

Burns, Oregon

May 30, 2016

COMMUNITY EVENTS:

May 30, 2016—All Tribal Offices are closed in observance of Memorial Day.

June 10, 2016—Elder's breakfast at 8:30 a.m. @ Gathering Center

The Walk & Run will be held on June 22, 2016 @ 5:00, we will have an evening event and we will have more details to come. Thanks

GENERAL COUNCIL MEETING

June 7, 2016

6:00 P.M.

At

GATHERING CENTER

Burns Paiute Tribe

100 Pasigo St

Burns, Or 97720

541-573-8016

TRIBAL COUNCIL CONTACT:

Charlotte Roderique
Chairperson

541-573-5007/589-4293

Burns Police Tribal Police

Chief Carmen Smith
541-413-1419

Officer Frank Rivera
541-413-0682

Social Services Michelle
Bradach—Director/ICWA
541-573-8043 /
541-589-0171

Teresa Cowing— Domestic
Violence / Assault 541-
573-8053 / 541-413-0216

Police After hours:

Call Burns Dispatch
541-573-6028



MENTAL HEALTH BINGO
MAY 31ST @ 5:30
THE GATHERING CENTER!
BBQ HOTDOGS AND PRIZES WILL BE PROVIDED!!!



Sponsored by: Burns Paiute Tribe Mental Health Program
Contact Jeremy Thomas at 541-573-8046 with any questions



Happy Birthday to Eric Hawley

June 3, 2016

Today is your day may the Lord bless you.

You are special in our hearts. Helping and Love, encouraging me and loved ones.

Love,

Tony, Betty Lane, Kanai and Jody and Family

Attention Tribal Members:

The Burns Paiute Tribal Council is seeking individuals for the board for the 501C.3 Burns Paiute Foundation. The articles of Incorporation for the foundation require that people represent certain sectors. The sectors are someone from the parent committee, an educator, a tribal council representative, someone from financial or banking and someone who is an elder. If you are interested please submit a letter to Tribal Council, please include how you are qualified in the sector you wish to represent. Thank you for your interest.

Executive Director, Boise, ID. Coordinate natural resource activities of Burns-Paiute, Shoshone-Paiute, and Shoshone Bannock Tribes. Knowledge of Columbia River Basin tribal cultures and inter-tribal, state, federal relationships required. Degree in biological sciences or natural resource management preferred. Minimum five years related management-level experience. Salary \$65,000-\$80,000. Generous benefits.

Details at: www.usrtf.org/employment-opportunities

Most people who are consumed by chronic negativity don't know it! Their negativity is their norm, their way of life and often their comfort zone. When we become aware, we can slowly start making the shift to be more positive. If our daily and hourly behaviors are to yell, complain, blame, roll our eyes, be annoyed and are generally grouchy, we might be impacted by chronic negativity. One instant way to turn things around is to focus on gratitude over and over again.

The ongoing culture events are sponsored by the GONA Grant and are open to the community and are meant to bring the community together to learn from each other. Also try to remember that our teachers are volunteers and do not get paid for their services and often bring their own supplies

So please if you plan on joining our events we are trying to keep things positive.

If you have a complaint please come see me or call and I would be glad to discuss it with you so we can make things better.

Thanks,

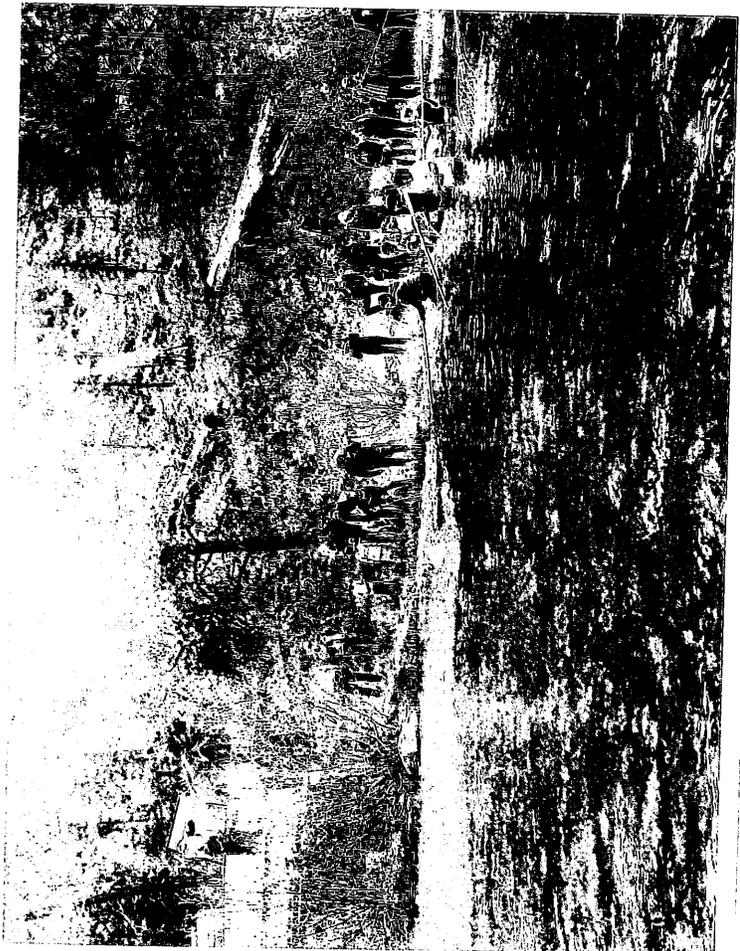
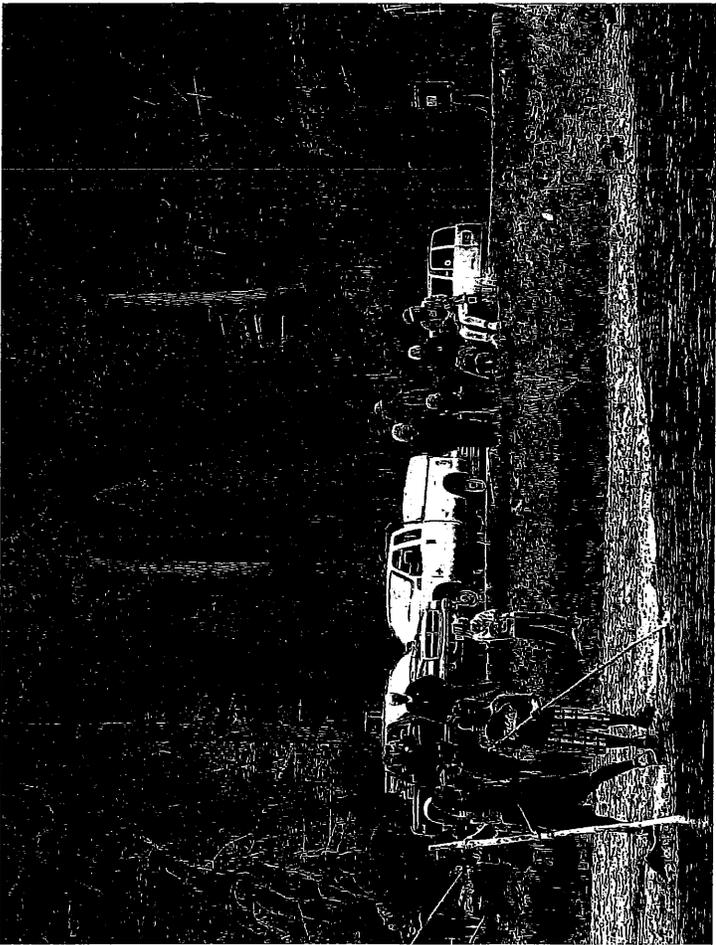
Lanette Humphrey

541-573-8002

RETURN OF THE SALMON TO MALHEUR RIVER AFTER 97 YEARS

May 25, 2016

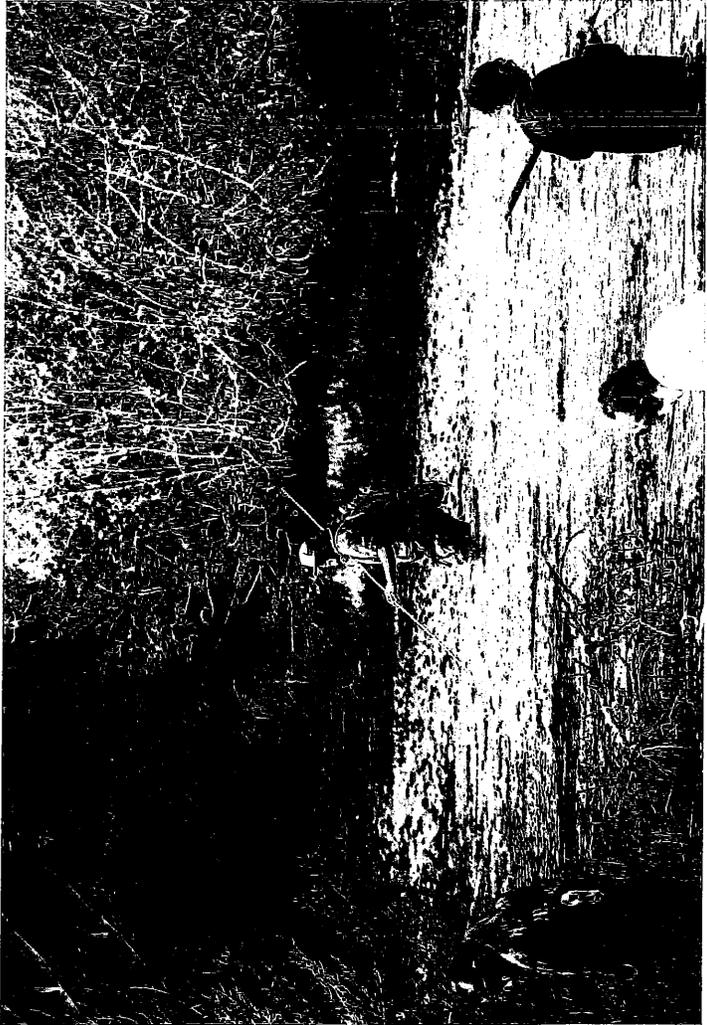
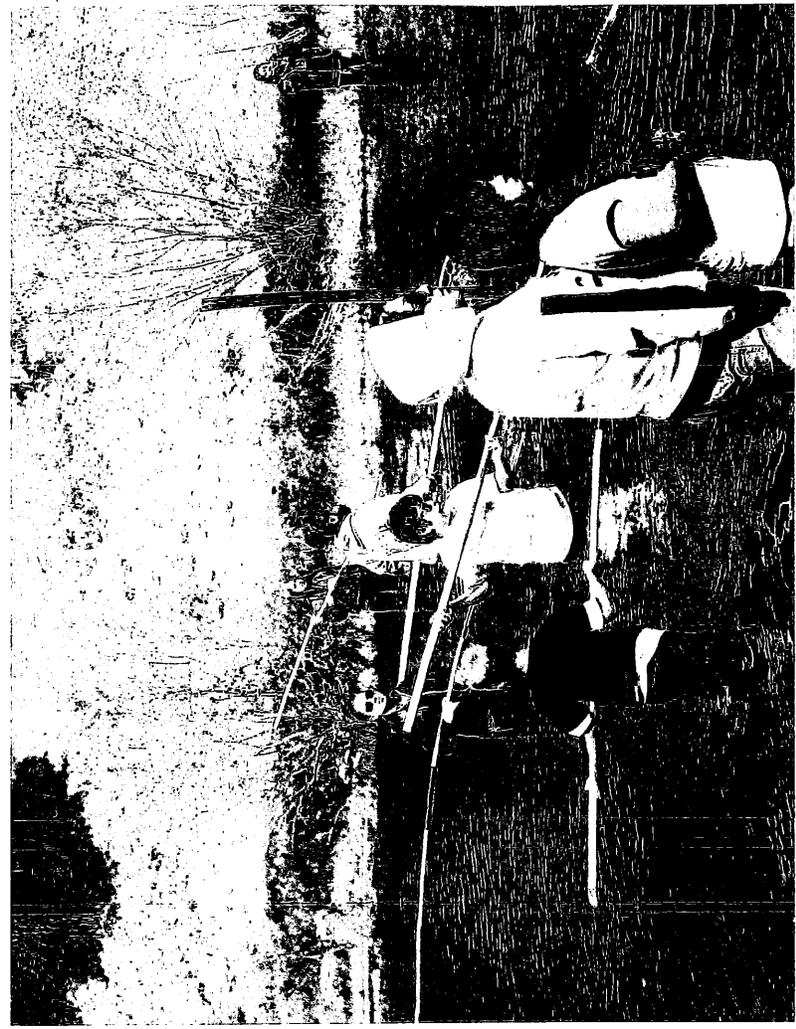


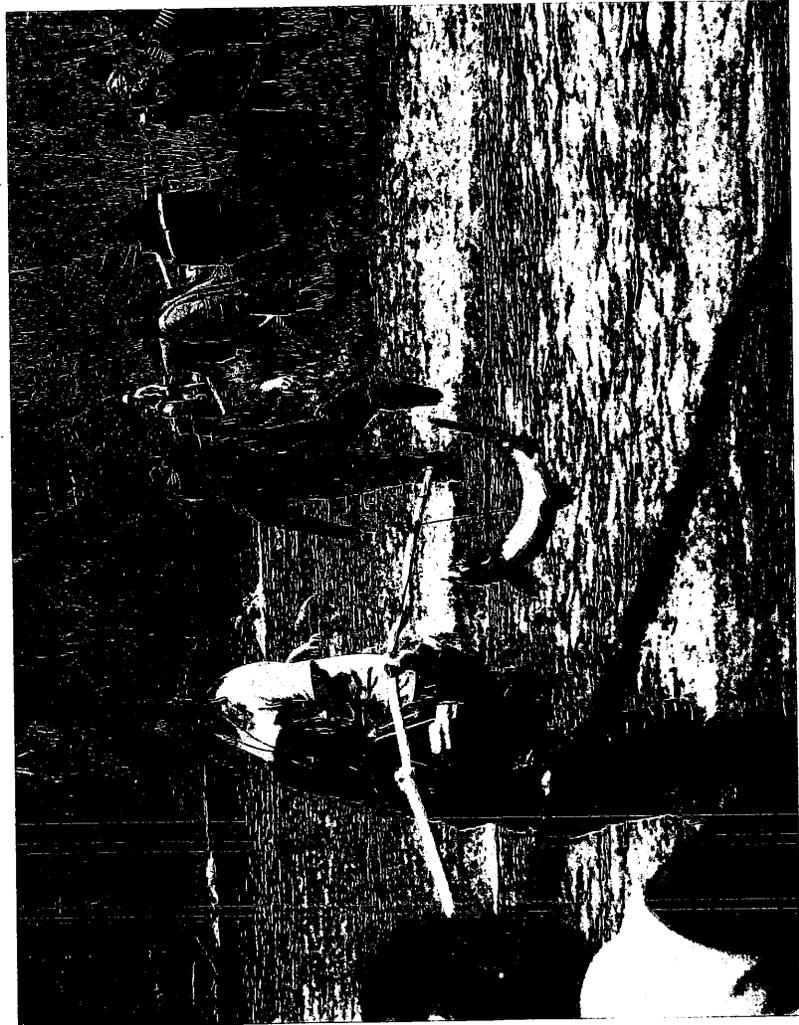
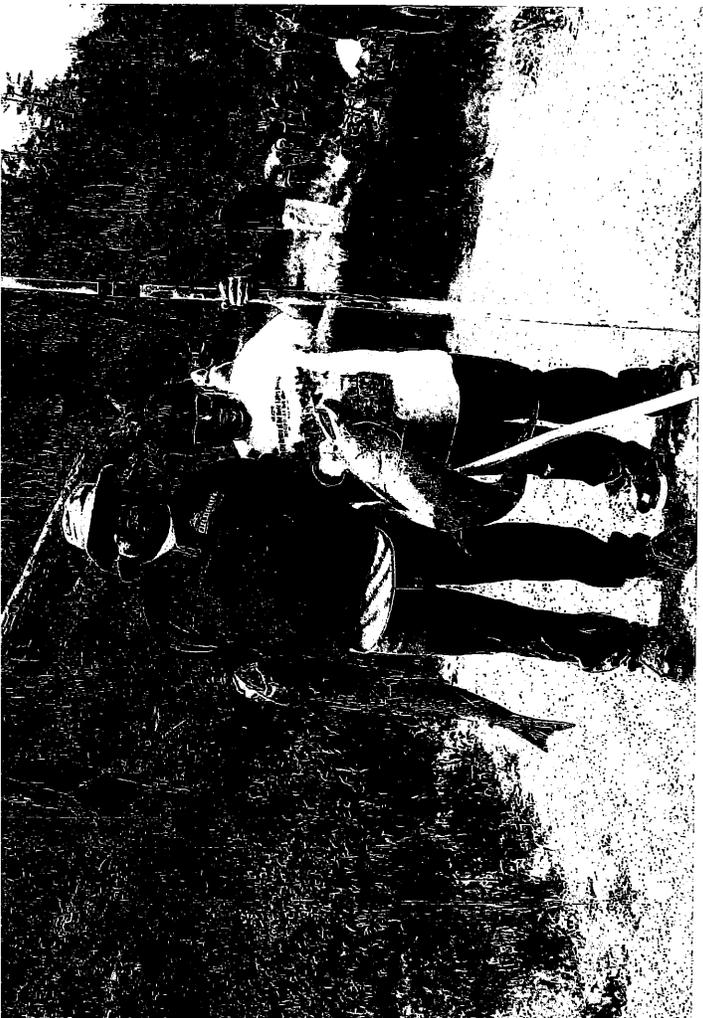
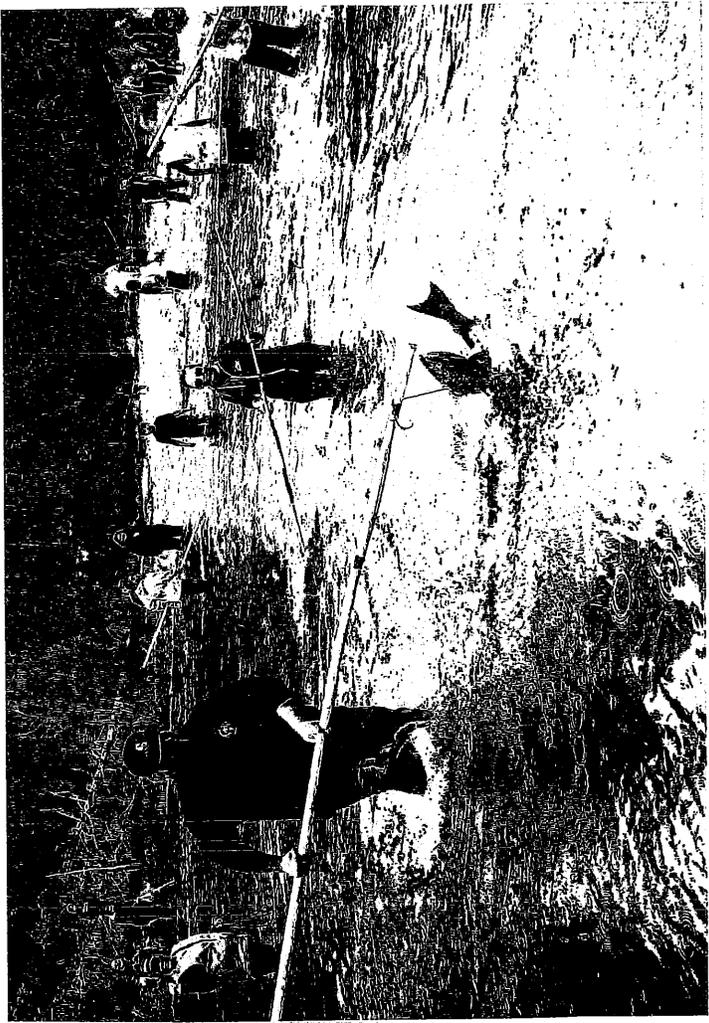


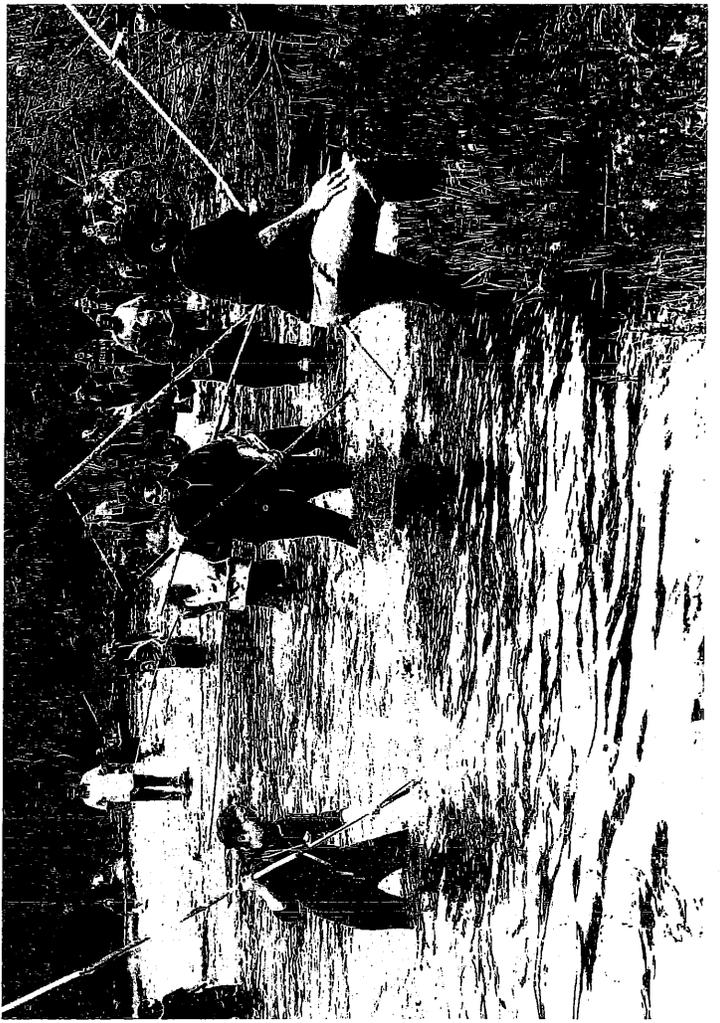
RETURN OF THE SALMON TO MALHEUR RIVER AFTER 97 YEARS

May 25, 2016









ATTENTION!

BURNS PAIUTE TRIBAL REGISTERED VOTERS!

The Election Board is in the process of getting ready
for the August 2016 Elections!

We are asking that you please update your address
if it has changed within the last 5 years.

There is a possibility that we will conducting
elections by mail this year.

CALL THE TRIBAL ADMINISTRATION OFFICE AT
541-573-2088, OR EMAIL BEVERLY BEERS AT
beverly.beers@burnspaiute-nsn.gov

Voter Registration List

Burns Paiute Tribe

1	Adams, Chester Dean	31	Hawley, Derek
2	Aspass, Joanne	32	Hawley, Eric
3	Barney, Ernest	33	Hawley, Paulette
4	Barney, Shayla	34	Hawley, Sara
5	Beers, Andrew	35	Holliday, Bucki
6	Beers, Beverly	36	Hoodie, DeWayne
7	Beers, Rena	37	Hoodie, Lyle
8	Caponetto, Elisha	38	Hoodie, Marica
9	Cook, Sean	39	Hoodie, Maureen
10	Cress, Tippy Teeman	40	Hoodie, Tyrone
11	Deboard, Anna	41	Jim, Michael
12	De La Rosa, Deborah	42	Johnson, David
13	De La Rosa, Devree	43	Johnson, Wanda
14	De La Rosa, Jose Jr.	44	Kennedy, Aaron
15	Dick, Cecil	45	Kennedy, Chandell
16	Dick, Dayna	46	Kennedy, Christopher
17	Dick, Kenton	47	Kennedy, Keith
18	Dick, Leland	48	Kennedy, Jarvis
19	Dick, Lindsey	49	Kennedy, Laura
20	Dick, Sonya	50	Kennedy, Roxanne
21	Garcia, Krystal	51	Kennedy, Nathan
22	Garcia, Shakina	52	Kennedy, Taylor
23	Garcia, Sheena	53	Kennedy, Tracy
24	Garcia, Stephen	54	Kennedy, Vernon
25	GhostDog, Sarah	55	Lewis, Randall
26	GhostDog, Thomas	56	Lewis, Ruth
27	Gonzalez, Vanessa	57	Lewis, Vincent
28	Hainline, Lee	58	Melvin, Cheryl
29	Hawley, Betty	59	Miller, Phyllis

30	Hawley, Betty Lou	60	Norris, Rhiannon
61	Peck, Myra	94	Teeman, Hattie
62	Proctor, Cynthia	95	Teeman, Justin
63	Proctor, Rebecca	96	Teeman, LeAnne
64	Richards, Dawnida	97	Teeman, Lonnie
65	Richards, Jody	98	Teeman, Martha
66	Richards, Shelley	99	Teeman, Nora
67	Richards, Todd	100	Teeman, Twila
68	Rodrique, Charlotte	101	Teton, Lanada
69	Sam, Avery	102	Teton, Maria
70	Sam, Brenda	103	Todd, Elisa
71	Sam, Brett	104	Townsend, Fredrick
72	Sam, Clifford	105	Underwood, Caroline
73	Sam, Desiree	106	Zacarias, Adelita
74	Sam, Donna	107	Zacarias, Bernardo
75	Sam, Garrett	108	Zacarias, Christina
76	Sam, Jane	109	Zacarias, Darlene
77	Sam, Mariah	110	Zacarias, Derek
78	Sam, Selena	111	Zacarias, Dorene
79	Samor, Lucas	112	Zacarias, Florentino
80	Serna, Karen	113	Zacarias, Latoya
81	SkunkCap, JoEllen	114	Zacarias, Isac
82	Smartt, Angela	115	Zacarias, Marcus
83	Snapp, Rachel	116	Zacarias, Manuel
84	Snapp, Yolonda	117	Zacarias, Margarita
85	Soucie, Charisse	118	Zacarias, Nastassia
86	Soucie, Kristeny		
87	Soucie, Timothy		
88	Teeman, Bernadette		
89	Teeman, Bridget		
90	Teeman, Carla		
91	Teeman, David		

92 Teeman, Diane

93 Teeman, Ernest

**JOB DESCRIPTION
FINANCE DIRECTOR**

LOCATION: Burns Paiute Reservation

SALARY: \$60,000.00/DOE
Benefits available

OPEN: May 10, 2016

CLOSING: Open Until Filled

Summary Description:

Under general direction of the General Manager, oversees all operations in connection with financial matters, including accounts receivable and payable, payroll, and auditing; trains and supervises department on systems of accounting for federal and state funded programs, policies, and procedures for transacting financial matters; ensures that the financial system is accurate, efficient, and in accordance with professional accounting practices and governmental regulations. Have knowledge of grants and contracts and direct oversight. Assist a team in selecting the medical/dental employee plan. This position requires knowledge of GASB accounting principles; a thorough understanding of deferred revenues and the ability to communicate professionally respectful and the tools needed to get along with many different types of personalities. This position requires sharing necessary information with program managers and Tribal Council. The position is fast paced and requires self-motivated people who can multi-task.

Duties:

Develops and implements the Accounting Department's goals, projects, policies, procedures, methods, directs the general accounting activities including maintenance of general ledgers, insurance contracts, fixed asset control; prepares and presents financial reports to the Tribal Council and program directors, review of payroll records; cash management of the Tribe's accounts, prepares monthly and timely financial reports to State and Federal funding agencies; reviews and maintain internal audit control system.

Provides in depth data, reports and other information to assist in the preparation of the annual audit; forecast revenues, expenditures, and year-end balances.

Prepares and revises the fiscal operating procedure manual; provide budget assistance and information to program directors and Tribal Council; Prepares presents and negotiates the annual indirect cost proposal agreement with the necessary federal agencies; supervises daily accounting operations; supervises and evaluates accounting staff.

Qualifications:

1. Bachelor's degree in accounting/business preferred
2. Accounting Manager with experience in fund accounting and reporting.
3. Four (4) years progressively responsible experience in accounting, with at least three (3) years of management experience.
4. Must possess a valid Oregon Motor Vehicle operator's license.
5. Working knowledge of accounting software.

Other Requirements:

- Must submit to and pass a drug test.
- Must permit a criminal background check.

Possess knowledge and understanding of P. L. 93-638 contracts, including State and other Federal grants. Knowledge of Fund accounting would be an asset.

Indian Preference:

Indian Preference will be given to candidate showing proof of enrollment in a Federally Recognized tribe. In the absence of qualified Indian applicant, all qualified applicants not entitled to or who fail to claim Indian Preference, will receive consideration without regards to Race, Color, Creed, Sex, Politics, Age, Religion or National Origin.

How to Apply:

Mail Application and resume' with three (3) business references to:

Burns Paiute Tribe
Human Resource Director
100 Pasigo St.
Burns, OR 97720
Phone: (541) 573-8013
Fax: (541) 573-2323

Community Health Nurse - Full Time

Number of Positions: 1
Location: Burns, Oregon – Burns Paiute Reservation
Open: April 4, 2016
Closes: Open until filled
Starting Date: To be determined
Supervisor: Health Services Director
Salary: DOE

Position Summary: Under the supervision of the Health Services Director, the Community Health Nurse is an integral part of the Burns Paiute Tribe health program with primary emphasis in providing direct health care, prevention education, and maintaining quality health standards for the tribal community.

Duties and Responsibilities:

1. Assess patient care using reasoning and decision making skills. Communicate clearly with patients and other health care professionals using spoken and/or written words
2. Provide nursing care through home visits or at the health center on a daily basis
3. Promote health education/prevention by presenting to individuals or groups
4. Coordinates patient care with other health professionals
5. Analyze, interpret, and initiate patient medical data on the patient care component encounter form
6. Provide follow up on patient treatment, recovery, and doctors orders
7. Coordinate activities relating to the weekly tribal health clinic
8. Assists the medical provider during clinic times
9. Maintains the tribal immunization program
10. Operates the Resource Patient Management System (RPMS) to enter patient data
11. Prepares program reports and program documentation as needed or requested
12. Ability and the knowledge of the importance of maintaining **strict confidentiality of all records and information pertinent to the nature of the work.**
13. Must maintain strict confidentiality of medical information and adhere to HIPAA and Privacy Act requirements.
14. Knowledge of community and public service providers
15. Works irregular hours when needed
16. Able to lift and bend when caring for patients in the office or on a home visit.
17. Willing to be trained as a SANE (Sexual Assault Nurse Examiner)
18. **Perform other duties as assigned**

Required Qualifications:

- Must be a registered nurse with the State of Oregon and have an active, unrestricted license at the time of hire.
- Prefer a minimum of Bachelor of Science Nursing (BSN) degree
- Minimum of one year of hospital experience or equivalent
- One year of generalized community health nurse experience or equivalent
- Must possess a valid Oregon Driver's License
- Have basic computer skills

Desired Qualifications:

- Knowledge of principles, concepts, theories, and techniques of public/community health nursing and teaching and learning
- Ability to identify, assess, analyze, and evaluate medical data and information utilizing standard nursing principles
- Ability to independently plan, coordinate, and manage work
- Experience and ability to work well with diverse groups of people from varying age groups and socioeconomic backgrounds, sometimes in stressful situations, in a manner that displays professionalism, tact, diplomacy, and good judgment.

Successful Candidate must:

- ◆ Submit to and pass a urinalysis drug test.
- ◆ Agree to a criminal background check.
- ◆ Sign Confidentiality Clause.

Please submit application along with resumes to along with verification of Licensure:

Burns Paiute Tribe, Human Resource Department
100 Pasigo St.
Burns, OR 97720
541-573-8013

BURNS PAIUTE TRIBE

Job Announcement

Job Title: Tribal Research Technicians (3)
Department: Culture & Heritage
Reports to: Culture & Heritage Director
FLSA Status: On-call/Seasonal
Opens: April 26th, 2016
Closes: Open until filled
Salary: Commensurate to G 4/5/7 DOE

This Candidate must pass a pre-employment drug screen and Criminal and Character Background Check.

SUMMARY OF MAJOR FUNCTION

Assists in anthropological field work, literature searches, and subsequent report writing related to assigned project areas and topics. Uses knowledge and experience gained in the workplace of cultural anthropological methods, and applies that knowledge and training in every day work assignments. Works closely with the Project Lead to effectively complete assigned tasks. Assists in the performance of documenting office, home, and in-field interviews related to research subject locations. Assists the project lead in collaborating with Burns Paiute tribal community members to document oral history and tradition, as well as further document important historical to present day tribal practices.

DUTIES AND RESPONSIBILITIES

1. Assists with interviews of tribal community members related to their knowledge and understanding of specific project areas and locations.
2. Maintain strict confidentiality in regard to information gathered during research projects, cultural site locations, etc.
3. Assists in maintaining a systematic process for obtaining data related to specific project areas and locations.
4. Works efficiently to assist the Project Lead in gathering, synthesizing, interpreting, and reporting research related findings in a written format.
5. Carries out specific assigned work tasks that support the overall research objectives.
6. Assists in the coordination of interviews, field trips, and project meeting schedules as assigned by the Project Lead.
7. Provides regular progress updates of assigned tasks to the project lead.
8. Assist in preparing updates of project activities to present to the Cultural Advisory Committee, and the Tribal Council as requested.
9. As needed, performs general office support to others in the Culture & Heritage Department including such tasks as letter writing, mailings, processing meeting minutes, correspondence to Culture & Heritage Project participants, etc.
10. Other duties as assigned.

The above statements reflect the general duties considered necessary to describe the principal functions of the job as identified and shall not be considered as a detailed description of all the work requirements that may be inherent in the job. Other duties may be assigned.

MINIMUM QUALIFICATIONS

- A. High school diploma or GED required (or will obtain diploma/GED within 3 months of employment).
- B. Ability to work effectively with tribal community members (demonstrated experience preferred).
- C. Possess a working understanding of Indigenous Great Basin cultures, and the ability to assist in the incorporation of those cultural norms into research methods and practice.
- D. High energy individual with the ability to provide assistance and support to collaborative anthropological research projects working on assigned tasks with minimal supervision.
- E. Introductory knowledge of the Microsoft Office Suite programs (GIS experience also a plus).
- F. Experience with or ability to quickly learn effective use of digital recorders, digital cameras, etc.).
- G. Ability to communicate effectively, both orally and in writing.
- H. Ability to assist the Project Lead in best practices for collaborative research in the Burns Paiute Tribal Community.
- I. Ability to learn quickly and employ all aspects of cultural anthropological inquiry pertinent to assigned research projects including manipulating digital media, transcription, and research report writing.
- J. Valid Oregon Driver's License required (or will obtain within 30-days of employment).

INDIAN PREFERENCE

Indian preference will be given to candidates showing proof of enrollment in a federally recognized tribe. In the absence of qualified Indian applicants, all applicants not entitled to or who fail to claim Indian preference, will receive consideration without regards to race, color, sex, politics, age, religion, or national origin.

HOW TO APPLY: Applications are available on our website: Burns Paiute Tribe or picked up at 100 Pasigo Street, Burns, OR 97720 Monday - Friday 8-5pm.

Return completed Burns Paiute Indian Tribe Application Curriculum vitae or Resume, college transcripts (if applicable), and a research paper writing sample (4 page minimum) to:

Human Resources Director
100 Pasigo Street
Burns, OR 97720

Telephone: 541-573-8013
Fax: 541-573-2323
Kerry.opie@burnspaiute-nsn.gov

Saturday May 21, 2016



Burns Paiute Powwow Club Dancers at

2016 Central Oregon Salmon Bake Performance

Thank you to our parents, families, chaperones and community for making our trip possible. Our dancers represented our community well. They shared who they were and why dancing is important to them as young people.

Thank you to Warm Springs Quartz Creek Singers who sang and drummed for our club. Mackey Begay, Austin Green and others.

Our dancers were: Aaliyah Landers, Victoria Purcella, Michael Purcella Soraya Johnson, Dillin Holtby, Avionna Barney-Landers, Robin Holtby and Laevona Purcella. Good job dancing, and we proud of you!

Thank you Twila Teeman, Deangela Dobson, Ben Holtby, Bruce Sam, being our Chaperones.

Walk/Run

Walk/Run for Wellness!!

June 22, 2016 @ 5:00 p.m.

Walk will start at Tribal housing and circle
around lower loop.

Social Services will host a BBQ. Prizes will be given for winners, come join us and take a walk or run and get well.

Sponsored by Burns Paiute Social Ser-



BENEFIT DINNER

AND DANCE IS BEING HELD FOR

DEWAYNE HOODIE

HE IS IN NEED OF A KIDNEY TRANSPLANT!

WE WILL BE HAVING A INDIAN TACO FEED,

SILENT AUCTION, AND A GUN RAFFLE

@ THE ELKS ON JUNE 4TH, 2016

DINNER STARTS @ 4PM -8PM THEN OUR OWN

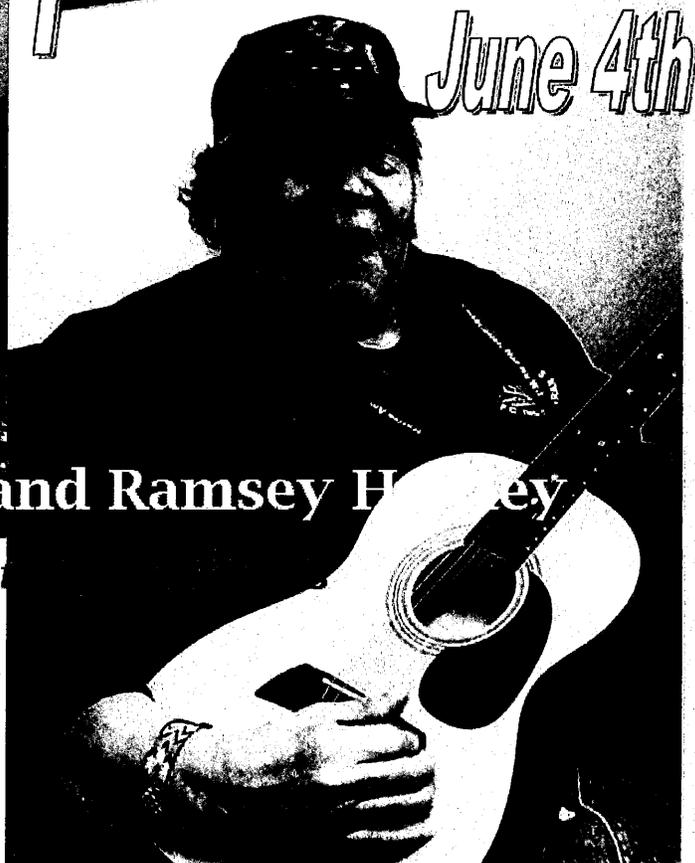
DOBSON TRIBE DJ TONY WILL TAKE OVER

PLEASE JOIN US!



Summer Night of Music

June 4th



with Vernon Kennedy and Ramsey Honey

Burns Paiu

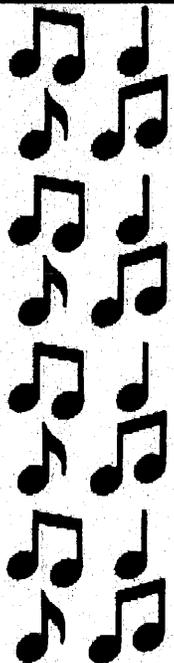
6pm to 8pm

Wilshire Methodist Church
3917 NE Shaver
Portland, OR 97212

Come and enjoy Good Ol' Music Country/Western/Gospel/
Classic Rock and Roll.

\$3-\$5 suggested donation at the door, no one will be turned
away. Proceeds toward venue rental.

For information: Coordinator Katherine Quartz 503-953-5363



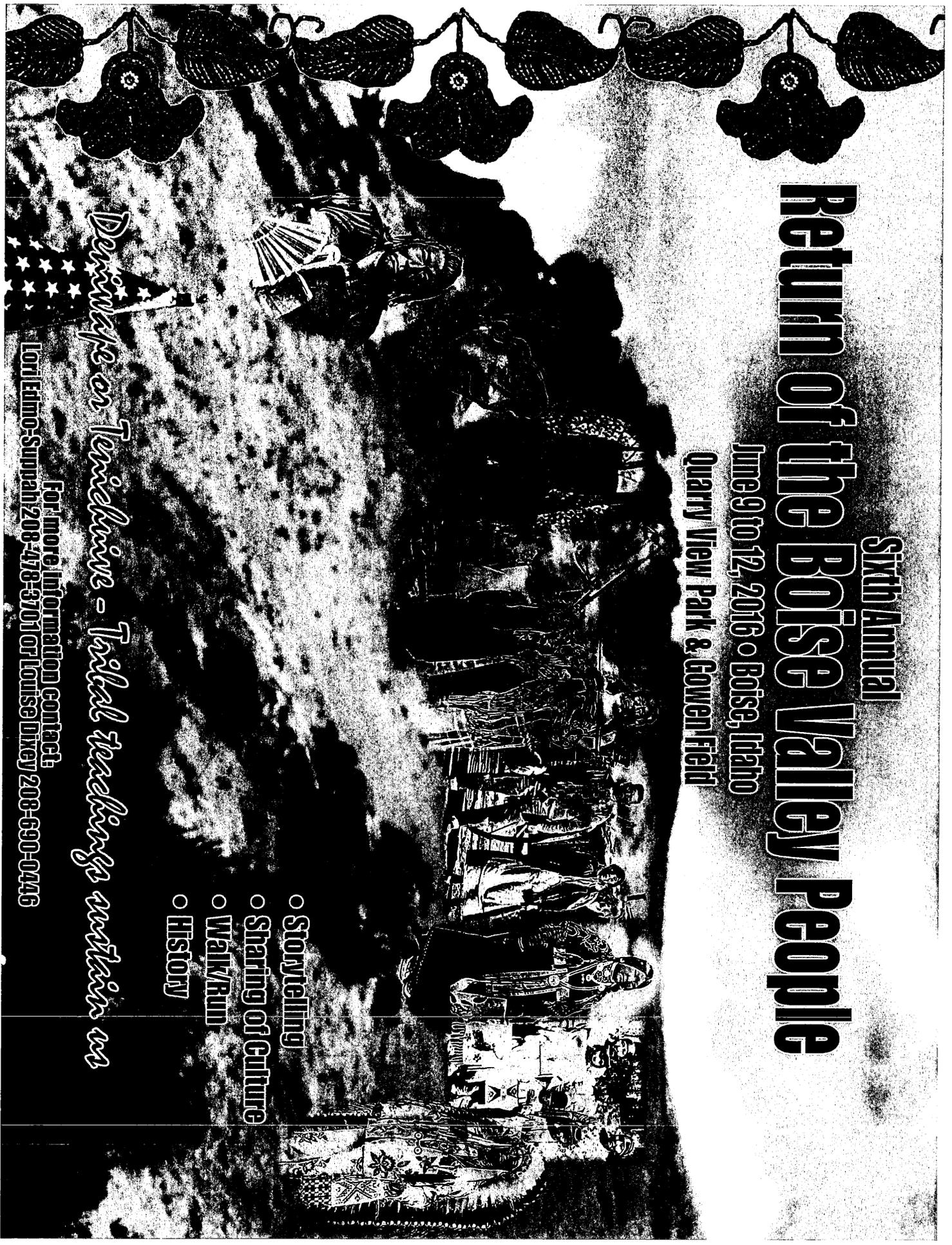
Sixth Annual Return of the Boise Valley People

June 9 to 12, 2016 • Boise, Idaho
Quarry View Park & Gowen Field

- Storytelling
- Sharing of Culture
- Walk/Run
- History

Deming's on Terrell's - Tribal traditions within us

For more information contact:
Lori Edmo-Suppah 208-478-3701 or Louise Dixey 208-690-0446



May

Small text below the month name, possibly a logo or date indicator.

Reminder to Middle School kids there is tutoring at the high school after school. Call Rhonda or Marissa if you need a ride..

Dates to remember:

- June 3rd is High School Graduation.
- June 8th Middle School Graduation
- June 9th Last day of School. Early release.
- June 9th 5:30 Honoring our Graduates Celebration @ Gathering Center.
- June 10th-Bike Rodeo

Tu-Wa-Kii-Nobi Staff
 Main # 541-573-1573
 After School Program-
 Elise Adams—Youth Services Coordinator
 541-573-1572-
 Youth Services Coordinator Assistant
 Rhonda Holtby- Parent/Educ. Coordinator
 541-413-0448
 Fred Pelroy- Tutor 541-589-2933
 Marissa/ Spencer Jones-Tutors
 (775)770-4539

Monday May 30th

All Offices are Closed in Observance of Memorial Day!

Tuesday May 31st

- 4:00-4:30- Snack-Tutor/Reading for 20 Min.
- 4:30-5:00-Birthday Celebration for May -
- free time-Clean up and take kids home.
- 5:15-Parent Committee @ tribal court

Wednesday June 1st

- 4:00-4:30-Snack-Tutor/Reading for 20 Min.
- 4:30-5:00-Freetime-Clean up and take kids home.
- 5:30-General Council

Thursday June 2nd

Our Tu-Wa-Kii Nobi Singers have been asked to open up the 9-Tribes quarterly meeting at the gathering center. Please wear your Wing Dress. Thank you in advance. Call me if you need assistance.

- 4:00-4:30- Snack- Tutor/Reading for 20 Min.
- 4:30-5:00—drawing from our bucket for kids showing good behavior. Surprise from Teresa and Selena W/DV program.

Friday June 3rd

- 10:00-10:30-Free Time
- 10:30-11:30-Ms. Lisa- Reading/Craft
- 1:00-2:00-Prevention Hour
- 2:00-3:00-Brain Storm with Kids on what we would like to do for the summer.
- 3:00-4:00- Free Time and take kids home.

We thank GONA (Gathering Of Native American) for giving this opportunity to come together with others that want to learn and enjoy each others company .

A Big Thank You to Charlotte and Wanda; Sara Barton for stepping up to share your knowledge for making a Traditional Paiute Wing Dress.

WE would like to express with great gratitude to the our F&W; Natural Resources department for the Salmon Release that happened March 25th. It was a great Historical event witnessed by Youth and Elders of the tribe and community members.

Any Questions Call Tu-Wa-Kii-Nobi (541)-573-1573



**With Honor & Gratitude
 We Remember**

Housing News

May 31, 2016

BURNS PAIUTE HOUSING AUTHORITY

HOUSING AUTHORITY MEMBERS

Chairperson,

JoEllen SkunkCap

Vice-Chair,

Elisha Caponetto

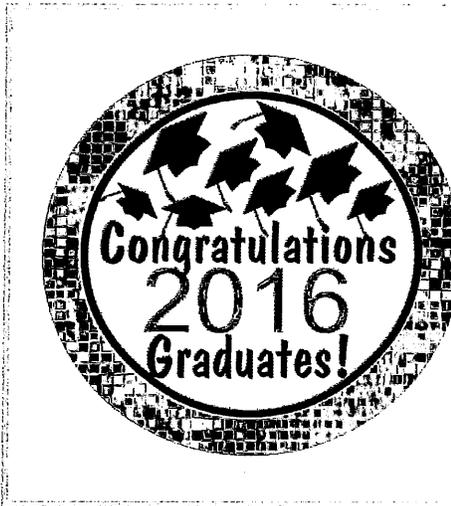
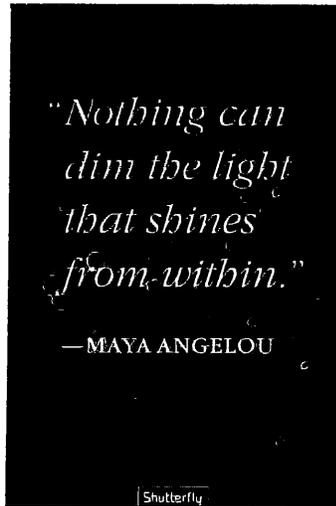
*Secretary-
Treasure,*

Phyllis Miller

Members at Large

Andrew Beers

Vacant



Contact Info

Office No.

541.573.2327

Office Fax No.

541.573.2328

Jody Hill,

Executive Director

Cellular

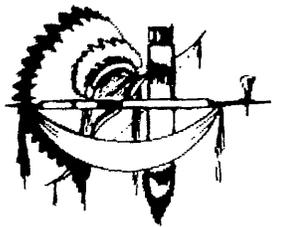
541.589.2022

Brenda Sam,

Housing Assistant

Cellular

541.589.2647



Housing Authority Meeting

June 1, 2016

11:00 am

Housing Office

TREE TRIMMING

We are currently working on trimming the trees on the reservation. Once we get the cost finalized as well as working with another program on available funding source. We will be speaking with the homeowners regarding the process. We will be starting on the lower half of the reservation. The trees we will be focusing on first are those that may cause a safety issue i.e. near the roads, power lines.

In order to get the most trees trimmed the homeowner will be responsible for removing the limbs from the property.

This project will start on June 6, 2016, beginning with those homes who have trees that are in the power lines. House numbers #12, #13, #14 and #15 Radar Lane.

WAITING LIST—As of April 6, 2016

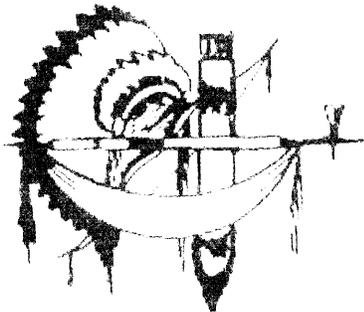
APPLICANT	DATE COMPLETE	ADULTS	CHILDREN	
Taylor Kennedy	July 29, 2015	1 adult	0 child/ren	Complete
Desiree Sam	January 25, 2016	2 adults	2 child/ren	Complete
Donna Teeman	February 26, 2016	2 adults	1 child/ren	Complete

The Housing Office will be closed on Monday, May 30, 2016 in observation of Memorial Day

Per the Burns Paiute Housing Policy, "Applicants placed on the waiting list are required to respond to any update requests as a condition of remaining on the list and as a condition of admission." Request updates are mailed to the applicants last known address. The applicant is also responsible for informing the Housing Program if there are any changes in contact information, family composition and income change (increase/decrease).

Annual Honoring Our Graduates Celebration

*June 9, 2016 @ 5:30 pm
At the Gathering Center
Cake and Ice Cream*



Come and honor our youth on their educational accomplishments. Whether it's graduating or receiving an award from college, high school, middle school or pre-school. Let's show our youth that we support them in their education and extracurricular activities.

Why Does A Man Hurt A Women?

A man may offer many excuses for hurting a women-that he was drunk, that he lost control, or that she' deserved it'. But a man chooses to use violence because it is a way he can get what he needs or what he feels is rightfully his as a man.

When a man does not feel that he has power over his own life, he may use violence to try and control another person's life. It is natural for someone to want to control his or her own life in normal ways, but it is wrong to try and control someone else's life especially with violence. Here are some of the reasons some men hurt women:

1. Violence Works.

- It offers the man a quick end to a disagreement without having to talk about the real problem or find a real solution.***
- A man may find the fight exciting, and have lots of energy afterward. He may want to have these feelings again.***
- If a man uses violence, he 'wins' and gets his way. The victim is likely to give him his way again the next time to avoid being hurt. This gives the man even more power.***

2. The man has a wrong idea about what it means to be a man.

- If a man believes that to be man, he must control what a woman does, he may feel it is OK to hurt her.***
- Some men think that they have a 'right' to certain things-to a 'good' wife, to sons, to making all the decisions in the family-just because they are men.***

3. The man feels that the women belongs to him, or that he needs her.

- If the women is 'strong' the man may feel afraid that he will lose her, or that she does not need him. He will take steps to make her more dependent on him.***

4. He does not know any other way to be.

- If a man has seen his father or other people in his life react with violence when life is difficult and stressful, then he may have never learned any other way to behave.***

DV/SA Contact 541-413-0216

Last Day of School is June 9th, 2016

Monday May 2, 2016

Reminder to Parents,

School is winding down and our students have six weeks of school left (24 days of school days). It is time to start checking on your child's grades and progress. If you don't know or have forgotten how to use the FamilyLink, please let us (Rhonda or Marissa) know and we can get you on the school site to check for your student's missing work and up-to-date grades. The success of a child greatly increases when a parent is involved and engaged in the child's education.

Marissa and Spence are still offering tutoring at Burns High School on Tuesdays and Wednesdays starting at 3:30pm for HMS and BHS students. We have snacks and will provide transportation if needed.

Educational Tips for Parents:

- Provide your child with a quiet place to study that's free from distractions.
- Stay up-to-date on your child's progress in school.
- Provide a calendar for your child to keep track of assignments, projects and other school demands.
- Display this calendar in a visible spot, such as the kitchen or family room.
- Make sure that your child has the supplies he/she needs to finish their assignments.
- If your child is struggling with a homework assignment, offer suggestions and advice, but not complete the assignment for them.
- Be patient with your child when he/she does not understand an assignment, and keep your emotions in check.
- Contact your child's teacher if he/she is struggling with a particular subject.
- If necessary, find a tutor for your child, or enlist him/her in an after-school tutoring program.

>> Hines Middle School offers after-school tutoring and at Burns High School tutoring at 3:30pm

Wednesday & Thursday. <<

- Encourage your child to read every day.
- Encourage your child to do his homework when he's/she's the most alert (such as in the afternoon or early evening).
- Do Not over-schedule your child with so many extra-curricular activities that he/she cannot keep up with his/her assignments.
- Talk with your child everyday about his/her school experience.
- Offer your child positive encouragement and will acknowledge his /her efforts.

Please contact Rhonda Holtby *Burns Paiute Education Parent Coordinator* at (541)413-0448 or Marissa Jones *Harney County School District #3 Families in Transition Liaison* at (775)770-4539 for any questions.



How to Dispose of Unused Medicines

Is your medicine cabinet full of expired drugs or medications you no longer use? How should you dispose of them?

Many community-based drug “take-back” programs offer the best option. Otherwise, almost all medicines can be thrown in the household trash, but consumers should take the precautions described below.

A small number of medicines may be especially harmful if taken by someone other than the person for whom the medicine was prescribed. Many of these medicines have specific disposal instructions on their labeling or patient information leaflet to immediately flush them down the sink or toilet when they are no longer needed. For a list of medicines recommended for disposal by flushing, go to www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/EnsuringSafeUseofMedicine/SafeDisposalofMedicines/ucm186187.htm.

Drug Disposal Guidelines and Locations

The following guidelines were developed to encourage the proper disposal of medicines and help reduce harm from accidental exposure or intentional misuse after they are no longer needed:

- Follow any specific disposal instructions on the prescription drug labeling or patient information that accompanies the



medicine. Do not flush medicines down the sink or toilet unless this information specifically instructs you to do so.

- Take advantage of programs that allow the public to take unused drugs to a central location for

proper disposal. Call your local law enforcement agencies to see if they sponsor medicine take-back programs in your community. Contact your city's or county government's household trash and recycling service to learn about



medication disposal options and guidelines for your area.

- Transfer unused medicines to collectors registered with the Drug Enforcement Administration (DEA). Authorized sites may be retail, hospital or clinic pharmacies, and law enforcement locations. Some offer mail-back programs or collection receptacles ("drop-boxes"). Visit the DEA's website (www.dea diversion.usdoj.gov/drug_disposal/index.html) or call 1-800-882-9539 for more information and to find an authorized collector in your community (www.dea diversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1).

If no disposal instructions are given on the prescription drug labeling and no take-back program is available in your area, throw the drugs in the household trash following these steps:

1. Remove them from their original containers and mix them with an undesirable substance, such as used coffee grounds, dirt or kitty litter (this makes the drug less appealing to children and pets, and unrecognizable to people who may intentionally go through the trash seeking drugs).
2. Place the mixture in a sealable bag, empty can or other container to prevent the drug from leaking or breaking out of a garbage bag.

FDA's Ilisa Bernstein, Pharm.D., J.D., offers a few more tips:

- Scratch out all identifying information on the prescription label to make it unreadable. This will help protect your identity and the privacy of your personal health information.
- Do not give your medicine to friends. Doctors prescribe medicines based on your specific symptoms and medical history. Something that works for you could be dangerous for someone else.

- When in doubt about proper disposal, ask your pharmacist.

Bernstein says the same disposal methods for prescription drugs could apply to over-the-counter drugs as well.

Why the Precautions?

Some prescription drugs such as powerful narcotic pain relievers and other controlled substances carry instructions for flushing to reduce the danger of unintentional use or overdose and illegal abuse.

For example, the fentanyl patch, an adhesive patch that delivers a potent pain medicine through the skin, comes with instructions to flush used or leftover patches. Too much fentanyl can cause severe breathing problems and lead to death in babies, children, pets and even adults, especially those who have not been prescribed the medicine.

"Even after a patch is used, a lot of the medicine remains in the patch," says Jim Hunter, R.Ph., M.P.H., an FDA pharmacist. "So you wouldn't want to throw something in the trash that contains a powerful and potentially dangerous narcotic that could harm others."

Environmental Concerns

Some people are questioning the practice of flushing certain medicines because of concerns about trace levels of drug residues found in surface water, such as rivers and lakes, and in some community drinking water supplies.

"The main way drug residues enter water systems is by people taking medicines and then naturally passing them through their bodies," says Raanan Bloom, Ph.D., an environmental assessment expert at FDA. "Many drugs are not completely absorbed or metabolized by the body and can enter the environment after passing through wastewater treatment plants."

"While FDA and the Environmental

Protection Agency take the concerns of flushing certain medicines in the environment seriously, there has been no indication of environmental effects due to flushing," Bloom says.

"Nonetheless, FDA does not want to add drug residues into water systems unnecessarily," adds Hunter.

FDA reviewed drug labels to identify products with disposal directions recommending flushing down the sink or toilet. This continuously updated listing can be found at FDA's Web page on Disposal of Unused Medicines (www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/EnsuringSafeUseofMedicine/SafeDisposalofMedicines/ucm186187.htm).

Disposal of Inhaler Products

Another environmental concern involves inhalers used by people who have asthma or other breathing problems, such as chronic obstructive pulmonary disease. Traditionally, many inhalers have contained chlorofluorocarbons (CFCs), a propellant that damages the protective ozone layer. CFCs have been phased out of inhalers and are being replaced with more environmentally friendly inhaler propellants.

Read handling instructions on the labeling of inhalers and aerosol products, because they could be dangerous if punctured or thrown into a fire or incinerator. To ensure safe disposal that complies with local regulations and laws, contact your local trash and recycling facility. 

Find this and other Consumer Updates at www.fda.gov/ForConsumers/ConsumerUpdates

 Sign up for free e-mail subscriptions at www.fda.gov/consumer/consumernews.html

FOOD HANDLERS

CLASS

WHEN: JUNE 22

**WHERE: WHC
CONFERENCE ROOM**

TIME: 9:00AM

ANY QUESTIONS CALL

541-573-8050

