

Burns, Oregon October 03, 2016

Community Events:

Oct. 7, 2016—Elder's breakfast at 8:30 @ Gathering Center

Oct. 8 & 9, 2016—Northern Paiute Pow wow at the Harney County Fairgrounds.

Oct. 12, 2016—Meet and Greet Tribal Council at Gathering Center @ 6:00 pm

Oct. 13, 2016—Reservation Day at 1 pm at the Gathering Center

Education news:

Each month, ten students will be randomly chosen from the Positive Referrals that teachers write. These are the students who will be recognized, for September.

No Disciplinary Referrals

Victoria Purcella

Burns Paiute Tribe

100 Postigo St.

Burns, Or 97720

541.573.6016

TRIBAL COUNCIL CONTACT

Chairman - Joe De La Rosa

541.589.0405

Burns Police Tribal Police

Chief Carmen Smith

541.413.1419

Officer Frank Rivera

541.413.0882

Social Services Director /

ICWA - Michelle Brodeur

541.573.8048 / 541.573.0177

Teresa Cowling - Domestic

Violence / Assault 541-

573-8058 / 541-413-0216

Police After hours:

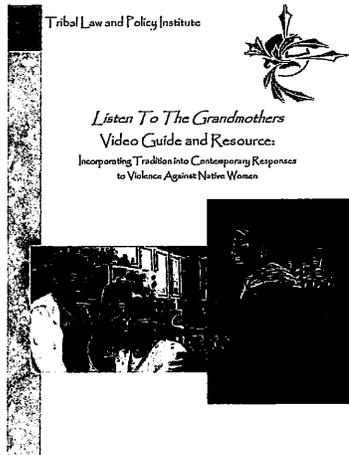
Call Burns Dispatch

541.573.6028

October 7, 2016 Elder's Breakfast

The Gathering Center

The Domestic Violence and Sexual Assault Department will be introducing two new programs.



Listen to the Grandmothers

A video based on interviews with tribal elders representing four tribal nations. The content is meant to serve as a starting point to inspire other tribal nations to look to tribal elders as a vital resource of information.

The video is broken up into three parts:

1. "Who We Are"
2. "What Happened to Us"
3. "Looking Forward"

The video also comes with a transcript and guide designed to stimulate discussion and assist tribal communities in exploring the idea of utilizing cultural traditions when developing responses to violence against native women in their communities.

"Many of the practices from the past cannot address current problems. However, if the values attached to those practice could be reclaimed and new practices built upon them, then it could work. For example, if the value of respect for elder could be taught to young people in effective way, then the knowledge of the elders could inform youthful behavior in ways which would be acceptable to both."

-Joan Ryan (1995) Professor Emeritus of Anthropology at the University of Calgary and Senior researcher with the Arctic Institute of North America

A product of the Tribal Law and Policy Institute. The project was supported by Grant no. 2004-WT-AX-K043 by the Office on Violence Against Women, U.S. Department of Justice. It is used as college curriculum in two law schools in MN.

Text was taken from the corresponding guide.

We will also introduce three advocates from NIWRC who will be training our youth, advocates, and parents on the Native Love social media campaign. They will represent Native Love at our local BHS football game Friday night as well as at the Powwow on Saturday and Sunday. The ladies will introduce Native Love after the video presentation and facilitate a brief discussion.



**October is
Breast
Cancer
Awareness
Month**

All Job descriptions are posted on the bulletin board at the Administration Office

Cultural Anthropologist

Job Title: Cultural Anthropologist
Department: Culture & Heritage
Reports to: Culture & Heritage Director
FLSA Status: On-call/Seasonal
Opens: April 26th, 2016
Closes: Open until filled
Salary: Commensurate to GS9/11 DOE

SUMMARY OF MAJOR FUNCTION:

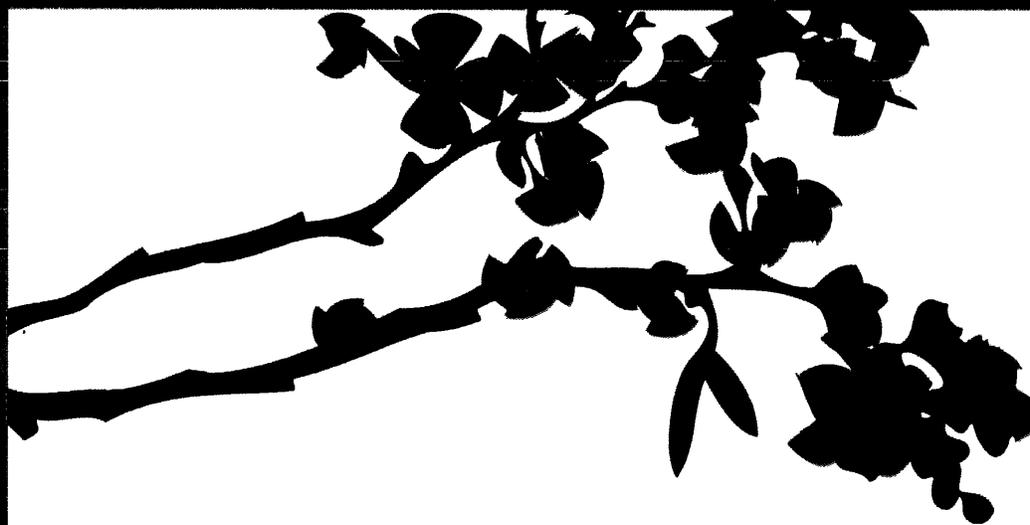
Oversees and coordinates cultural anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Provides applied cultural anthropological training to Tribal Research Technicians assisting with project tasks. Works within the parameters of assigned contract and grant budgets and deliverables and completes benchmarks for the same within allotted timeframes. Organizes and leads the research team to perform and document office, home, and in-field interviews related to research subject locations. Collaborates with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.

Tribal Research Technician

Job Title: Tribal Research Technician (1)
Department: Culture & Heritage
Reports to: Culture & Heritage Director
FLSA Status: On-call/Seasonal
Opens: April 26th, 2016
Closes: Open until filled
Salary: Commensurate to G 4/5/7 DOE

SUMMARY:

Assists in anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Uses knowledge and experience gained in the workplace of cultural anthropological methods, and applies that knowledge and training in every day work assignments. Works closely with the Project Lead to effectively complete assigned task. Assists in the performance of documenting office, home, and in-field interviews related to research subject locations. Assists the project lead in collaborating with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.



ALCOHOL AND DRUG
ADMINISTRATOR

ISOBEL VAN TASSEL

541-573-8003

Hi,

I'M ISOBEL. I HAVE LIVED IN HARNEY COUNTY FOR 19 YEARS. I AM MARRIED AND WE HAVE 3 SONS. OUR OLDEST SON LIVES IN WASHINGTON AND IS A TRUCK DRIVER. HE HAS A DAUGHTER. OUR MIDDLE SON GOES TO COLLEGE AT EOU AND IS A SOPHOMORE, STUDYING AG BUSINESS AND ANIMAL SCIENCE. HE IS MARRIED AND THEY ARE EXPECTING THEIR FIRST CHILD IN 3 WEEKS. OUR YOUNGEST SON IS A SOPHOMORE AT BURNS HIGH SCHOOL. HE PARTICIPATES IN FOOTBALL, WRESTLING, AND BASEBALL. HE IS ALSO IN FFA.

I started in the field in 2007, completing my internship at Harney Behavioral Health (now Symmetry Care. INC.) I have been certified since 2008, completed a Bachelor's degree in psychology, and currently a graduate student at Goddard College in Vermont. I am also trained in Domestic Violence Assessments and certified in Moral Reconciliation Therapy and Domestic Violence treatment. I am also working on trauma informed care through Portland State University. I just celebrated 10 years of recovery on September 14, 2016. It has been an amazing journey, and I am honored to have been selected to continue work as an alcohol and drug counselor at the Burns Paiute Tribe.

FOR MORE INFORMATION CONTACT: ISOBEL VAN TASSEL, B.S., CADC II @ 541-573-8003



Meet and Greet

October 12, 2016

6 PM

@ Gathering Center

Tribal Council Update and Community Input

Reservation Day Celebration

October 13, 2016

1 PM

@ Gathering Center

Main Dish provided

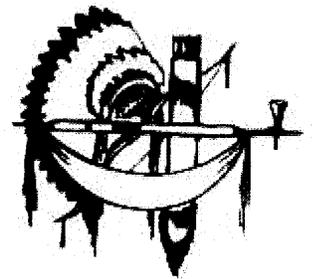
(Deer meat, Ham, potatoes)

Please bring a potluck item.

AMERICAN INDIAN/ALASKA NATIVE STATE PLAN CONVENING

The Burns Paiute Tribe is home to students who are future leaders, scholars, graduates, musicians, artists and more. We invite elders, parents, students, educators, local school districts, and the larger community to engage in a conversation about improving American Indian/Alaska Native education in Harney County. State education leaders are eager to listen to community members and understand how to best partner with local leadership and the community to support Burns Paiute students.

We will be providing dinner. *Please RSVP via email or phone to Angela Bluhm if you can attend:*
Angela.bluhm@state.or.us / 503-378-5152 OR
Contact Kerry Opie @541-573-8013 by October 24, 2016



October 27, 2016
5:00-8:30pm
American Indian/Alaska Native State Plan Convening
Burns Paiute Tribe
Gathering Center
100 Pa'Si'Go Street
Burns, OR

Presented in partnership with THE OREGON DEPARTMENT OF EDUCATION and the BURNS PAIUTE
EDUCATION DEPARTMENT

QUESTIONS /

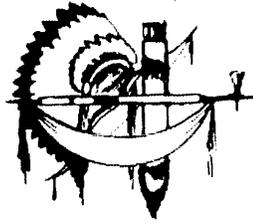
Angela.bluhm@state.or.us
503-378-5152

Sponsored by the

**CHIEF
EDUCATION
OFFICE**

**HOUSING
AUTHORITY
MEETING**

October 3, 2016
4:00 pm
Housing Office



October 3, 2016

Contact Info

Office No.

541.573.2327

Office Fax No.

541.573.2328

Jody Hill,

Executive Director

Cellular

541.589.2022

Brenda Sam,

Housing Assistant

Cellular

541.589.2647

HOMEOWNERS!!

If you own a home on the reservation that is not part of the HUD Housing Program, please be aware that it is your responsibility to obtain home insurance. AMERIND Risk Management offers homeowners the ability to obtain home insurance at a reasonable price. If you have any questions please go to their web page at

www.amerindrisk.org or stop by the office and we will be willing to assist you in any way we can.

For those homebuyers/tenants that are part of the HUD Housing Program this is a reminder that the Program only pays for the structure. It is your responsibility to obtain renters insurance. AMERIND Risk Management also offers renters insurance at a reasonable price.

Any questions, please stop by

The Housing Authority is seeking one individual to be part of the Housing Authority Board. If you are interested please submit a letter of interest to Tribal Council. Please also provide a copy of the letter to the Housing Authority.



Have a good time at this year's Northern Paiute Pow-Wow & Lacrosse Games. This weekend. Be safe and responsible.

**HOUSING
AUTHORITY
MEMBERS**

Chairperson,

JoEllen SkunkCap

Vice-Chair,

Elisha Caponetto

Secretary-Treasurer,

Phyllis Miller

Members at Large

Andrew Beers

Vacant

The Housing Authority is currently accepting application for HUD housing. If you are interested in participating in this program please feel free to stop by the office and pick up an application or call the housing department at 541.573.2327 and we can mail you an application or if you have any questions.

SURPLUS VEHICLE

The Housing Authority will be having a closed bid process for 1 surplus vehicle. The bid will close on Thursday, October 20, 2016 at 2:00 pm. On this date and time at the Housing Office the sealed bids will be open. Bid must be completed by a Burns Paiute Tribal Member ONLY. MINIMUM BID IS \$300.

SURPLUS VEHICLES

* 2001 Ford Expedition

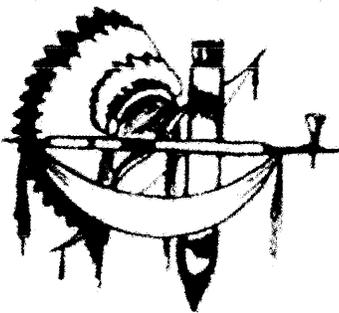
- Vehicle needs a new transfer case.

If you are interested in looking at this vehicles, please stop by the office.

ALL VEHICLES ARE AS IS!!



*“Children are our future take
this opportunity to make a
difference in their lives.”*



Burns Paiute Social
Services Program

100 PASIGO St

Burns, Oregon 97720

**Burns Paiute Social Services is looking for any Tribal
Families whom are interested in being an emergency
placement for a child in need.**

**If interested please contact the Burns Paiute Social
Services**

**Carla Teeman (541)573-8045 or Michelle Bradach
(541)573-8043**

Please call Diane:
541-413-1190

Burns Paiute Tribe

Culture & Heritage Department

Oregon Cultural Trust

The Culture & Heritage Dept. is currently seeking Burns Paiute tribal members to serve on the Burns Paiute Cultural Coalition. Once Coalition members are seated, their first task is developing and obtaining approval for their Coalition bylaws and grant selection criteria. Once approved, the Coalition will be responsible for the BPT Oregon Cultural Trust grant selection process. If you are interested please submit

your letter of interest to the Burns Paiute Tribal Council.

Wadatika Yaduan Language Project

The C&H Dept. welcomes Gilbert Teeman, Esther Crutcher, and Wanda Johnson, to the Wadatika Yaduan Language Grant Project. Language Coordinator, Phyllis Miller, is working with our Language Techs and the Elder Wadatika Language Experts to record words and phrases as spoken in the Wadatika dialect of Northern Paiute.

A **BIG THANK YOU** to the Elder Language Experts currently participating in the recording process!

If you have questions about the Language Project please call Phyllis: 541-480-4009
"Fort Bidwell Celebration"

The Cultural & Heritage are providing a trip for the Elders and community members to attend the Fort Bidwell Celebration on Sept. 30 – Oct 2, 2016. This celebration is in honor of all school children from the reservations who attended boarding school. This year we have many community members attending. This will be fun.

Glass Butte & B2H Ethno Studies

Linda Jerofke, (Cultural Anthro) with the assistance of BPT tribal members, has completed the interviewing, transcription and writing of the rough draft of our Glass Butte report. The report documents our tribal uses and values related to our Glass Butte Traditional Cultural Property.

We are seeking a cultural anthropologist to assist with the Boardman to Hemingway (B2H) Project ethnographic Study. We will be asking tribal members to help us document the important places along the projected route of the proposed transmission line to avoid/reduce any adverse effects to our culture & heritage interests along the proposed routes.

CURRENT VACANCIES

- Cultural Anthropologist- (full-time)
- Tribal Research Technicians (On-call/seasonal)
- Archaeological Technician (on-call)

To apply please contact Kerry Opie, Human Resources Specialist. 541-573-8013

Positions open until filled.

Burns Paiute Tribal Historic Preservation Office

The Culture & Heritage Department is excited to announce that we are very close to being recognized as a Tribal Historic Preservation Office. Once formal federal recognition is achieved, our Tribal Historic Preservation Officer, Charisse Soucie, will be reviewing for compliance, all Undertakings occurring on Burns Paiute tribal Trust lands.

College Scholarships!!

College Scholarships for undergrad study in anthropology are tentatively available through University of Nevada, Reno. See Diane if interested!

Scholarships to attend archaeological and/or geoarchaeological field school are available. See Diane for details!



NORTHERN PAIUTE POWWOW & LACROSSE GAMES

Honoring our Youth & Families

Oct. 8 & 9, 2016

BURNS, OREGON

**Harney County Fairgrounds
69660 S. Egan St • Burns, OR**

All Dancers, Drummers & Spectators Welcome!

Open to All Public • Free Admission • Outdoor Event • Bring your Chairs

**Grand Entry:
1:00 & 7:00 pm Saturday
Noon on Sunday**

**M.C. – Carlos Calica
A.D. – Jeremy Barney**

**Head Drum Group:
Chute 8
Drum Pay \$75 per session**

**Dance Categories:
Men's & Women's Golden
- Age 60 & up - \$300 - Winner Take All
Women's & Girl's Traditional, Fancy & Jingle
- All ages - 3 places and 2 consolations
Men's & Boy's Traditional, Fancy & Grass
Clown Dance Contest
- bring your funniest or craziest outfit, 3 places
Hand Drum Contest - 3 places
Tiny Tots - sponsored by Cecil Dick
Bring your chairs!**

**Motel:
Rory & Ryan Inn - mention powwow for rates
RV Hookups available at Harney Co. Fairgrounds**

**Creator's Game
Lacrosse Tournament:
Round-robin games 10:00 am
(\$15.00/player)
For more: Rick Roy 541-589-1159**

**Community Dinner:
Under the Tent
Saturday @ 5:00 pm**

**Crowning New Queen
sponsored by
Burns Paiute Tribe
Domestic Violence
& Sexual Assault Dept.**



Media Campaign

For more info call Rhonda Holtby @ 541-413-0448

Arts & Crafts vendors Welcome - Vendor fee is \$55. (contact Elise 541-573-1573)

We are not responsible for accidents, thefts or damages.

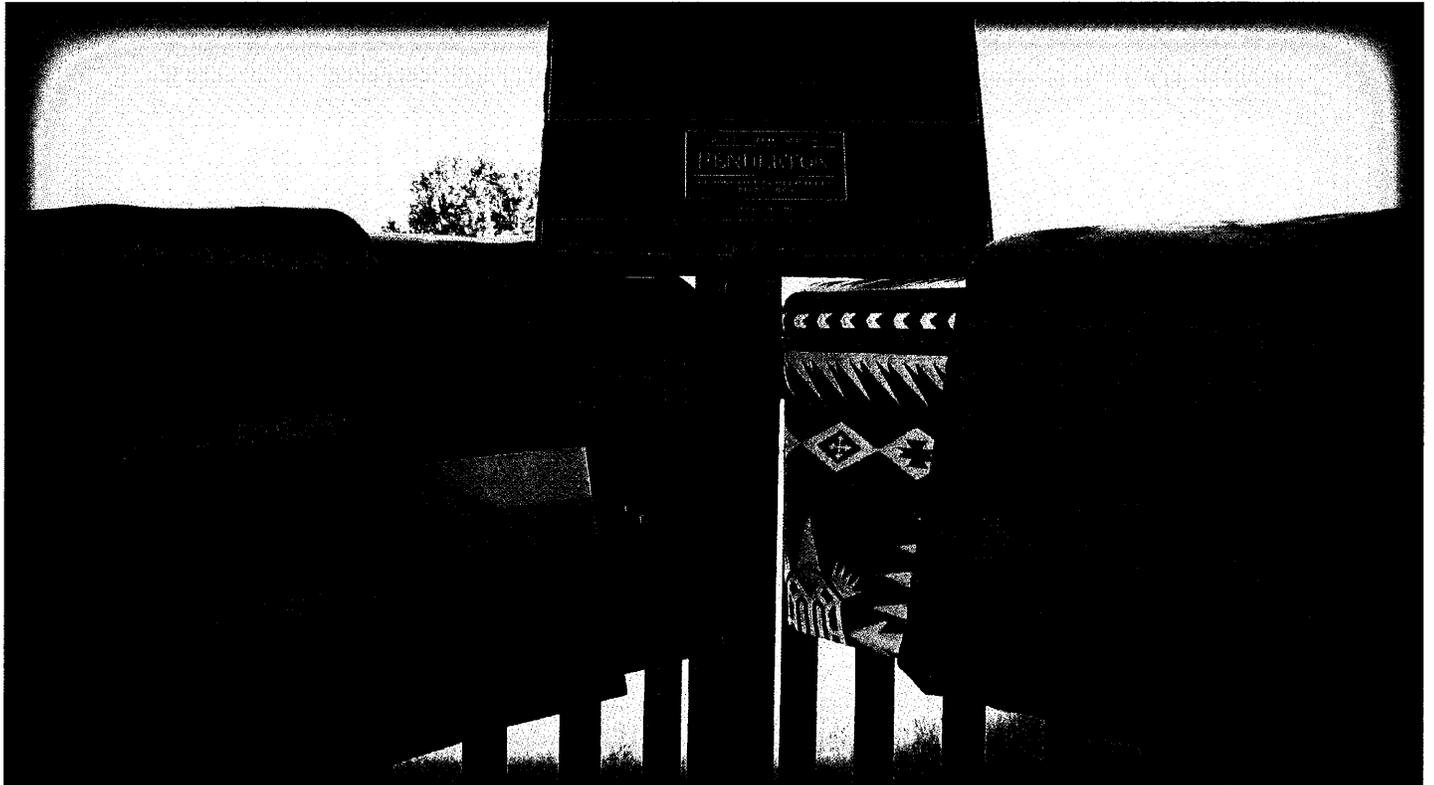
We ask that you respect the event and there be no use of alcohol, drugs, legal tobacco or violence.



2016 NORTHERN PAIUTE POWWOW

Pendleton Blanket Raffle

October 8 & 9, 2016



Get a chance to win one of the five beautiful Pendleton blankets that are being raffled off for 2016 Northern Paiute Powwow.

Tickets are \$10.00 a ticket or 6 for \$50.00

If you would like to purchase a ticket call...

Jody 541-589-4595 Rhonda 541-413-0448 Deangela Dobson – 541-589-2899

Also Queen candidates: Laevona Purcella 541-589-2905

and Alexis First Raised 541-589-4595

THANK YOU FOR YOUR SUPPORT!!

WALK WITH EASE

a program for better living

Experience the
Walk With Ease Program
Arthritis Foundation **Certified.**
Doctor **Recommended.**



“When I started the program, I was afraid to walk very far because of my knee pain. But Walk With Ease helped me start slow and build up gradually. Now I am confident in my ability to walk easily without making my arthritis worse.”

— *Walk With Ease participant*

The Arthritis Foundation Walk With Ease Program is an exercise program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with Walk With Ease.

Benefits to You

Walk With Ease will help you:

- ▶ Motivate yourself to get in great shape
- ▶ Walk safely and comfortably
- ▶ Improve your flexibility, strength and stamina
- ▶ Reduce pain and feel great

**Mondays, Tuesdays and Thursdays
5:15-6:15 p.m.**

**Oct. 3 - Nov. 10 (six-week course)
Burns High School Library**

**For more information, call Amy
Dobson at 541-573-8318 or Kristen
Gregg at 541-573-8614.**

Harney District Hospital

Oregon State
UNIVERSITY

Extension
Service

ARTHRITIS
FOUNDATION®

VIOLENCE

has **NEVER** been a
Native American
tradition



Kinds of Rape and Sexual Assault

Rape by someone the women knows:

Most women who are raped know the man that rapes them. If the women must continue to have contact with him, it can make it very hard for her to recover from the rape and to tell others about it.

Rape by a husband or ex-husband:

If the law or traditional custom treats women as the property of her husband, he may think he has the right to have sex whenever he wants, even if the women does not want it. A woman can be raped by her boyfriend. Her boyfriend may say he has the right to have sex because he spent money on her, because they have had sex before, because she has teased him sexually, or because he has offered to marry her. But if he forces her, it is still rape. A woman may find it hard to talk about this kind of rape, because she fears others will blame her.

Sexual harassment:

A woman may be forced to have sex by a co-worker or by her supervisor or boss so that she can keep her job. She may be threatened with losing her job or other punishment if she tells anyone.

Rape by a stranger:

This is the kind of sexual assault that most people think of when they hear the word 'rape'. A woman may be grabbed on the street, or attacked in her home. This kind of rape is very frightening, but it is much less common than rape by someone the women knows.

DOMESTIC VIOLENCE/SEXUAL ASSUALT Cell 541-413-0216

VIOLENCE

has **NEVER** been a
Native American
tradition



ELDER FALL PREVENTION FOR NATIVE AMERICANS

WHAT YOU CAN DO TO PREVENT FALLS



Do Strength and Balance Exercises Daily

Make your legs stronger and improve your balance through exercises like Tai Chi, walking, yoga, swimming, etc. Check out programs offered by wellness, fitness and senior centers in your community.



Have Your Eyes Checked

Have your eyes checked by an eye doctor at least once a year, and be sure to update your eyeglasses if needed.



Make Your Home Safer

Reducing home hazards will assure safer independent living for elders, so follow the tips on page 2 to "fall-proof" your home.



Talk to your Health Provider

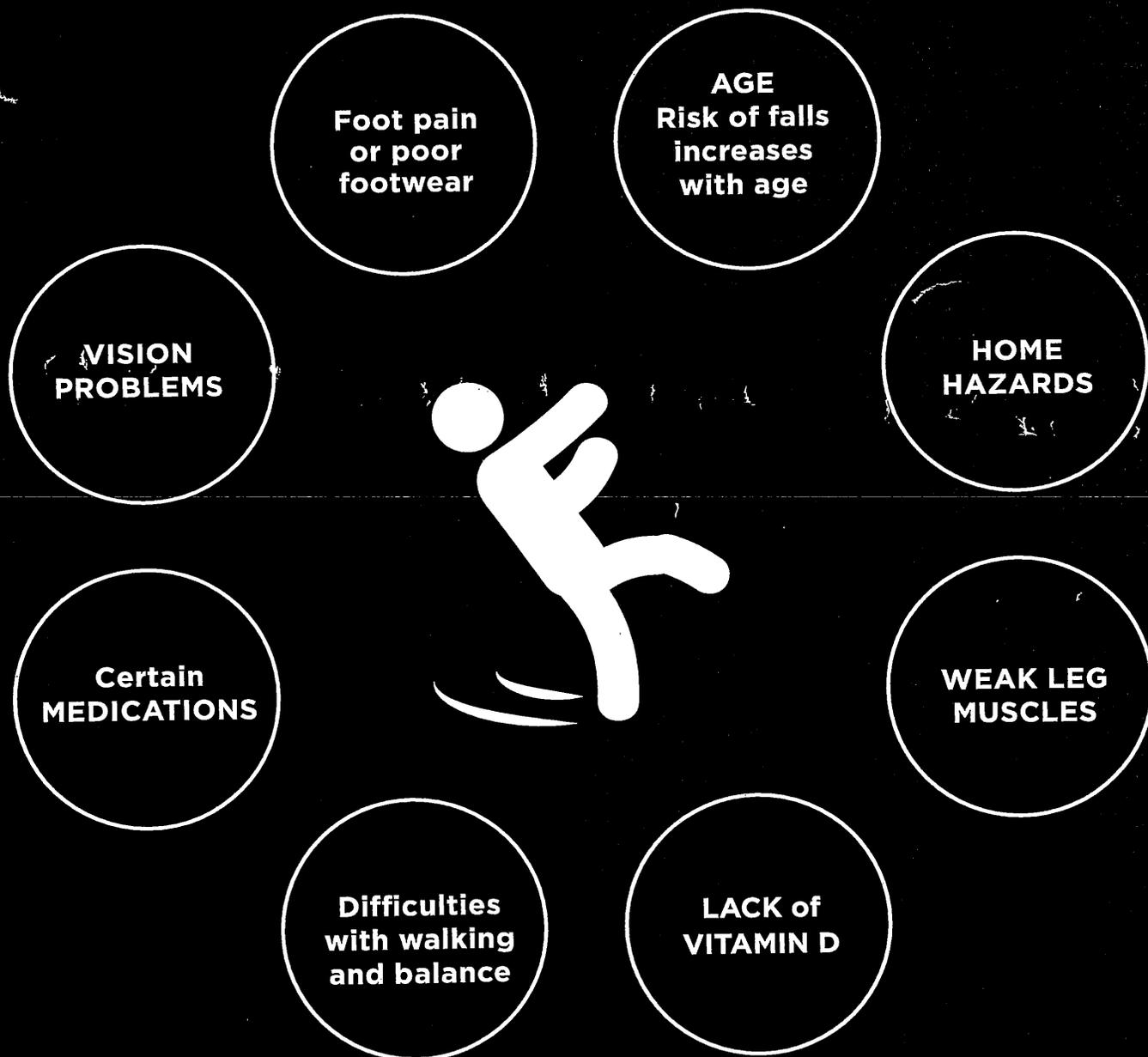
- Request a provider to evaluate your risk for falling
- Ask about things you can do to prevent falls or lower your risk for falling
- Ask your provider or pharmacist to review your medications to see if any might make you dizzy or sleepy
- Ask about taking vitamin D supplements with calcium

Fall-related Deaths

- The death rates from falls among older men and women have risen sharply over the past decade.
- In 2010, about 21,700 older adults died from unintentional fall injuries.

RISK FACTORS

Most falls are caused by a combination of risk factors. The more risk factors a person has, the greater their chances of falling. Many risk factors can be changed or modified to help prevent falls. They include:



Seeing a healthcare provider can help cut down a person's risk of falling or falling again.

MAKING YOUR HOME SAFER

Living and Dining Rooms

- Arrange furniture for easy movement
- Choose tall furniture for easy standing
- Remove area rugs and other tripping hazards
- Tuck cords safely away

Bedrooms

- A lamp should be within easy reach
- Keep a flashlight next to your bed
- Add automatic night lights
- Keep exit route and pathway to bathroom clear

Kitchen

- Keep frequently used items within easy reach
- Place non-skid mats on tile flooring
- Keep fire extinguisher in assessable location
- Cover all sharp corners with padding

Bathroom

- Install grab bars in shower
- Some tubs may require a step for easier entry
- Place non-slid mats on floor and in shower or tub
- Use raised toilet seat

Pathways and Stairs

- Keep free of clutter
- Secure carpets with rug tape or remove completely
- Install handrails
- Have adequate lighting inside and outside the home
- Remove obstacles and hazards along pathways to home entrances





Burns Paiute Tribe Domestic Violence and Sexual Assault Program

Domestic Violence Awareness Month October 2016

October 2016 is Domestic Violence Awareness Month to celebrate an Abuse Free life and to honor the lives of women, men and children who have lost their lives due to Domestic Violence abuse.

This will be the **Third** year for the Burns Paiute Tribe Domestic Violence Program to sponsor a Light in the window campaign. The DV program purchased battery operated candles two years ago to be put in homes and offices of Tribal members and staff who believe that No one should be hurt by any kind of Abuse. We want to let the community know we are united in that Domestic Violence is not a Tradition that is supported.

The Domestic Violence Program handed out purple candles on October 2, 2014. Each household should have received a candle to display in the window or on the porch for the whole month of October 2016. The Light in the Window Project is to make a statement that Domestic Violence is not acceptable in our community, so when you see the candle burning it means **Light the way to No Violence!!**

Thank you for your support in this very important message. Contact our program if you need help or know someone who needs help. ***If you need a candle the Domestic Violence program has a few candles available at our office at Wadatika Health center.***

Teresa Cowing DV Advocate 541-573-8053 Program Cell 541-413-0216

Selene Dobson DV Advocate 541-573-8006

The following was taken from an article in The Clinical Advisor from the September 2015 issue. The entire article can be accessed online using the link below.

“A study published in the journal *Violence and Victims* in 2002 reported the identification of 120 self-reported rapists in a sample of 1,882 college students. These 120 rapists committed 1,045 acts of violence: 439 rapes and attempted rapes, 49 sexual assaults, 277 acts of sexual abuse against children, 66 acts of physical abuse against children, and 214 acts of battery against intimate partners.¹⁶ Of the 120 rapists, 76 of them averaged 14 victims each.¹⁶ Clearly, these are not acts of miscommunication, and the research shows that serial sexual predators are responsible for a large portion of sexual violence. Knowledge of this can help victims identify predatory behaviors and help them understand that nothing they did was responsible for the violence.”

<http://www.clinicaladvisor.com/features/sexual-assaultintervention-in-primary-care/article/431852/4/>

Brought to you by Domestic Violence/Sexual Assault Department.

Harney County Commemorates Domestic
Violence Awareness Month 2016

October 6, 2016

Harney County Chamber of Commerce office

First Thursday 5:00-7:00

During the month of October, communities in Oregon and across the nation join together to raise awareness of domestic violence. We engage in activities to recognize the prevalence of domestic violence, prevent abuse, and promote healthy safe homes and relationships.

To promote awareness and prevention efforts, and to foster widespread collaboration in creating safe relationships and communities, Harney HOPE and the Burns Paiute Tribe will be holding a candlelight vigil. We will provide refreshments and hold a drawing for prizes.

For additional information about Domestic Violence Awareness Month 2016, please contact Harney HOPE at 541-573-2726, or the Burns Paiute Tribe at 541-573-8006.

Join us in creating a world in which safe and loving homes are the norm!

October is

Domestic Violence Awareness Month

The Domestic Violence Department
is inviting everyone to wear purple
on October 11th.

Please help us raise awareness that Domestic
Violence is a women's health issue that does
not discriminate—it is not restricted by gender,
sexual orientation, education level, religion,
ethnicity, or socioeconomic status, and it
affects millions of women each year.





Car Seat Clinic

Tuesday October 11th from 11am-1pm
@ Harney District Hospital

- Find out how to properly install & use your child's safety seat.
- Buy a new car seat or booster seat, if you need one.

Infant Seats
\$ 55.00



Toddler Seats



Convertible: \$ 45.00

Booster Seats



High Back Booster: \$ 45.00

No-back Booster: \$ 5.00

Parents, grandparents and other caregivers are invited to drop by to have their car seats or booster seats checked for proper fit for *the child* and best installation in *the car*.

Remember Oregon law requires:

Infants: must ride rear-facing until they reach both one year of age **and** 20 pounds.

Booster Seats: Children over 40 pounds must use a booster seat until **age 8**, or they reach **4 ft. 9** height.

Sponsored by Harney County Safe Communities

If you have any questions, please contact Kari

Nelson at 541-285-6004



EDUCATION INNOVATION OFFICER, COLT GILL AND TRIBAL STUDENT CONVERSATION

Join the conversation to talk about your experiences,
hopes, and concerns about education and graduation.



October 12, 2016

2:00-3:30 pm

Join from your computer:

<https://global.gotomeeting.com/join/266779965>

Or call in:

1-877-309-2073 , Access Code: 266-779-965

Presented in partnership with THE OREGON DEPARTMENT OF EDUCATION AND THE TRIBAL
COMMUNITIES OF OREGON

Sponsored by the



College Students and Parents: What You Need to Know About the 2017–18 FAFSA®

What's changing for 2017–18?

Starting with the 2017–18 *Free Application for Federal Student Aid* (FAFSA®), these changes will be in effect:

- **You'll be able to submit your FAFSA® earlier.** You can file your 2017–18 FAFSA as early as Oct. 1, 2016, rather than beginning on Jan. 1, 2017. The earlier submission date will be a permanent change, enabling you to complete and submit a FAFSA as early as October 1 every year.
- **You'll use earlier income and tax information.** Beginning with the 2017–18 FAFSA, students will be required to report income and tax information from an earlier tax year. For example, on the 2017–18 FAFSA, you—and your parent(s), as appropriate—will report your 2015 income and tax information, rather than your 2016 income and tax information.

The following table provides a summary of key dates as we transition to using the early FAFSA submission timeframe and earlier tax information.

When a Student Is Attending College (School Year)	When a Student Can Submit a FAFSA	Which Year's Income and Tax Information Is Required
July 1, 2015–June 30, 2016	January 1, 2015–June 30, 2016	2014
July 1, 2016–June 30, 2017	January 1, 2016–June 30, 2017	2015
July 1, 2017–June 30, 2018	October 1, 2016–June 30, 2018	2015
July 1, 2018–June 30, 2019	October 1, 2017–June 30, 2019	2016

How will the changes benefit me?

We expect that you'll benefit in these ways:

- Because the FAFSA will ask for older income and tax information, you will already have done your taxes by the time you fill out your FAFSA, and you won't need to estimate your tax information and then go back into the FAFSA later to update it.
- Because you'll already have done your taxes by the time you fill out your FAFSA, you may be able to use the IRS Data Retrieval Tool (IRS DRT) to automatically import your tax information into your FAFSA. (Learn about the IRS DRT at StudentAid.gov/irsdrt.)
- Because the FAFSA is available earlier, you may feel less pressure due to having more time to explore and understand your financial aid options and apply for aid before your state's and school's deadlines.

Will FAFSA deadlines be earlier since the application is launching earlier?

We expect that most state and school deadlines will remain approximately the same as in 2016–17. However, several states that offer first come, first served financial aid will change their deadlines from "as soon as

possible after January 1” to “as soon as possible after October 1.” So, as always, it’s important that you check your state and school deadlines so that you don’t miss out on any aid. State deadlines are on fafsa.gov; school deadlines are on schools’ websites.

Since the 2017–18 FAFSA asks for the same tax and income information as the 2016–17 FAFSA, will my 2016–17 FAFSA information automatically be carried over into my 2017–18 renewal FAFSA?

No; too much could have changed since you filed your last FAFSA, and there’s no way to predict what might be different, so you’ll need to enter the information again. However, keep in mind that many people are eligible to use the IRS Data Retrieval Tool to automatically import their tax information into the FAFSA, making the process of reporting tax information quick and easy.

Can I choose to report 2016 information if my family’s financial situation has changed since our 2015 taxes were filed?

You must report the information the FAFSA asks for. If your family’s income has changed substantially since the 2015 tax year, talk to the financial aid office at your school about the family’s situation.

Note: The FAFSA asks for marital status as of the day you fill it out. So if you’re married now but weren’t in 2015 (and therefore didn’t file taxes as married), you’ll need to add your spouse’s income to your FAFSA. Similarly, if you filed your 2015 taxes as married but you’re no longer married when you fill out the FAFSA, you’ll need to subtract your spouse’s income.

Will I receive aid offers earlier if I apply earlier?

Not necessarily; some schools will make offers earlier while others won’t. If you’re thinking of transferring to another school, you might want to look at the College Scorecard at collegescorecard.ed.gov to compare costs at different schools while you wait for your aid offers to arrive. Note: You should be aware that the maximum Federal Pell Grant for 2017–18 won’t be known until early 2017, so keep in mind that even if you do receive an aid offer early, it could change due to various factors.

How will I know what schools to list on the FAFSA if I haven’t decided which schools I’ll be applying to?

List any schools you’re considering applying to, and we’ll send your FAFSA information to them. Later, if you decide to apply to additional schools that you didn’t list on the FAFSA, you can log back in at fafsa.gov and add those schools.

Where can I get more information about—and help with—the FAFSA?

Visit StudentAid.gov/fafsa; and remember, as you fill out your FAFSA at fafsa.gov, you can refer to help text for every question and (during certain times of day) chat online with a customer service representative.

April 2016

American Indians and Alaska Natives have the highest smoking rates in the U.S., but

Quit Connections
know your options

Your path to quitting smoking

PATCHES, GUM & LOZENGES

Double your chances of quitting
 Use nicotine to reduce cravings
 Can buy in store



MEDICATIONS: ZYBAN, WELLBUTRIN, CHANTIX

Reduce cravings and withdrawal symptoms
 Can be combined with a patch (Zyban and Wellbutrin)
 Prescription only



COUNSELING & SUPPORT

Can improve quit rates by 130%
 Many options available: group, individual, telephone, internet
 Counseling + Medication works better than either on its own



NASAL SPRAY & INHALER

Use nicotine to reduce cravings
 Nasal spray = sprayed in your nose
 Inhaler = inhaled through your mouth
 Prescription only



COMBINATION OPTIONS

Increase your chances of
 + Zyban or Wellbutrin =
 + Gum =
 + Lozenge =
 Patch + Inhaler =

TAKE ACTION!

Talk to your doctor or nurse about what quit option works best for you.

For quitting options and support, join the Quit Connections Facebook group at: [Facebook.com/groups/quitconnections](https://www.facebook.com/groups/quitconnections)

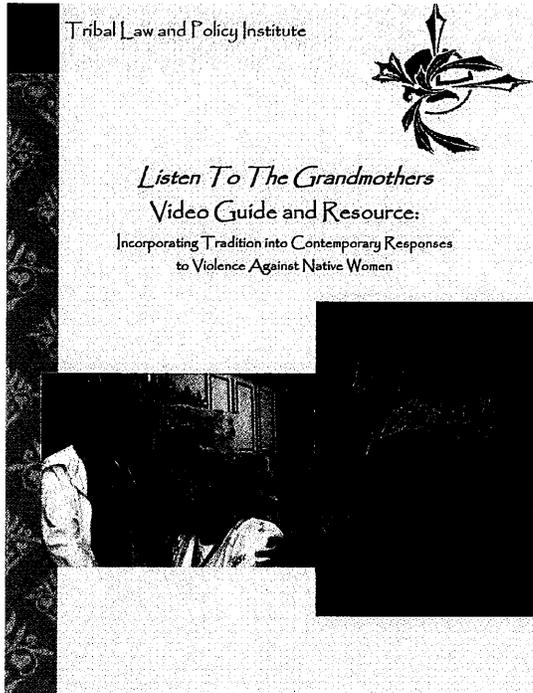


American Indian Cancer Foundation.

October 7, 2016 Elder's Breakfast

The Gathering Center

The Domestic Violence and Sexual Assault Department will be introducing two new programs.



Listen to the Grandmothers

A video based on interviews with tribal elders representing four tribal nations. The content is meant to serve as a starting point to inspire other tribal nations to look to tribal elders as a vital resource of information.

The video is broken up into three parts:

1. "Who We Are"
2. "What Happened to Us"
3. "Looking Forward"

The video also comes with a transcript and guide designed to stimulate discussion and assist tribal communities in exploring the idea of utilizing cultural traditions when developing responses to violence against native women in their communities.

"Many of the practices from the past cannot address current problems. However, if the values attached to those practice could b reclaimed and new practices built upon them, then it could work. For example, if the value of respect for elder could be taught to young people in effective way, then the knowledge of the elders could inform youthful behavior in ways which would be acceptable to both."

-Joan Ryan (1995) Professor Emeritus of Anthropology at the University of Calgary and Senior researcher with the Arctic Institute of North America

A product of the Tribal Law and Policy Institute. The project was supported by Grant no. 2004-WT-AX-K043 by the Office on Violence Against Women, U.S. Department of Justice. It is used as college curriculum in two law schools in MN.

Text was taken from the corresponding guide.

We will also introduce three advocates from NIWRC who will be training our youth, advocates, and parents on the Native Love social media campaign. They will represent Native Love at our local BHS football game Friday night as well as at the Powwow on Saturday and Sunday. The ladies will introduce Native Love after the video presentation and facilitate a brief discussion.

