

Burns, Oregon

November 21, 2016

Community News:

Nov. 30, 2016—Tribal Council meeting at 4:00 pm at the Tribal Council building.

Dec. 1, 2016—Christmas Candy making from 9 to 1:00 pm at the Gathering Center.

Dec. 2, 2016—Tribal Council meeting at 6:00 pm at the Tribal Council building.

To the children who came over to my house to wish me a **HAPPY VETERAN'S DAY**. It brightened my day. Thank you all and for the gifts.

Jim Soucie

Building bidding (2 projects)

Accepting bids: for new skirting around Double Wide manufactured home, address #2 Radar lane Burns. Deadline for bids due by Nov. 22nd, project needs to be completed by Dec. 10, 2016.

Also bids for Pole Barn to cover the Basketball Court near Rainbow Park. I

f you are interested or have any questions contact Elise at 541-573-1572.

*Happy
Thanksgiving*

*From the Burns Paiute Tribal
Staff*

Christmas Bazaar at the Gathering Center

Saturday— Dec. 10, 2016 - 10:00 am to 3:00 pm

Fees: 1 table \$10.00 (extra table additional \$5.00)

Contact person: **Betty Lou Hawley**

Call 541-589-1444

Winners of raffle items:

Beaded Pumpkins - Teresa Curtis

Turkey basket - Shelley Richards

Sponsored by Jerry Sam and Louella

Burns Paiute Tribe

100 Pasigo St.

Burns, Or 97720

541.573.8016

TRIBAL COUNCIL CONTACT:

Chairman - Joe De La Rosa

541.589.0405

Burns Police Tribal Police

Chief Carmen Smith

541.413.1419

Officer Frank Rivera

541.413.0382

Social Services Director / ICWA

Michelle Bradach

541.573.8043 / 541.589.0171

Domestic Violence / Assault

Teresa Cowing

541.573.8053 / 541.413.0216

Police After hours:

Call Burns Dispatch

541.573.6028



Enjoy a special Thanksgiving with loved ones and friends. This is the day set aside to be grateful and humble to all that we have.



From: Burns Paiute Tribal Council - Joe, Dean, Tracy, Jarvis, Lucas, Shayla & Cecil

All Job descriptions are posted on the bulletin board at the Administration Office

Tribal Research Technician

Job Title: Tribal Research Technician (1)
Department: Culture & Heritage
Reports to: Culture & Heritage Director
FLSA Status: On-call/Seasonal
Opens: Nov. 01, 2016
Closes: Open until filled
Salary: Commensurate to G 4/5/7 DOE

SUMMARY:

Assists in anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Uses knowledge and experience gained in the workplace of cultural anthropological methods, and applies that knowledge and training in every day work assignments. Works closely with the Project Lead to effectively complete assigned task. Assists in the performance of documenting office, home, and in-field interviews related to research subject locations. Assists the project lead in collaborating with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.

Burns Paiute Tribe

Job Description

Position: Community and Economic Development Director

Accountable to: General Manager

Salary Range: TBD/DOE

Classification: Management, Regular, Full-time

Summary

The Burns Paiute Tribe both a comprehensive plan and a community and economic development strategic plan identifying a number of strategic priorities to improve the economic vibrancy and overall quality of life. The Community and Economic Development Director (CEDD) provides a leadership role for the planning, coordination and implementation of the strategic priorities identified in the plans. Working under the direct supervision of the General Manager, the CEDD is accountable for successful execution of the strategic direction while ensuring the Tribal culture and heritage is sustained and enhanced.



We have received a grant from Nike to help keep our students active.

This a Mini Grant and for this year only .

If you need help!

Paying for sports fees, shoes, or extracurricular activities

Up to \$150.00

Please contact: Lanette Humphrey@

The Road To Wellness Center

541-573-8002 or 541-589-1633

This is for all native students who live within Harney County

Who are enrolled member or a descendant of a enrolled member of a federally recognized tribe.

Honoring Native American Heritage Month Assembly
Here is the schedule that has been confirmed from schools.

November 21st

Slater Gym 9:00

High School Gym 10:21

Early Childhood 11:00-12:15

Hines Gym 1:15

Pow-Wow Club to perform for Native American Heritage Month.

Dancers And Drummers.

We will have our rehearsal on the 18th at 3:00-5:00-at the Gathering Center. Please encourage the kids to come and practice. We would like to go over the order of the performance.



How 'Mindful Eating' Can Keep Kids Slim

Step one, pediatrician says, is to examine emotional connection to food

(*this news item will not be available after 01/05/2017)

By Robert Preidt

Friday, October 7, 2016



FRIDAY, Oct. 7, 2016 (HealthDay News) -- Most childhood obesity-prevention programs stress calorie counting and exercise. But one pediatrician likes to emphasize an approach called "mindful eating" instead.

"Mindful eating is a more compassionate and holistic way to approach healthy eating. It not only focuses on what foods we eat, but on how our bodies feel," said Dr. Lenna Liu, a pediatrician at Seattle Children's Hospital. "It allows us to pay attention to hunger and fullness, emotional connections to food and the relationships involved in eating."

Mindful eating focuses on positives, not negatives, Liu explained. And it requires thinking about why you eat and when.

Reflect on your emotional connections to food, she said. Do you turn to food for comfort or when you're stressed? Does your child swing by the kitchen for a snack during a commercial every time they're watching TV?

Better awareness of your family's eating habits allows you to think of alternatives to reaching for food when you're feeling an emotion or you're trying to unwind, but aren't truly hungry, she added.

Liu noted that hunger develops slowly, but the urge to eat due to emotions can occur suddenly and urgently. Learn to recognize the difference and to help your children to do the same, she suggested.

Liu, who also leads the hospital's Obesity Program, offers additional tips.

Train yourself to think of food as necessary for physical and mental health, she said, and teach your children that food gives them the energy to learn, think, play and grow.

"When thinking of food in this way, it's easier to understand that what you choose to eat impacts your health," Liu explained in a hospital news release. "It's reinforcement for following the traditional advice of shopping the outer aisles of the grocery store, filling at least half of the plate with fruits and vegetables and choosing water over sugary drinks."

Eating together as a family and discussing the day helps everyone to slow down and pay attention to what they're eating, she added.

Sharing responsibility also helps children build a healthy relationship with food, Liu said. The parent provides healthy food and drinks on a regular schedule, and the child decides whether to eat and how much. Eating patterns change as children grow, she pointed out.

Mindful eating is part of a healthy lifestyle that helps prevent obesity and its harmful health effects, she added.

Sharing responsibility also helps children build a healthy relationship with food, Liu said. The parent provides healthy food and drinks on a regular schedule, and the child decides whether to eat and how much. Eating patterns change as children grow, she pointed out.

Mindful eating is part of a healthy lifestyle that helps prevent obesity and its harmful health effects, she added.

"There is so much stigma around weight, and judgment around right and wrong eating behavior, and good and bad food in our culture," Liu said. "Mindful eating fills in gaps in the traditional approach of discussing weight management."

SOURCE: Seattle Children's Hospital, news release, Sept. 28, 2016

HealthDay



Flu and People with Diabetes

People with diabetes (type 1 or type 2), even when well-managed, are at high risk of serious [flu complications](#) ([\flu\about\disease\complications.htm](#)), often resulting in hospitalization and sometimes even death. Pneumonia, bronchitis, sinus infections and ear infections are examples of [flu-related complications](#). The flu also can make chronic health problems, like diabetes, worse. This is because diabetes can make the immune system less able to fight infections. In addition, illness can make it harder to control your blood sugar. The illness might raise your sugar but sometimes people don't feel like eating when they are sick, and this can cause blood sugar levels to fall. So it is important to follow the [sick day guidelines](#) for people with diabetes.

Vaccination is the Best Protection against Flu

CDC recommends that all people who are 6 months and older get a flu vaccine. It is especially important for people with diabetes to get a flu vaccine.

- Flu shots are approved for use in people with diabetes and other health conditions. The flu shot has a long, established safety record in people with diabetes.

People with type 1 or type 2 diabetes are at increased risk of developing pneumococcal pneumonia because of the flu, so being up to date with [pneumococcal vaccination](#) is also recommended. Pneumococcal vaccination should be part of a diabetes management plan. Talk to your doctor to find out which pneumococcal vaccines are recommended for you.

Take [everyday preventive actions](#) ([\flu\protect\habits\index.htm](#)) to stop the spread of flu:

- Cover your nose and mouth with a tissue when coughing or sneezing and throw the tissue away after using it;
- Wash your hands often with soap and water, especially after coughing or sneezing;
- Avoid touching your eyes, nose, and mouth (germs are spread that way); and
- Stay home when you are sick, except to get medical care. If you are sick with flu-like symptoms you should stay home for 24 hours after your fever is gone (without the use of fever-reducing medicine).

- Everyday preventive actions can protect you from getting sick and, if you are sick, can help protect others from catching your illness.

Treating Influenza

- If you do get sick with flu symptoms, call your doctor and take flu antiviral drugs if your doctor prescribes them.
 - Treatment should begin as soon as possible because antiviral drugs work best when started early (within 48 hours after symptoms start).
 - Antiviral drugs can make your illness milder and make you feel better faster. They may also prevent serious health problems that can result from the flu.
 - There are three FDA-approved influenza antiviral drugs recommended by CDC this season that can be used to treat the flu. These medicines fight against the flu by keeping flu viruses from making more viruses in your body. A doctor needs to write prescription for you to be treated with these antiviral drugs.

Other Preventive Actions

In addition to getting vaccinated yearly, people with diabetes should take everyday precaution ([\flu\protect\habits\index.htm](#)) for protecting against the flu.

Questions & Answers

If I am younger than 50 and have diabetes can I get the nasal spray vaccine?

The flu shot has a long, established safety record in people with diabetes. Your doctor or other health care professional can advise you on which flu vaccine is best for you. The nasal spray flu vaccine (live attenuated influenza vaccine or LAIV) is not recommended for use during 2016-2017.

Related Links

[Stay Well in Flu Season](#)

[Key Facts About Seasonal Flu Vaccine](#)

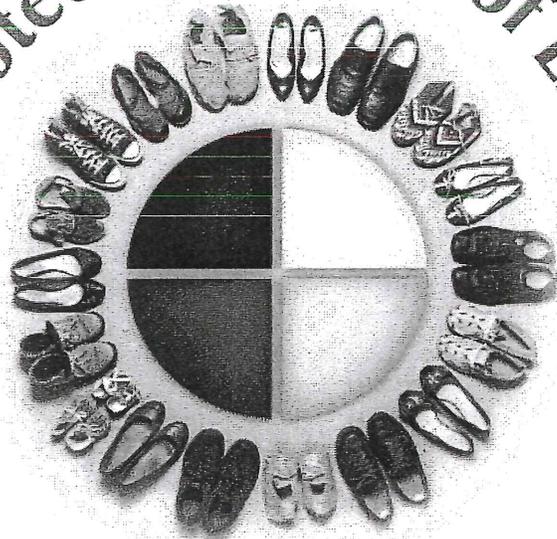
[People at High Risk of Developing Flu-Related Complications](#)

[Treating Influenza \(Flu\)](#) [534 KB, 2 pages]

[CDC Obesity and Overweight Web Site \(http://www.cdc.gov/obesity/\)](http://www.cdc.gov/obesity/)

[Pneumonia \(Pneumococcal\) Vaccine \(http://www.cdc.gov/vaccines/vpd-vac/pneumo/default.htm\)](http://www.cdc.gov/vaccines/vpd-vac/pneumo/default.htm)

Protect the Circle of Life



THE FLU & YOU

What is influenza (the flu)?

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness. At times, it can lead to death.

Who should get a flu vaccine?

Everyone 6 months and older should get a flu vaccine, especially if you are at high risk for complications, or if you live with or care for someone who is high risk for complications.

Your family may be especially vulnerable to the flu.

Influenza poses a greater risk to certain people, including pregnant women, children, and elders, who are all at high risk for flu-related complications. In fact, pneumonia and flu are a leading cause of death among Native elders. The flu also can cause certain health conditions, including diabetes, asthma, and heart and lung disease, to become worse. Pneumonia and bronchitis are examples of serious flu-related complications, which can result in hospitalization and sometimes even death.

SIGNS AND SYMPTOMS OF THE FLU

People sick with influenza feel some or all of these symptoms:

- Fever* or feeling feverish/ chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (very tired)
- Some people may have vomiting and diarrhea, though this is more common in children than adults.

**Not everyone with the flu will have a fever. You can be sick and contagious without running a temperature.*

HELP PREVENT THE SPREAD OF THE FLU

- Get a flu vaccine each year.
- Stop the spread of germs, including influenza viruses:
 - ♦ Cover your coughs and sneezes
 - ♦ Wash your hands often
 - ♦ If you're sick, stay home
- Take antiviral drugs if they are prescribed for you.

PROTECT YOURSELF.
PROTECT YOUR PEOPLE.

**The influenza vaccine is safe.
You can't get the flu from the flu vaccine.**

People have been receiving flu vaccines for more than 50 years. Vaccine safety is closely monitored annually by the Centers for Disease Control and Prevention (CDC) and the Food and Drug Administration (FDA). Hundreds of millions of flu vaccines have been given safely to people across the country for decades.

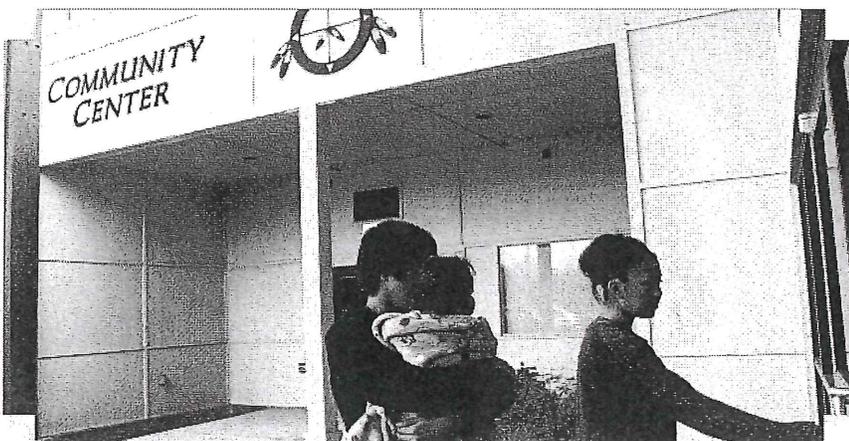
The viruses in the flu shot are killed and the viruses in the nasal spray vaccine are weakened, so neither vaccine can cause the flu. A flu shot can have mild side effects, such as soreness or swelling where the vaccine was received, a mild fever, or aches. Mild side effects of the nasal spray can include runny nose, headache, sore throat, and cough. Any side effects you experience are not contagious to others and should disappear within 2 days.

When should I get a flu vaccine?

It's difficult to know when flu activity will peak. So vaccination before December is best to ensure protection. However, even getting vaccinated in December or later can be protective because influenza disease can last as late as May. It takes 2 weeks after getting the vaccine for your body to develop an immune response against influenza.

Why do I need to get a flu vaccine each year?

You need a flu vaccine each year because influenza viruses are always changing and immunity wanes over time. Each year, experts identify the influenza viruses that are the most likely to cause illness during the upcoming flu season. Your flu vaccine protects against those viruses. It does not protect against other viruses (such as colds or stomach viruses) or against very different influenza viruses not in the vaccine.



**WHERE DO I GET A
FLU VACCINE**

- Your local healthcare facility (even if you don't have a regular doctor or nurse)
- Mobile and community-based immunization clinics that visit many locations
- Pharmacies and grocery stores where available

Ask your Community Health Representative (CHR) or Community Health Aide (CHA) for more information.

Local Information

Call
W H C
541-573-8050
18 years old and
older

**THANK YOU FOR KEEPING
INDIAN COUNTRY HEALTHY**

Learn more at www.cdc.gov/flu
or call 1-800-CDC-INFO





MEETING DATE: 10/19/2016

APPROVED DATE: 11/16/16

TRIBAL COUNCIL MINUTES – 10/19/2016

Meeting called to order @ 4:00

Roll Call:

Joe DeLaRosa - Tribal Chair

X

Cecil Dick - Member at Large

Dean Adams - Vice Chair

X

Lucas Samor - Member at Large

X

Tracy Kennedy - Secretary/Treasure

X

Shayla Barney - Member at Large

X

Jarvis Kennedy - Sgt. Of Arms

X

Other/Staff: Andrew Beers (Housing Authority), Jody Hill (Housing Authority), Elisha Cappenetto (Housing Authority), Caroline Underwood (Community Member), Roxanne Williams (Community Member), Gary & Penny Burns, Kenton Dick (Acting GM)

Approve Agenda: With the 3 added agenda items: Caroline Underwood – Land Lease, Tribal Council Stipends, and New Administration Building, Dean m/m to approve agenda; 2nd Jarvis; 5-favor, 0-abstain, 0-opposed, m/c.

OLD BUSINESS:

1. Fisheries Department: FY2017 SOW for Bonneville Power – Jason Kesling

The Statement of Work (SOW) and budget is for the Malheur River and Logan Valley Wildlife Mitigation Properties for Bonneville Power Administration. The overall workload and budget has not changed much from previous years except a few minor adjustments for different projects on the Malheur River property and the mid-management CREP plantings for both properties. Priorities for the year will be basic maintenance and upkeep on fields, irrigation and wetland restoration. Budget allocation \$358,305 (Jonesboro) and \$162,084 (Logan Valley). Dean m/m to ‘approve the FY2017 SOW for the Malheur River and Logan Valley Wildlife Mitigation Properties for Bonneville Power Administration in the amount of \$520,389’; 2nd by Jarvis, 4-favor, 1-abstain, 0-oppose, m/c.

2. BPT General Manager Position

Tomorrow (10/20/2016) at 9:00 will be interviews for the General Manager. Three (3) candidates will be interviewed: Harry Stevens, Carmen Smith, Jack Canovaloff.

3. Economic Development Funding & Position

The final job description for ‘Community Economic Development Director - CEDD’ position has been completed and advertised. U.S. Department of Commerce Economic Development Administration (EDA) awarded the tribe a \$50,000 grant, to include \$12,000 Tribal match (2017 Indirect Budget). This is a one year grant ending July 2017 to hire a ‘Community & Economic Development Specialist.’

NEW BUSINESS:

1. Gary Burns Consulting: Current projects with BPT

Penny & Gary Burns are under contract with Tribe to complete the Wellness Center/Gym. At this time they have completed 80% of the masterplans and are working on the spine of the Kassler Property for future development. The priority now is to install 80,000 gallon water tank. Burns and Tribal Council will meet with Culture Department to get the land assessed. Tribal Council requested a one page summary of progress from Burns Consulting to be put in the newsletter to inform the community on the process.

2. Ramah Settlement Funds: Other unknown Tribal expenses – IHS Shortfall

Resolution 2016-30 has a distribution of funds approved. Under line item ‘other unknown Tribal expenses’ there is a balance of \$39,129 to be used at Tribal Councils discretion. Joe, Dean and Kenton met with EcoNorthwest Economist, Robert Whelan, to complete a feasibility study. EcoNorthwest will measure the annual gaming and related revenue, as well as the number of visitors that would come to a new casino if it were built in Malheur County. The 8 page document will explain the potential of the casino so that Tribal Council and members can consider future plans. The document cost would be a reduced fee of \$9,000, which EcoNorthwest would normally charge \$30,000. Council discussed possibly using the Ramah Settlement funds to pay \$9,000, but the Tribe has not yet received these funds, but can use the IHS Shortfall funds that have been received. Tracy m/m ‘allocate \$9,000 of IHS Shortfall funds to pay EcoNorthwest for feasibility study for off-reservation gaming’; 2nd Lucas; 5-favor, 0-abstain, 0-opposed; m/c.

3. Caroline Underwood: Home owner land lease

Letter dated 8/30/2016 addressed to Caroline Underwood from Tribal Council stated ‘you have 30 days to remove any and all property from lot #24.....After 30 days, the Burns Paiute Tribe will take over the property (lot) and house, and any personal property left behind.’ Ms. Underwood does not agree with action of council as the house has been in probate for numerous years. An email from Lease Compliance Coordinator stated “Please find attached a completed homesite lease for lower housing #24, from Caroline Underwood. She has provided supporting documentation from the Tribal Judge, as per tribal home site requirements.” Due to the fact that the house was in probate and Ms. Underwood has completed home site requirements for lot lease we will approve lot lease. Jarvis m/m to ‘approve land lease for lot #24 for 25 years with the exception that home improvements and occupation take place within one (1) year’; 2nd by Dean; 5-favor, 0-abstain, 0-oppose, m/c.

4. Tribal Council Stipends

Per Tribal Council consensus, the current stipend time of 10 hours per week has been increased up to 20 hours per week. This will remain in effect through December 31, 2016 and includes Chair, Vice Chair, Secretary and Sgt. Arms.’

Tracy m/m to adjourn at 7:15 pm, 2nd by Cecil, 4-for 0-abstain 0-oppose, m/c
Meeting adjourned at 7:15 pm.



MEETING DATE: 11/03/2016

APPROVED DATE: 11/16/16

TRIBAL COUNCIL MINUTES – 11/03/2016

Meeting called to order @ 6:00pm

Roll Call:

Joe DeLaRosa - Tribal Chair

X

Cecil Dick - Member at Large

X

XDean Adams - Vice Chair

X

Lucas Samor - Member at Large

X

Tracy Kennedy - Secretary/Treasure

X

Shayla Barney - Member at Large

X

Jarvis Kennedy - Sgt. Of Arms

Other/Staff: Kenton Dick-Acting GM, Lindsey Dick-Community Member, Trevor Knowles, Jody Hill-Housing, Phyllis Miller-Housing, Tom Carney-H.U.D.

Approve Agenda: Cecil added “Refuge Issues’ and table agenda items #3 because the Gary & Penny Burns are sick. Tracy m/m to approve agenda with changes; 2nd by Shayla; 4-favor, 0-abstain, 0-opposed, m/c.

Approval of Minutes: Shayla m/m to approve meeting minutes dated 9/28/16, 10/6/16, & 10/12/16; 2nd by Cecil; 4-favor, 0-abstain, 0-opposed, m/c. Minutes will be placed in newsletter for community review.

OLD BUSINESS:

1. BPT General Manager Position

Jack Conovaloff was offered the General Manager position. His start date is 11/7/16 with an annual pay of \$90,000 to start.

2. Economic Development Funding & Position

The final job description for ‘Community Economic Development Director - CEDD’ position has been completed and advertised. U.S. Department of Commerce Economic Development Administration (EDA) awarded the tribe a \$50,000 grant, to include \$12,000 Tribal match (2017 Indirect Budget). This is a one year grant ending July 2017 to hire a ‘Community & Economic Development Specialist.’

3. Gary Burns Consulting

Issue tabled as Gary & Penny Burns are sick.

NEW BUSINESS:

1. Natural Resources: Beech Creek Grazing Issues (Ben Cate)

Per Jason Kesling “On July 14 2016, BPT and Trevor Knowles entered into a contract for Trevor to lease 2300 acres of grazing from the Tribe on Beech Creek. On Oct 21, 2016 Trevor came to my office with concerns of the stocking and pregnancy rates from 2015 grazing. He stated he was unable to meet the contract due to his herd health coming off of Beech Creek 2015 grazing.

He has proposed to run April to September with 60-70 head with \$12,000 payment with a 50% down payment ASAP-no payment has been made to the Tribe.” Trevor Knowles stated the property has no feed value and but wants to remain in good standing with the Tribe and Beech Creek property for future leases. Tribal Council decided not to change the grazing period but to keep them from October to May. To not lose our grazing window, Tracy m/m ‘to terminate the 2016 Grazing Lease between the Burns Paiute Tribe & Trevor Knowles; 2nd by Shayla, 2-favor, 1-abstain, 1-opposed, m/c.

Ben Cate will offer the 2016 Grazing lease to Justin Jacobs for 500 AUM’s at the price of \$12,500 starting as soon as possible and ending May 15.

2. BPT Housing Department (Jody Hill)

Collaboration between Housing Department and Burns Consulting did not take place due to the Burns being out sick. Jody Hill introduced ‘Tom Carney’ from H.U.D. Department. Tom will meet with Tribal Council, Housing and Burns Consulting tomorrow (11/4/16) to go over the denial of the 2016 ICDGB Grant that was submitted on behalf of the Wellness Center. TC Secretary will email Diane Teeman to get an electric copy of culture policies and procedures as we move forward toward development.

3. Human Resource Department

Kenton gave an update of current Human Resource activities. Kerry Opie was not present and would not be present for the all-staff meeting with new General Manager and all staff. With the hiring of new GM he will take the lead with internal issues such as time management and staff expectations.

4. Issues with Wildlife Refuge/Militia

In response to the Bundy’s acquittal a meeting has been set up with U.S. Attorney, Billy Williams, for a later date to discuss our losses and how the tribe will move forward.

Cecil m/m to adjourn at 10:00 pm, 2nd by Tracy, 5-favor, 0-abstain 0-oppose, m/c
Meeting adjourned at 10:00 pm.

After School Program @ Tu-Wa-Kii-Nobi 5-18yrs

November

Monday November 21st

Pow-wow- Club will be performing for National Native American Heritage Month at all the schools starting at 9:00

9:00-Slater

10:20-Burns High School

11:00-12:15-Early Childhood

1:15 Hines Middle School

If you would like your child to perform only at there school that is ok. Please let us know if you need help or a ride. Let us know so we can plan. Thank you in advance for your help.

4:00-4:30-kids are to read a book for required 20 Min.

4:30-5:15- Free Time play games ipad, computer or playground

5:15- we will be taking kids home and clean up.

Tuesday November 22nd

10:00-12:00 Movie or Free time

12:00-Lunch

1:00-We will be going to the Hot Spring taking kids that helped out in our community Clean up and Veterans Gift day only. You will be notified if your on the list.

Wednesday November 23rd

10:00-12:00-ThanksGiving Treats

12:00-Lunch provided

1:00-2:00-Free Time

2:00-2:30-1/2hr Health w/Savanna

2:30-4:30-Rollerskating at Fairgrounds- must have permission slip please bring your Helmet and wear socks.

Thursday/Friday 24th-25th

All offices are close for Thanksgiving Holiday! Enjoy time with family and friends. Be safe!



We are asking that parents or guardian's

update Intake Forms.

We need working Tel. #'s

Our Program is in need of Tutors for our Older youth- Please contact Rhonda or Kerry

The kids are getting there awards on November 21st same day as our performance day.

And also drawing for Ipad

Kids that are dancing need to make sure your teachers know what your doing. To be excused

Tu-Wa-Kii-Nobi Staff

Main # 541-573-1573

After School Program-

Elise Adams-Youth Services

Coordinator 541-573-1572-

Anita Hawley Youth Service

Coordinator Asst. 541-589-2341

Rhonda Holtby-Parent/Educ.

Coordinator 541-413-0448

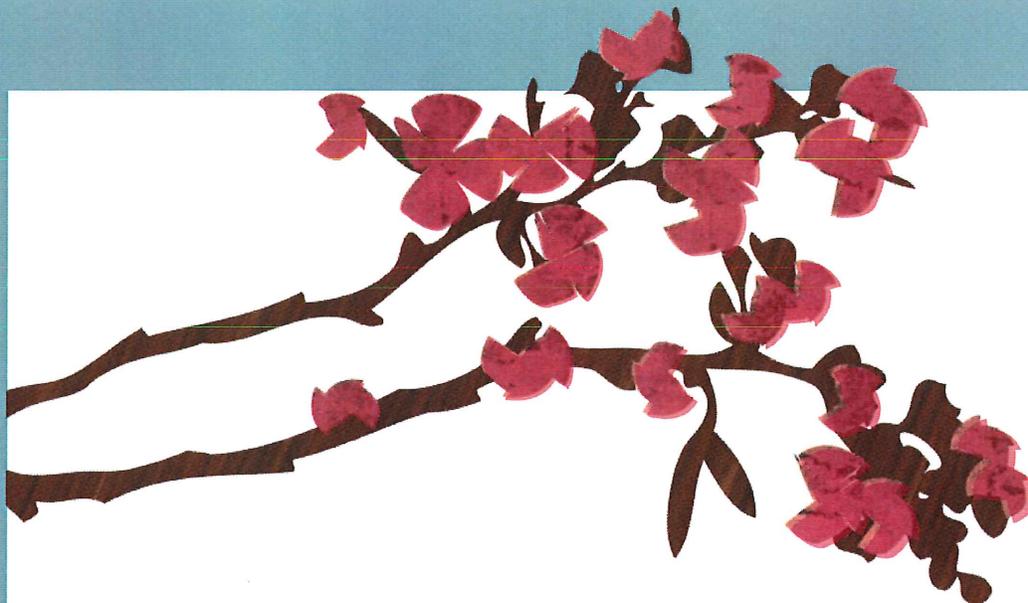
Scott Smyth-TAPP Coordi-

nator office # 541-573-8032

After School Tutor

Fred Pelroy-

Thank you parents for coming to Tu-Wa-Kii Nobi Steering meeting . We will be planning a fun field trip for good behavior. For kids that participate. And follow the rules.



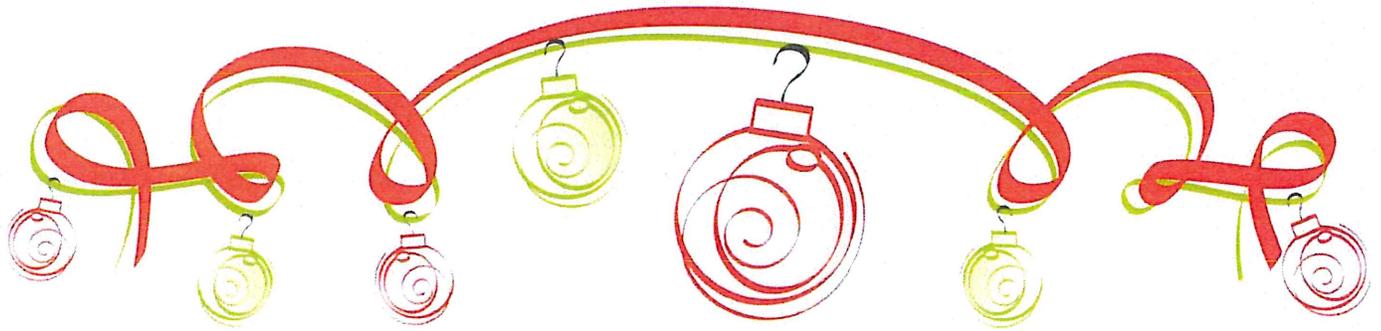
FROM THE ALCOHOL AND DRUG PROGRAM:

HAPPY THANKSGIVING!

A few tips for getting through the Thanksgiving Weekend with your sobriety intact:

- Make a list of all your triggers around holidays
- Make sure you have a story prepared as to why you are not drinking or using this year. (Blame the counselor, say your PO will catch you)
- If you have to be around people that are drinking and using, make sure your sober support system knows, stay in contact!
- Limit the time you are exposed to the substances
- Have a plan for leaving when you feel you need to go, find a ride before the event, take your own car
- Be responsible if you are driving

FOR MORE INFORMATION CONTACT: ISOBEL VAN TASSEL, B.S., CADC II @ 541-573-8003



Christmas Candy Making Day

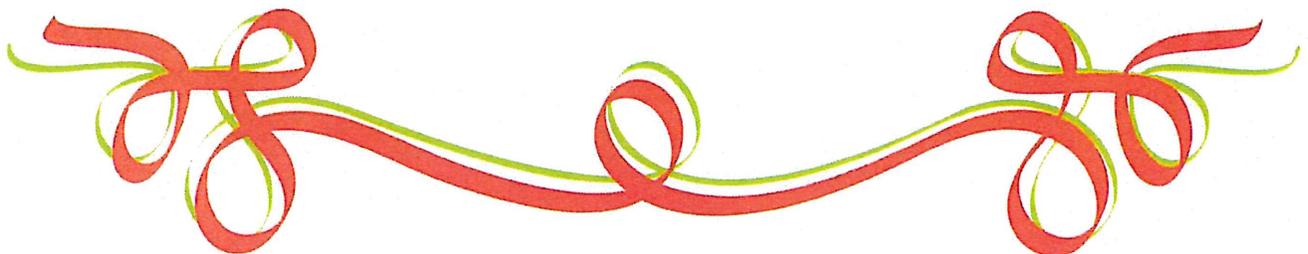
Friday, December 2nd
9:00 am to 1:00 pm
@ the Gathering Center

**Help come make goodies to
deliver to Tribal Elders!**

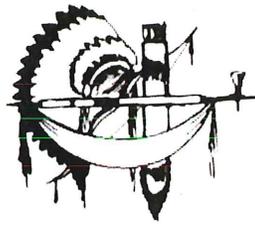
We will have several craft
tables and decorating the
Christmas Tree!



Everyone Welcome!



November 21, 2016



**HOUSING
AUTHORITY
MEETING**
Wednesday,
November 30, 2016
At 4:00 pm

Contact Info

Office No.
541.573.2327

Office Fax No.
541.573.2328

Jody Hill,
Executive Director
Cellular

541.589.2022

Brenda Sam,
Housing Assistant
Cellular
541.589.2647



**HOUSING
AUTHORITY
MEMBERS**

Chairperson,
JoEllen SkunkCap
Vice-Chair,
Elisha Caponetto
Secretary-Treasure,
Phyllis Miller
Members at Large
Andrew Beers
Vacant

The Housing Authority is seeking a tribal member to become part of the HA Board. If interested please submit a letter of interest to the TC.

**Colder
Temperatures**

With the weather changing to colder temperatures here are a few tips to help prevent freezing pipes this winter.

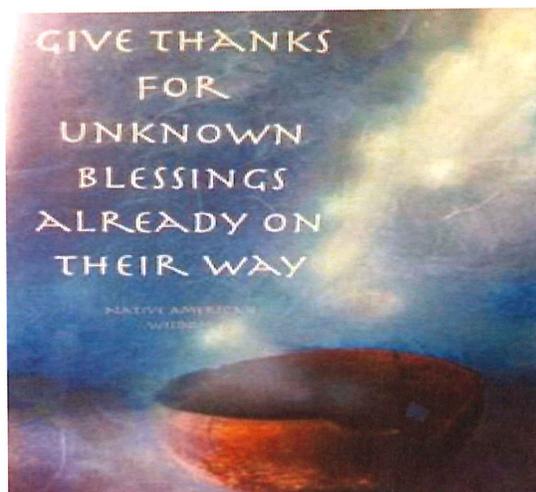
INTERIOR OF HOME

- ◆ Open kitchen and bathroom cabinet doors to allow warmer air to circulate around the plumbing. Be sure to move any harmful cleaners and household chemicals up out of the reach of children.
- ◆ When the weather is very cold outside let water drip from the faucet. Running water through the pipe (even at a trickle) helps prevent pipes from freezing.
- ◆ Keep the thermostat set to the same temperature both during the day and at night.

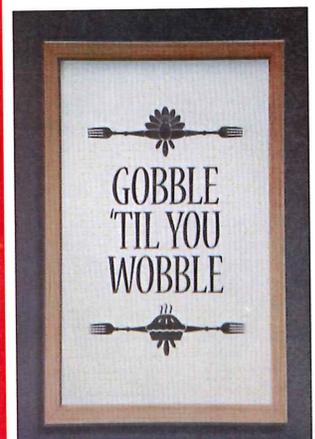
EXTERIOR OF HOME

- ◆ Remove, drain, and store hoses used outdoors.

BURNS PAIUTE HOUSING AUTHORITY
Housing News



The Housing Authority office will be closed on Thursday and Friday, November 24-25, 2016 In observation of the Thanksgiving Holiday



ASSEMBLY AGENDA
Monday, November 21
SLATER GYMNASIUM 9:00

Dance: Cupid shuffle

WELCOME-Mrs. Mosley
FLAG SALUTE- 3rd Grade
Native American Flag Song
RULES TO RAP-ALL
PLEDGE OF HANDS-Herauf/Bulldog

Native American Dance-Traditional
Kings Awards K-1
Kindergarten "What are you thankful for?"
1st Grade "What are you thankful for?"

*TURKEY
DRAWINGS
+6*

Native American Dance-Fancy
Kings Awards 2-3
2nd Grade "What are you thankful for?"
3rd Grade "What are you thankful for?"

Native American Dance-Jingle
Kings Awards 4-5
4th Grade "What are you thankful for?"
5th Grade "What are you thankful for?"

ENERGIZER: HAPPY

Native American Dance-Grass
Citizens-Mosley
Super students K-1
PE award
Super students 2-3
Music award
Super students 4-5
Custodian award
Positive youth award-Smyth

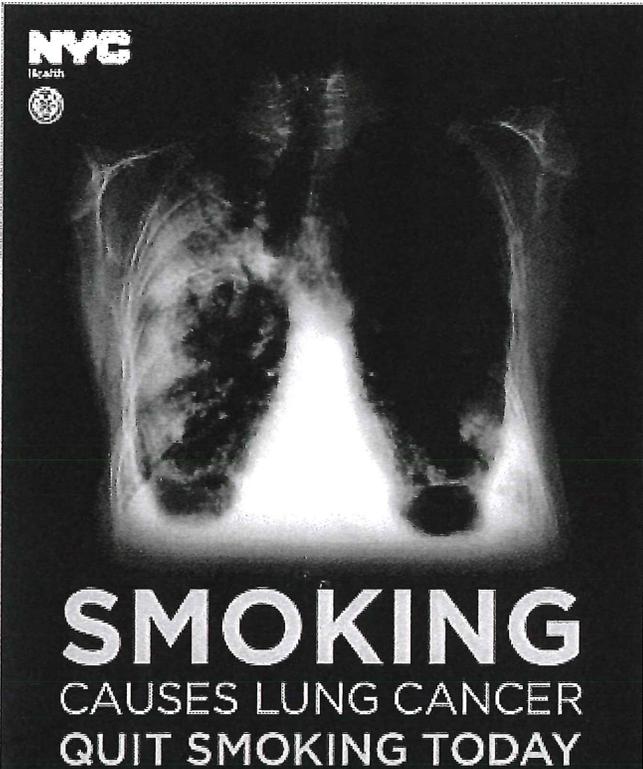
Native American Dance-Round Dance

REMEMBER:Do the right thing.....
Guess the Bulldog
SCHOOL SONG-Mrs. Johnson

Who Let The Dogs Out

NOVEMBER

LUNG CANCER AWARENESS



FOR MORE INFORMATION

PLEASE CONTACT

1-800-QUITNOW

OR

LANETTE HUMPHREY

541-573-8002

OR 541-589-1633

