, 2013